

2023 AUGUST- DECEMBER

AMPS MESSENGER



FROM THE PRINCIPAL'S DESK



Dear Parents, Greetings!

We trust that you are well-prepared for the prevailing dip in temperature. Our sincere hope is that our children embrace the winter season and the approaching holidays with immense enthusiasm.

I want to express my gratitude to everyone for their wholehearted cooperation during our Annual Sports Day, which concluded successfully on December 2, 2023. Witnessing the spectacular performance and remarkable teamwork displayed by our children was truly overwhelming

for me. May they continue to excel in their endeavours.

As we embark on the last quarter of the current session, I encourage you to take proactive measures to ensure that each child concludes the academic year with a sense of fulfillment and achievement. Let there be no lingering regrets for unaccomplished goals in AY 2023-24.

Our students will soon face the annual exams, and it is crucial that we support them physically, mentally, and emotionally to navigate the challenges ahead in the next three months. Remember, victory and defeat are mere incidents—they do not define an individual. Let's instill in our children the ability to face both with grace and style. We must convey to our children that celebrating victories enriches us, and the experience gained from defeats contributes to personal growth.

It is paramount that our children not only succeed academically but also become compassionate individuals with strong values and develop the right attitude.

Wishing you all a joyful and fulfilling vacation with your children.

Warm Regards, Roopali Kudesia Principal

EVENTS AT AMPS

MOVIE TIME

AMPS, in collaboration with Hindustan Times organised a movie show "Mario" on 21.08.2023 at PVR Metropolis Mall. Students from Class II to XII stepped out to watch the movie and thoroughly enjoyed their outing.



HEALTH CHECK-UP A health

check-up session was conducted for all the students of both the wings in the month of August, 2023. Full reports - including children's dental health and eye exams - were shared with parents for prompt follow up.



SCHOLASTIC BOOK FAIR

"All the secrets in the world are contained in a book" and to unlock them, AMPS organised a three-day book fair from 05.10.2023 to 07.10.2023 in collaboration with Scholastic India in both the wings. Books of varied genres were displayed for all age groups. Students, parents and teachers showed great love and enthusiasm for books.





JUNIOR WING

WEEKLY ACTIVITY AFTER SUMMER VACATIONS

Students were ushered a grand welcome after the summer vacation. Weekly activities were scheduled from 03.07.2023 to 07.07.2023 keeping the students' interests in mind. Activities like Team Projects, splash pool, germination of seed, paper folding were done throughout the week to help children learn concepts in a fun way.





ENGLISH RECITATION

An English Recitation Competition was held for students of Grade I and Grade II on 14.07.2023. The students exhibited their skills in elocution with proper confidence, using attractive props.



INDEPENDENCE DAY

A special assembly on Independence Day was conducted by the students of Grade I. The programme started with the hoisting of the National Flag by our Principal Ms. Roopali Kudesia and was followed by the National Anthem. The students spoke about the significance of Independence Day. Some students recited a Hindi Poem on Tiranga followed by a patriotic song and then a mesmerizing dance.





TRADITION DAY

Tradition Day was observed on 18.08.2023 in AMPS Junior Wing. The students of MIII to II participated in their state attire and spoke confidently about the Indian state to which they belong





RAKSHA BANDHAN

A Special Assembly was conducted by our Grade M IV. The students spoke about the significance of Rakhi followed by a melodious song and a foot-tapping dance.



RAKHI MAKING COMPETITION

To mark this occasion, a Rakhi making competition was held for Grade I and II students.



PARENTING WORKSHOP

The best inheritance a parent can give their children is their time each day. A workshop on Effective Parenting was conducted by our Principal Ms. Roopali Kudesia at the M.M.



Hall in the Senior wing premises. Ma'am addressed the session and provided insightful ideas to raise a confident, fearless and happy child.



JANMASHTAMI

Special assembly on Janmashtami was conducted on 6th September 2023 in the junior wing premises by the students of MII, MIII and Grade I. It is celebrated with great zeal and zest. The tiny tots came dressed up as Radha Krishna Students presented a beautiful skit



HINDI DIWAS

To mark the importance of Hindi Diwas on 14.09.2023, a Hindi recitation competition was held to encourage students to recite Hindi Poem with appropriate props for Grade M I to Grade II.





