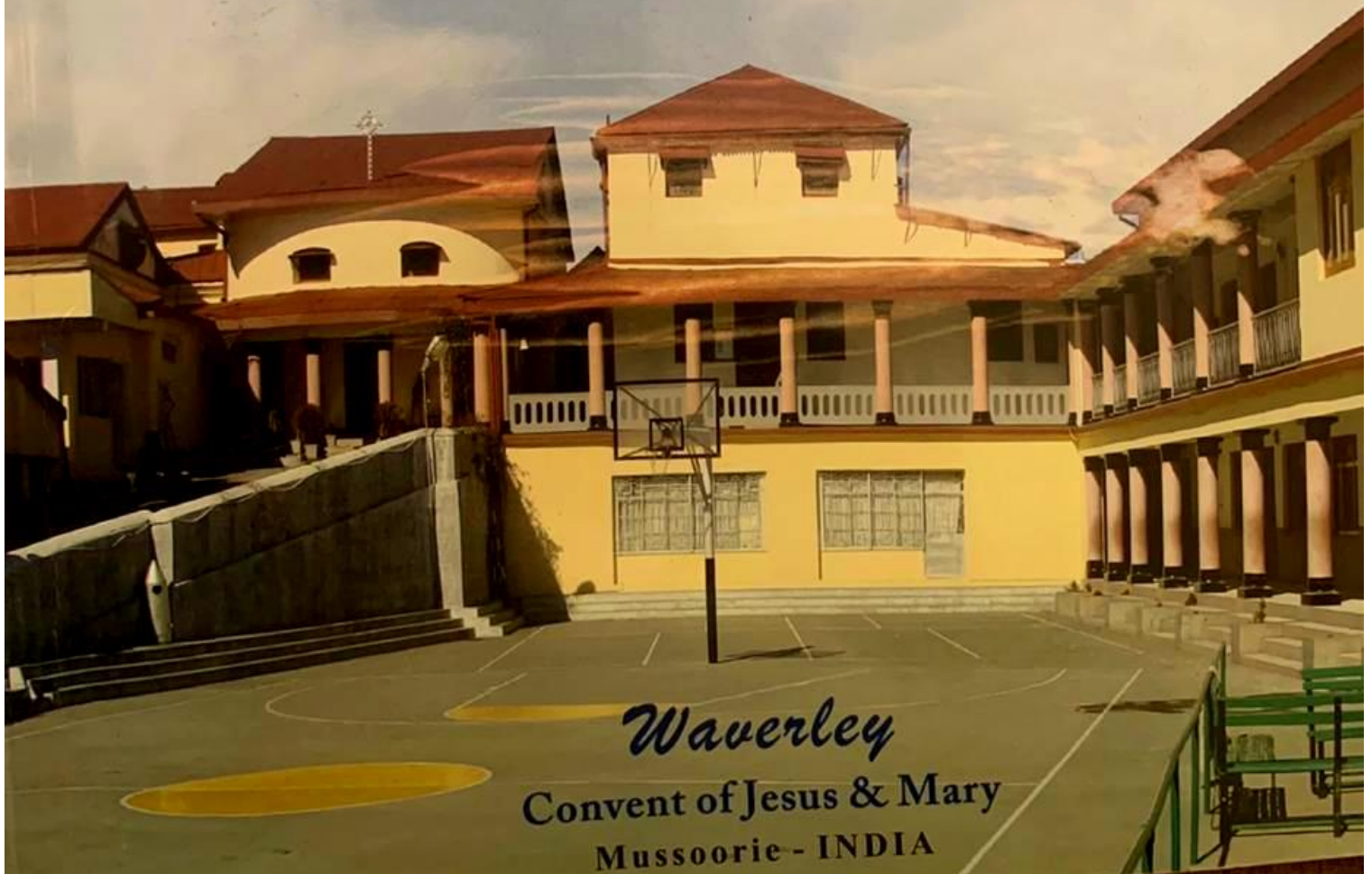


The Waverlite

2011



Waverley
Convent of Jesus & Mary
Mussoorie - INDIA



SAINT CLAUDINE THEVENET

(Mary St. Ignitius)

Foundress of the Congregation of the
Religious of Jesus & Mary

“How Good God is !”

BLESSED DINA BELANGER

(Marie Ste-Cecile De Rome)

Religious of Jesus & Mary

*“Love and Let Jesus
and Mary have their way”*



**The word
from heaven was:
"This is my beloved Son,
in whom I am well pleased"**



The Waverlite | 2011

THE EDITOR'S desk



The Editorial Board

As I settle down to write this editorial, snapshots of the entire year's events flash across my mind. It has indeed been an extremely eventful year with numerous curricular and co-curricular activities being held along with the Formative and Summative Assessments. We are extremely grateful to God Almighty for showering his abundant blessings on our school throughout the academic year.