ORANGE DAY

Orange Day was observed on 20.09.2023 in the junior wing. The children dressed up in different shades of orange and activities like show and tell and photo shoot in photo booth was conducted.



GANDHI JAYANTI

A special assembly on Gandhi Jayanti was conducted by the students of Grade-I on 30.09.2023. The students of grade I started a program with a famous bhajan of Mahatma Gandhi followed by speeches, poems, and a wonderful dance performance that depicted the life and teachings of Mahatma Gandhi.



SHOW AND TELL ACTIVITY

A Show and Tell activity was conducted for Grades M-II, M -III and M -IV. The students spoke about different domestic animals with confidence and clarity using appropriate props.







APPRECIATION DAY

Appreciation Day was observed in the Junior Wing on the 11th of October. The students 0f M-I to grade II received certification from our Principal Ms. Roopali Kudesia for their active participation in various activities and competitions. Our principal appreciated all the students and encouraged them to participate in all activities.





MASK MAKING COMPETITION

A mask-making competition was conducted for the students of Grade- II on the 13th of October. The students made masks like Spiderman, animals, cartoon characters, etc.





DUSSEHRA

A grand celebration was held in the AMPS Junior Wing. The programme started with the lighting of the Lamp. Our founder chairperson Ms. Lalita Trehan and our dear Principal Ms. Roopali Kudesia addressed the audience. The highlights of the programme were a welcome dance, poem, and skit on Ramayana Various dances were performed by the students exuberantly. The programme ended with a vote of thanks by our Director Nidhi Trehan.





ACHIEVEMENT

A student of Grade I B Pranesh participated in the 3rd Mini Cross Minton Championship 2022-2023 and won the third position.



CARD MAKING COMPETITION

Card Making Competition was conducted on 18 December 2023 for Grade I and II to enhance the creativity of the children. The theme for the competition was CHRISTMAS and Happy New Year.

"SPEAK FOR A MINUTE" COMPETITION

To enhance the vocabulary, freedom to express feelings and boost up confidence-"A Speak for a Minute" Competition was held on 21st December 2023 for the students of Grade I and II. The students spoke with great confidence on various topics like favorite game, favorite subject, Chandrayaan, favourite cartoon character, favorite Animal.



CHRISTMAS ASSEMBLY

A Special Assembly on Christmas was conducted by Grade M-III, Grade I and Grade II. The I programme started with the Christmas Carol presented by the choir group followed by two foot tapping dances by the tiny-tots of Grade M-III and Grade I.

<u>UPCOMING EVENTS IN THE MONTH OF JANUARY</u>

ACTIVITY

FIELD TRIP -24.01.2024

SPECIAL ASSEMBLY ON REPUBLIC DAY -25.01.2024

SENIOR WING

CELEBRATIONS

RAKSHA BANDHAN

29.08.2023

American Montessori Public School celebrated Raksha Bandhan in the school premises. A Special Assembly was conducted by the students of Grade IV wherein the children came well dressed in traditional attire and exhibited a plethora of performances.





JANMASHTAMI

06.9.2023

दिनांक 06.9.2023 (बुधवार) को अमेरिकन मॉन्टेसरी पब्लिक स्कूल के मारिया मॉन्टेसरी हाल में जन्माष्टमी का पर्व बहुत धूमधाम से मनाया गया। कार्यक्रम का शुभारंभ कक्षा छठी के छात्र-छात्राओं द्वारा श्री कृष्ण के भजन द्वारा किया गया। श्री कृष्ण के जीवन परिचय पर प्रकाश डाला गया।



MILAD UN-NABI/ ID-E-MILAD 27.09.2023

A special Assembly on *Milad un-Nabi/ Id-E-Milad* was conducted at school on 27.09.2023 by the students of Grade V, to celebrate the birth anniversary of Prophet Mohammad.