I take this opportunity to express my sincere heartfelt gratitude to our very dynamic Principal- Sr. Anita Mathew for her constant support and appreciation. Sister has indeed been a beacon of light, always encouraging my views and ideas - **thank you so much Sister.**

I would like to specially thank Sir Ajay Raghuwanshi for all his help, patience and co-operation. I also thank Mrs. Nikhat Khan and Mrs. Sarita Panjani for their help. Last but not the least, I thank the girls of the Editorial Board for all the work they have done in helping to complete the magazine.

The release of the school magazine is a much awaited event, looked forward by one and all, I hope it brings some smiles to all.....

With love and regards,
Shomi Sarkar

From the **Principal's Desk...**



*“Do not get weary
in pursuing
excellence, for at
the right time you
will reap your
reward if you do
not give up.”*

**- The man
from Tarsus**



Dear Parents and well wishers of Waverley,

Coming together is a beginning, treading together is progress and working together is success. The Congregation follows the pedagogy of our dear Foundress St Claudine Thevenet it is a system of prevention that foresees and forestalls faults, giving guidance at the opportune time, enabling the young to live in the present and prepare for the future.

Innovation and progress have been the keywords in our institution and a new era dawned in Waverley with the beginning of Class XI, keeping in mind the welfare of the students. It was a real challenge to introduce the two streams i.e. Humanities and Commerce.

A plethora of activities, innovative projects and strategies adopted during this academic session, have been inspiring sources for an all round development of our students.

The present scenario which is devoid of moral values, communal harmony and non-violence requires an active and vigorous enforcement of right values to make a distinct change in families, society and the world at large.

Thus, CJM Waverley, has a vision to fulfill the dream of our St Claudine who wanted all the women to be trained in such a way that they would exude goodness, faith in God and touch the lives of all the people around them playing the role of a daughter, sister, wife and mother in building happy homes.

I take this privilege to thank you all - dear parents, teachers, non-teaching staff and the helpers for all your hard work and cooperation each day for the smooth functioning and growth of the school.

May God bless you and keep you in his loving care.

Sr. Anita Mathew

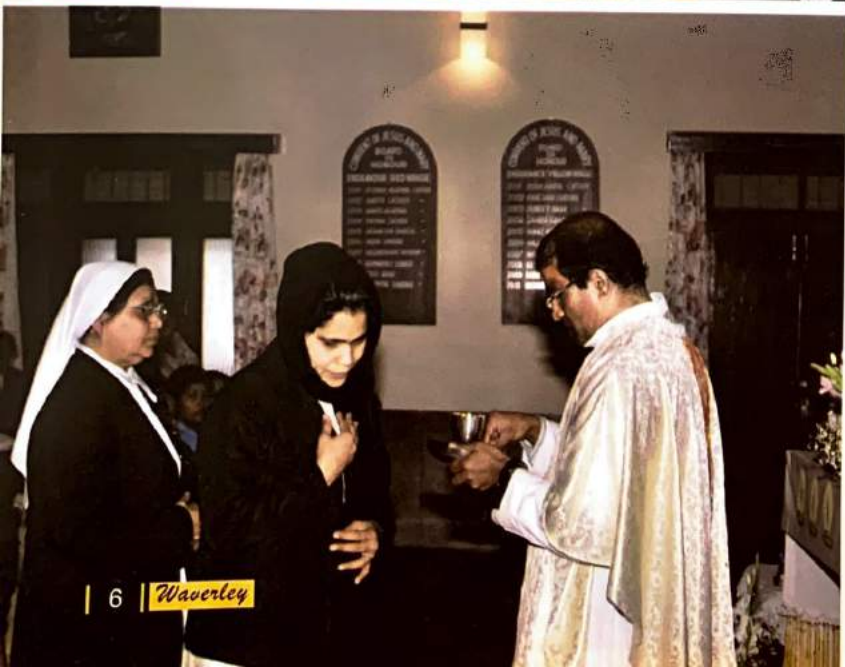




The Mass of the

Holy Spirit

- conducted by Father Mark Lobo



School

at a

Glimpse





Visit of OUR REVEREND MOTHER GENERAL ANGELES ALINO & SR. MONICA

On the evening of 11th October, 2011 we at Waverley were honoured by the visit of our Mother General Angeles Alino and Sr Monica Joseph from Rome – they were on an official visit to all our provinces in India. They received a guard of honour and a warm traditional Indian welcome in the evening as they arrived, with the garlanding and tika ceremony. The little girls of Class 1 looked pretty dressed up as flowers to welcome our esteemed guests.

On 12th October at 10 am, we had a special programme for our visitors – a prayer service and a prayer dance followed the lighting of the diya.





There was a contemporary dance depicting religious harmony performed by the students of Classes 9 & 10. Mother General and Sr. Monica addressed the entire staff and students after which the Waverley staff was introduced to both of them over tea. The staff proceeded to the hall for an interactive session with Sr Monica. She discussed the basic values and principles followed by our congregation and on the path set by our Mother Foundress Saint Claudine and stressed on the 5 P's – which she believes were the foundation of our CJM congregation.





They are –

- 1) Providential
- 2) Personal
- 3) Preventive
- 4) Preferential
- 5) Practical

She encouraged the teachers to incorporate these values during their interaction with the students to become better educators. She also showed a power point presentation of our different branches all across the world which was very interesting. Mother General & Sr Monica met the members of the community and all the workers of the Waverley family and interacted with them.







Our Reverend Mother General and Sister Monica with the Sisters and the Teachers



Sister Anita Mathew - Superior and Principal

Annual Report 2011

The year began with the students of class IX and X joining school after the winter vacation on 26th Feb 2011. The II summative examination began for the incoming Class X from 28th February, while the outgoing Class X prepared for the board examination beginning from the 3rd of March 2011.

A workshop on 'Art of Living' was held for the staff for two days with our Principal Sr. Anita welcoming the members new and old. Many activities as well as simple Yogasans helped get the teachers in a happy frame of mind ready to take on their duties enthusiastically.

The children returned to school on the 6th of March and the building echoed with their joyful voices calling out to their friends. The first parent teacher meeting was held to introduce the parents to the new C.C.E system of evaluation and grading.

The Installation Ceremony was held on 15th March to elect and hand over the responsibilities to the new house captains, Father Mark Lobo our Chief Guest pinned the badges on the elected captains and encouraged them to realize the value of education and leadership.

The Eucharistic celebration was held in the school auditorium to invoke God's blessings for the new academic session. It was a welcome beginning for the new session with the newly installed captains taking up their duties.

The outgoing Class X was sent off with a grand farewell party with fun, games and laughter sprinkled with a few tears. We all wish them well in their further studies.

The students were awarded prizes for their Computer, Science, English and G.K Olympiads held on an all India level.

The students performed very well winning many prizes and doing the school proud.

The Class picnics were held with the students going to Fun Valley & Lake Mist with the different teachers. They had a rollicking time in the water slides and wave pools as well as the many rides which they thoroughly enjoyed.

The students of Class X had a wonderful adventure waiting for them. They had an experience of a lifetime at Rishikesh where they grappled with the rapids on the River Ganges during their rafting trip. The students enjoyed themselves during their stay in Rishikesh.

Our school participated in a G.K quiz competition organized by Derek O'Brien in St. Georges College. 10 schools participated and Dakshaditya Sonker came 3rd. Her performance was appreciated by all.

A few students represented Waverley when they took part in the U.N Mock conference held at Woodstock School. It was a learning experience for the girls where they were made aware of the proceedings of the U.N.

In April the students of Classes VIII and IX went to Barot Valley on a trek. They experienced the thrills of rock climbing, river crossing and repelling. They had the pleasure of good food as well as fun and laughter around a bonfire.

A few students visited Sneh Sadan with some goodies shared by the students and the inmates, bringing smiles to their faces and learning the important lesson of generosity and kindness. They have learnt to care for the needy and less fortunate which is an important lesson of life.

All the classes took part in the Hindi Elocution on 16th April

with the students taking part enthusiastically and striving for the trophies and putting up a good show.

A Parent Teacher meet was held on 21st April for Classes IX and X to make the parents aware of the performance of their wards in the Second Summative Examination.

Helpers' Day was celebrated on 1st May to show the love, and respect the children have for the helpers. The programme was held in the school auditorium and the function was appreciated by them. They were given a token of appreciation by our Principal Sr. Anita.

The School Fete was held on 6th May with great fanfare. Mr. Jot Singh Gunsola, M.L.A was the Chief Guest for the day. The parents, guests and children all had a great time enjoying the games, food as well as the Raffle Draw. The rain played spoilsport but the day turned out to be a grand success.