GANDHI JAYANTI

29.09.2023

Gandhi Jayanti is observed on October 2nd. Our students celebrated it on 29th September. On this occasion Students of Grade X conducted a special assembly on 29th September to pay homage to Bapu on his birthday.





DUSSEHRA

20.10.2023

Students of Grade IX performed a beautiful Special Assembly on the occasion of Dussehra consisting of informative speeches, songs, and a graceful dance performance.





DIWALI 10.10.2023

Students of Grade IX presented a special assembly on the occasion of Diwali on 10 November, 2023.





GURU NANAK JAYANTI

24.22.2023

A special Assembly was presented by the students of Grade V on the occasion of Guru Nanak Jayanti on 24.11.2023.

Students performed a short play on his teachings followed by a beautiful song rendition. Principal Ms. Roopali Kudesia emphasized how Guru Nanak Dev Ji's teachings are crucial for shaping us into good individuals and bringing us together.





REACHING OUT THROUGH THEME BASED MORNING ASSEMBLIES

ASSEMBLY ON ANTI BULLYING

On 20th July, 2023, students of Grade XI B and C performed a theme-based assembly on Anti bullying, a pervasive problem affecting the schools around the world today.



ASSEMBLY ON PEER PRESSURE

The students of IX-A presented an informative assembly on 29th July, on the topic 'Peer Pressure'.



ASSEMBLY ON CLIMATE CHANGE

Students of Grade IX B performed a skit on climate change.





EVENTS

ANNUAL SCIENCE EXHIBITION 15.07.2023

The Annual Science Exhibition of AMPS was set up at the M.M. Hall in the Senior School on July 15, 2023. The Principal Ms. Roopali Kudesia inaugurated the event by lighting the ceremonial lamp. A grand exhibit related to the concepts of Physics, Chemistry and Biology was set up with projects, charts, working models and experiment stations prepared by the students. The Robotics station demonstrated the functioning of robots and machines used in different walks of life.







SCHOLAR BADGE AND INVESTITURE CEREMONY 11.08.2023

American Montessori Public School, hosted the Investiture and Scholar Badge Ceremony on 11th August, 2023 to acknowledge and adorn the most worthy students for their skill and merit in their respective fields of interest. The newly elected members of the School Cabinet for the year 2023-24 and the scholars and sports enthusiasts of the academic year 2022-23 were awarded badges on the occasion.



INDEPENDENCE DAY



To showcase their love for the motherland, a Special Assembly was conducted by the students of VI-VIII. The Chief Guest of the day was a highly distinguished SHO Mr. Sanjeev Kumar.



TEACHER'S DAY

05.09.2023

AMPS paid tribute to India's former President, Dr. Sarvepalli Radhakrishnan, as it celebrated Teacher's Day to mark his birthday on 5th September. The senior students conducted a special assembly and expressed their gratitude towards their mentors for guiding them through their school days. The cultural show presented by them won accolades from all. All the teachers enjoyed a movie show together later that afternoon.







APPRECIATION DAY

25.09.2023-06.10.2023

Appreciation Day was held for Grade 3 to 5 on 25th September and for Grade 6, 8 to 12 on 4th October and for Grade 7 on 6th October wherein certificates were given to the winners as well as participants to applaud and encourage their participation in inter and intra school activities





STORY TELLING SESSION

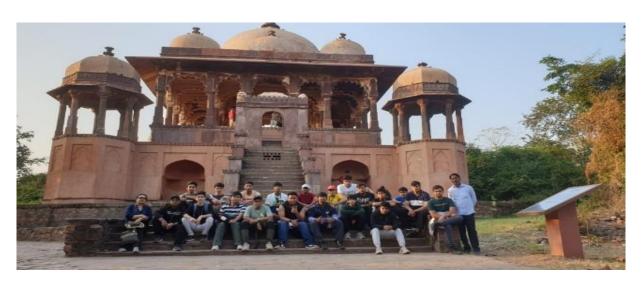
20.10.2023

Ms. Debbie Patton transported the students of Grade III to the land of fantasy with her unique and engaging stories. Children listened intently and loved the fun-filled and magical stories.