The Board results were declared in the last week of May with the students securing excellent grades. On the basis of the grading system and C.G.P.A points. Our toppers for the year 2011 were:

Anmolika Anand	-	10 points 95%
Priyanka Jaiswal	-	10 points 95%
Vesna Joshi	-	10 points 95%
Khushpreet Kaur	-	10 points 95%
Rupneen Kaur	-	10 points 95%
Aamna Khan	-	10 points 95%
Nikita Singh	-	10 points 95%

10 others i.e. Shagun Bishnoi, Poorva Goyal, Shubha Grover, Kanchan Rauthan, Jaspreet Kaur Salwan, Madhur Sethi, Annanya Sharma, Nandini Agarwal, Apeksha Deshmukh and Paavni Sangal scored an aggregate above 91%.

A Planetarium Show was organized in the School Auditorium on 13th May and the children were made aware of the wonders of Space.

Bhawana and Sonakshi Ahuja represented the school in the 43rd W.C Kashyap Memorial All India Inter School Debate at Pestle Weed College, Dehradun on 17th May. It was a good effort and a learning experience for them, exposing them to the experienced speakers of various schools.

The Inter-Class Quiz was held for Classes V-X on 20th May. The winners were:- Tamanna Raman and Aditi Prabhu of Class X. Somya Saxena and Stanzin of Class VIII. Sanya Narbar and Divya Saxena of Class VI.

On 20th May the Inter-House Debate and Extempore Competition was held for the Senior and Junior sections. The participants spoke on different topics and impressed the judges with their fluent and effective speech.

Sr. Lucy Pinto celebrated her Silver Jubilee on 22nd May with friends and family and renewed her vows of dedicated service in the C.J.M Community. Congratulations!

The Inter-House Basketball matches were held in the school in the last week of May and the girls participated with full enthusiasm with Blue House as the winners in the Senior division and Green House as the winners in the Junior division.

Fulfilling a longstanding desire of the people, Waverley began Class XI with the Humanities and Commerce sections with 22 history makers taking admission.

Classes began after a Special Mass in the School Chapel on 1st June and Blessings conducted by Bishop Gerald Mathias of Lucknow Diocese.

A Fancy Dress Competition was held for Classes I-IV on 4th June and everyone enjoyed meeting the interesting characters portrayed by them. There were fairies, maids, Mother Teresa and Anna Hazare as well as the Mussoorie Clock Tower!!

The Scholastic Book Fair was held from 19th-21st June in the school auditorium. There was an enthusiastic response by the children on seeing the variety of books available. This was an effort to encourage the reading habits of the students.

Ally's Day was celebrated on 25th June and the games and the delicious feast was enjoyed by all. Diksha Aggarwal was selected Miss Waverley.

Tree Plantation was carried out by the students on 25th July and they took part very eagerly and willingly in the drive.

Inter-C.J.M Basketball matches were held on 22nd July in our school and the girls performed extremely well. C.J.M, Dehradun were the winners while Waverley was the Runners up.

The Feast of Sister Anita as well as Sister Anne was celebrated with great joy by all the students and staff on 26th July with a prayer service and a small party.

The Feast of St.Claudine Thevenet was celebrated as Sisters' Feast on 30th July, and a prayer service followed by a Dance Competition for the junior school was held to celebrate the day.

The Alumni Meet on 30th July was a grand success with a basketball match and jam session enjoyed by all.

31st July - St.Claudine's Feast was very special for Waverley as we had the laying of the Foundation Stone of the New Block. We were happy to have the presence of the senior girls and the teachers as well as helpers and our Chief Guest, Mrs. Reet Anand and other Alumni members. Father Elias blessed the foundation stone and sweets were distributed to all the labourers present at the site. Keeping the next academic session in mind you can witness the construction work of the new block going on in full swing.

The girls also participated in the Inter-C.J.M Dramatics Competition held at Hampton Court School on 2nd August and their performance was appreciated by all.

Inter-Class Singing Competition was held for Classes I-VIII on

6th August and we also participated in the Inter-C.J.M Singing Competition held at C.J.M, Dehradun on 7th August in which Sohini Chakraborty came 2nd in the Solo Singing.

Independence Day was celebrated with full fervor with Father Elias hoisting the flag.

The Inter-House Dramatics held on 2nd and 3rd September was a grand success with Red and Yellow House declared as the winners.

On 5th September the students wished the teachers and performed on stage for Teachers' Day and there was a Basketball Match between Class-X and the teachers, where the teachers were the winners.