TRIP TO RANTHAMBORE 13.10.2023- 15.10.2023

AMPS in collaboration with Rocksport organized a three-day trip to this breathtaking destination promising us an unforgettable experience. Students embarked on an exhilarating jungle safari, led by experienced guides, to witness the majestic Royal Bengal tigers, leopards and a diverse range of wildlife in their natural habitat. They explored the ancient Ranthambore Fort and its intricate architecture.





PAPER WASTE COLLECTION DRIVE AT AMPS 08.07.2023

AMPS in collaboration with Blue Planet launched a paper collection drive in school and appointed Blue Nudge Ambassadors from Grade III to XII.



ENGLISH PLAY 22.11.2023

Students of Grade 11 presented an English play titled Mother's Day on 22 November, 2023.

Brilliantly executed, superbly enacted, the actors brought the message on stage how little our mothers expect from us in return for



her selfless love and sacrifices and how we take her for granted. The brilliantly performed play got continuous applause and appreciation by the spellbound audience.

ANNUAL SPORTS DAY



The much-awaited Annual Sports Day of AMPS was held on the 2nd of December, 2023 at Tau Devi Lal Stadium, Gurgaon. Olympic Swimmer and Gold medalist Shivani Kataria and Former Indian cricketer and Chairperson of Cricket Advisory

Committee, Delhi, Atul Wassan graced the event as the Chief Guest and the Guest of Honour respectively, inspiring the audience with their personal stories and emphasizing the importance of sports in our lives.

Chairperson Lalita Trehan, Founder Trustee S.K.Trehan and Director Nidhi Trehan were present for the programme. It was a distinct pleasure to welcome alumni from AMPS' first-Class XII batch in 2010 onwards to this grand event!

Our Principal Roopali Kudesia opened the Annual Sports Day Meet for the session 2023-2024. The exuberance and excitement of our young students filled the air as the packed gallery audience and their thunderous applause cheered everyone after each feat of athleticism, sports prowess or thrilling dance by our AMPSians. The icing on the cake was the Chief Minister's helicopter which took off near the end of the programme after the prize distribution ceremony, mesmerizing each and every one at the stadium.









CHRISTMAS CARNIVAL AT AMERICAN MONTESSORI PUBLIC SCHOOL 23.10.2023

The most awaited Christmas Carnival was organized at the premises of the Senior School on 23 December, 2023, with great enthusiasm and exuberance. The whole playground metamorphosed into a mini fair with an array of stalls, rides, competitions and live shows offering entertainment to the fullest.





INTER SCHOOL EVENTS SUPERNOVA

AMPS organized an online Inter School Extravaganza which included competitions for dance, music, and art that showcased the incredible talent of the students from various schools of Gurugram and NCR. Participants exhibited their artistic prowess through video submissions, allowing the event to transcend geographical barriers. The competition celebrated creativity across multiple disciplines, from breathtaking dance performances to melodious_music renditions and stunning visual artwork.

AMPS MUN

On 5th August 2023, AMPS opened its doors to delegates from 11 prestigious schools that participated in the MUN organised at the premises. The day-long event, which was conducted by the student enthusiasts,



witnessed interesting discussions and interactions on some current pressing political issues. T

BUSINESS SUMMIT 2023-24

Rashi Mangla & Sameer Kunwar, students of Grade XII emerged as semi-finalists in the BUSINESS SUMMIT 2023-24 Blue Bells Model School, Sector 4, Gurugram. The efforts of our students were appreciated by all.

INTER SCHOOL DEBATE 19.08,2023

"It is better to debate a question without settling it than to settle a question without debating it."

Rashi Mangla (XII), Tanvi Khanna (XII) & I.S Ananya (XI) participated in the Inter School English Debate Competition held at S.N Sidheshwar School, Gurugram on 19th August 2023. 25 schools participated in the event and our students bagged the Second Runners up Team award giving tough competition to many.



PUBLIC SPEAKING EVENT

15.10.2023

SpeakX hosted "*India's biggest public speaking event*" on October 15, 2023, at Apparel House, where Advika Bohra from Grade VIA, after clearing on-the-spot auditions, delivered a speech on 'Kindness Matters' and received the top 10-star speakers' trophy and certificate.



WORKSHOPS AND SEMINARS

CYBER CRIME: BE AWARE, BE ALERT 26.07.2023

A special meeting was held in the MM Hall on 26th July 2023, wherein the SHO Inspector of the DLF Phase 2 region, Mr. Sanjeev Kumar, addressed the students of Grade IX-XII on the concerning issue of Cyber Crime, Drug Abuse and Traffic Rules Violation amongst teenagers.



LINOCUT PRINTMAKING WORKSHOP

22.10.2023-24.10.2023

Our school organised a *Linocut print making workshop* for students of Grade VII to XII. It was conducted by the artist *Surender K Mishra*, who has led many art workshops at various prestigious universities, institutions and IB schools. The children showed a lot of enthusiasm and energy during the workshop.





WORKSHOP ON MENSTRUAL HYGIENE 24.10.2023

The Principal Ms. Roopali Kudeshia conducted a workshop for the girls of Grade V to VIII on Menstrual Awareness and Hygiene in the school premises on 24th October. She basically emphasized on the need to maintain good menstrual hygiene to uphold their health and dignity.

WORKSHOPS FOR THE FACULTY

EDU CONCLAVE 2023 16.09.2023

Director Dr Nidhi Trehan, School Coordinator Ms. Manita Singh and HOD Social Science Ms. Archna Sundriyal attended EDU CONCLAVE 2023 on 16.09.2023. at India International Centre. The highlights were the talks by eminent speakers on varied topics like holistic development, mind growth, transformed classrooms etc. which were engaging as well as inspiring.



WORKSHOP ON MENTAL HEALTH- UMMEED 03.11.2023

A Mental Wellness Program titled *Ummeed*, an initiative undertaken by the Ministry of Education, aiming towards *Prevention of Suicide for school children*, was conducted at AMPS on 3rd November, 2023. The Management and Staff of the school attended the interactive session. Principal Ms. Roopali Kudesia introduced the programme through a PowerPoint presentation. Thereafter, School Counsellor Ms. Neha Bajpai shared the traits and myths associated with suicidal tendencies amongst children. Chairperson Mrs. Lalita Trehan apprised the attendees with valuable information pertaining to how the home, school and community should work in tandem to prevent such cases. Dr. Nidhi Trehan shared the important takeaways. A few teachers of AMPS also added valuable inputs to the highly informative workshop.



SEWA PROJECT - PLANTATION DRIVE

The SEWA project initiated by CBSE gave the students of Grade X B, the opportunity to explore and gather information on different kinds of trees and their benefits. They participated in activities that included planting different types of plants around the school campus and showing gratitude towards the plants that give us life. They pledged to take care of the plants and spread awareness on the same. The students were filled with enthusiasm as they experienced new skills in gardening.



SOLO SINGING COMPETITION

A solo Singing competition was conducted on 26.12.2023 for students of Grade VI to VIII. The students enthralled the audience with Semi Classical, Patriotic and prayer songs. They participated with a lot of zest and enthusiasm.



SOLO DANCE COMPETITION

Solo Dance Competition
A solo dance competition was conducted
for the students of Grade III to V. The
students enthralled the audience with their
spectacular dance performances.
Results



SPORTS COMPETITIONS

INTER HOUSE KHO KHO COMPETITION

A good sport helps in building confidence and leadership skills. Inter House Kho - Kho Competition was held on 03.08.2023 for girls and 04.08.2023 for boys of Grade VI to VIII. Students participated with a lot of zeal and zest.

Ist position Fraternity (Boys). IInd Position Unity House

Ist Position Integrity House (Girls), IInd Position Peace House

BEYOND THE PREMISES OF AMPS

BOXING CHAMPIONSHIP

AMPS is happy to announce that Natasha Gautam, a student of Grade VI –B stood first and was awarded with a trophy and gold medal in Boxing (1st Ram Chander Khatana Memorial Boxing Championship) at Gurugram, Haryana. The event was organized by CJS Boxing Club on 16th July, 2023 at Captain Jagmal Singh Stadium Bhondsi, Gurugram.



SGFI ATHLETICS COMPETITION

22/08/2023 TO 25/08/2023

In the SGFI 2023-24 event, students from AMPS have once again demonstrated their brilliance in athletics over the past few days. The SGFI meet, held at Tau Devi Lal stadium, showcased remarkable achievements of the students. Enclosed herein, is the roster of champions and a glimpse of their magnificent feats.



100 mts. - Vanshika Sehrawat VII A 3rd Position, Nancy Yadav-VII B 3rd Position

200 mts. - Vanshika Sehrawat VII A 3rd Position

110 mts. Hurdles - Ruhaan Bhalla XII-B 1st Position

Shot Put - Yash Lohia XIIC 2nd position

Shot Put - Abhinandan Sehrawat XIIC 3rd Position

Discus Throw - Yash Lohia XIIC 2nd Position



DATES AT A GLANCE

| ACADEMIC/ ASSESSMENT S | PRE-BOARD EXAMINATIONS G12 (08.01.2024-24.01.2024) PRE-BOARD EXAMINATIONS G10 (15.01.2024-29.01.2024) PTM- 09.01.2024 (G9 &G10) |
|-----------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|
| EVENTS/EXTR A CIRCULAR ACTIVITIES | COMMERCE OLYMPIAD (18.01.2024) REPUBLIC DAY SPECIAL ASSEMBLY (25.01.2024) COMPUTER ACTIVITY |
| HOLIDAYS | 01.01.2024- 07.01.2024 WINTER VACATIONS FOR G9 TO G12 01.01.2024- 14.01.2024 WINTER VACATIONS FOR G3 TO G8 26.01.2024- REPUBLIC DAY |



AMERICAN MONTESSORI PUBLIC SCHOOL

AMECARE

AMECARE is an optional extended day boarding programme at AMPS available after regular school hours till 6.30 pm. In AMECARE, we provide different activities such as dance, music, art & craft etc. Meals are prepared on-site in hygienic conditions.







MEAL MENU FOR THE MONTH OF JANUARY 2024 & FIOW OF THE DAY AT AMECARE



TIPS TO PROTECT KIDS FROM AIR POLLUTION

- 1. <u>Stay Indoors</u>: Limit outdoor activities, especially during peak smog times.
- 2. <u>Use Air Masks</u>: Choose comfortable, cotton masks to protect against dust, pollutants, and bacteria.
- 3. <u>Maintain Clean Indoor Spaces</u>: Use heavy curtains, ensure non-toxic paint, and prevent polluted air from entering your home.
- 4. **Stay Hydrated:** Promote detoxification by encouraging good fluid intake for the whole family.
- **5.** Eat Immunity-Boosting Foods: Include fruits and vegetables rich in Vitamin C and Omega fatty acids during high pollution periods.
- **6.** <u>Use Air Purifiers:</u> Ideal for asthma or allergy-prone families, air purifiers remove allergens and enhance indoor air quality.
- 7. <u>Indoor Purifying Plants:</u> Keep plants like Areca palm, Aloe Vera, Azalea, and Basil to naturally purify indoor air.

ANNOUNCEMENTS

26.01.2024 - Holiday on account of Republic Day

FOR ANY QUERIES, CONTACT

- MS.UMA DEVARAJAN 8377000068
- MS. VYJA PRATAP 8800154608
- MS. MOUSUMI DUTTA 0124 2353232, 2352580

ADDRESS: AMERICAN MONTESSORI PUBLIC SCHOOL, MONTESSORI

WING, L BLOCK, CASSIA MARG, DLF PH II, GURUGRAM, HARYANA



THANK YOU!

AMPS extends its heartfelt gratitude to the students and parents for their continuous support and cooperation in the activities of our school. Without your participation and enthusiasm, it would have been difficult to conduct any event, be it literary or otherwise. We look forward to walk in coordination in all our forthcoming events.

Dear AMPS Parents,

This is a gentle reminder that for a limited time, you can enjoy a 50% discount on admissions and registration fees plus the sibling discount for the admission of your second child. Contact the reception desk today for registration details!

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