There was great enthusiasm for the Inter-House Dance Competition held on 7th September in which the students took part in folk dances as well as contemporary style-depicting the 'Philosophy of Life!' where Reds were the winners in both divisions.

The students participated in English, Science, Maths, and Computer Olympiads as well as the All India Skating Competition in Dehradun.

Some Students went for the Youth Fest in 'Chaman Vatika' from 28th-30th September in Ambala and performed well and were the 1st Runners Up. We thank our Principal Sr. Anita for giving the girls such good opportunities to shine. Their performance as well as the behavior of the students was appreciated by all present there.

The Annual Sports Day on 5th October was a grand success with the various drills, Yoga, Karate, and Athletics being appreciated by all. Our Chief Guest for the day DIG Prem Kumar Dhasmana of I.T.B.P Academy was highly appreciative of the show that was put up by the students. Prizes were given away by our special Guest of Honour Mrs. Katyayni Singh an Ex-Student of Waverley who has also joined the I.T.B.P as a doctor. There was an Art, Craft and Science Exhibition which was liked by one and all.

On 12th October Mother General Reverend Mother Angeles Alino and her counselor Sr. Monica Joseph visited Waverley and met the children with great love and affection and they also met the staff members and helpers and appreciated the functioning of the school. They gave the staff a glimpse of the work being done in 128 countries around the world by the C.J.M Community. They were warmly welcomed in the



traditional Indian fashion by the students and staff. The students displayed their talents and pleased Mother General and her counselor with their skills.

The Inter-School Athletics Meet was held in Wynberg-Allen School from 19th-21st October and Waverley performed very well winning 49 medals. Maneenut Sachdev won the individual Championship for the junior division.

We also participated in the Inter-District Athletic meet held at Sports College, Dehradun and won 12 medals. Two girls Gloria Baruah and Drishti Sah were selected for the State Championship.

Diwali was celebrated with a Grand Rangoli competition as well as a prayer service on 25th October. There was a great deal of fun, laughter, lights and colors spreading joy all around.

Class X conducted the special assembly on 11th November which was their farewell to Waverley - their Alma Mater. They thanked our Principal Sr. Anita, the nuns, the teachers, helpers and the support staff for all that has been done for them during their stay in this school. They showed their gratitude by means of their feelings expressed in words.

On 14th November the members of the Fire Department gave the students a short lecture on Safety and Fire Prevention. They tried to make the students aware of the hazards of the fire and conducted an art competition on the topic.

The year concluded with the staff wishing the children on Children's Day. There was a special mass in the chapel for the children followed by dancing in the hard court and cricket matches among the children as well as the teachers making it a most enjoyable day for all.

It has been a year full of excitement and joy, bringing us to the end of a successful academic session.

Wishing you all a safe journey and a very happy vacation. Merry Christmas and a Happy New Year to all.

Thank You!!!



Letter of Appreciation

from Mr. Vineet Joshi, Chairman - CBSE Board

विनीत जोशी (आई.ए.एस.)
अध्यक्ष
Vineet Joshi (I.A.S.)
Chairman



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011-22023737
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वेबसाइट website : www.cbse.nic.in

केन्द्रीय माध्यमिक शिक्षा बोर्ड
(मानव संसाधन विकास मंत्रालय भारत सरकार के अधीन एक स्वायत्त संगठन)
"शिक्षा केंद्र", 2, समुदाय केंद्र, प्रीत विहार, दिग्न्ती - 110092
CENTRAL BOARD OF SECONDARY EDUCATION
(An autonomous organisation under Ministry of Human Resource Development, Govt. of India)
"SHIKSHA KENDRA", 2, COMMUNITY CENTRE, PREET VIHAR, DELHI-110092

CBSE/CM/CU/ 2012/08595

Dated: 31st January, 2012

Dear Principal,

Please find enclosed letters for students of Class XI who have passed Class X under Continuous and Comprehensive Evaluation (CCE) scheme in 2011 either from your school or have taken admission in your school.

Since, these students have passed Class X under the new Continuous and Comprehensive Evaluation (CCE) scheme in 2011 as first batch, they need appreciation and motivation.

I have no doubt that these students shall achieve great success and shall flourish the country in the future.

You are requested to distribute these letters to students.

I wish you and the students, success ahead and a joyful prosperous 2012.

With regards,

Yours sincerely,

(Vineet Joshi)

Encl. : 15 letters

THE PRINCIPAL,
CONVENT OF JESUS & MARY
WAVERLEY
MUSSOORIE
DEHRADUN
UTTARAKHAND
248179



Laying of the FOUNDATION

STONE

31st July, 2011

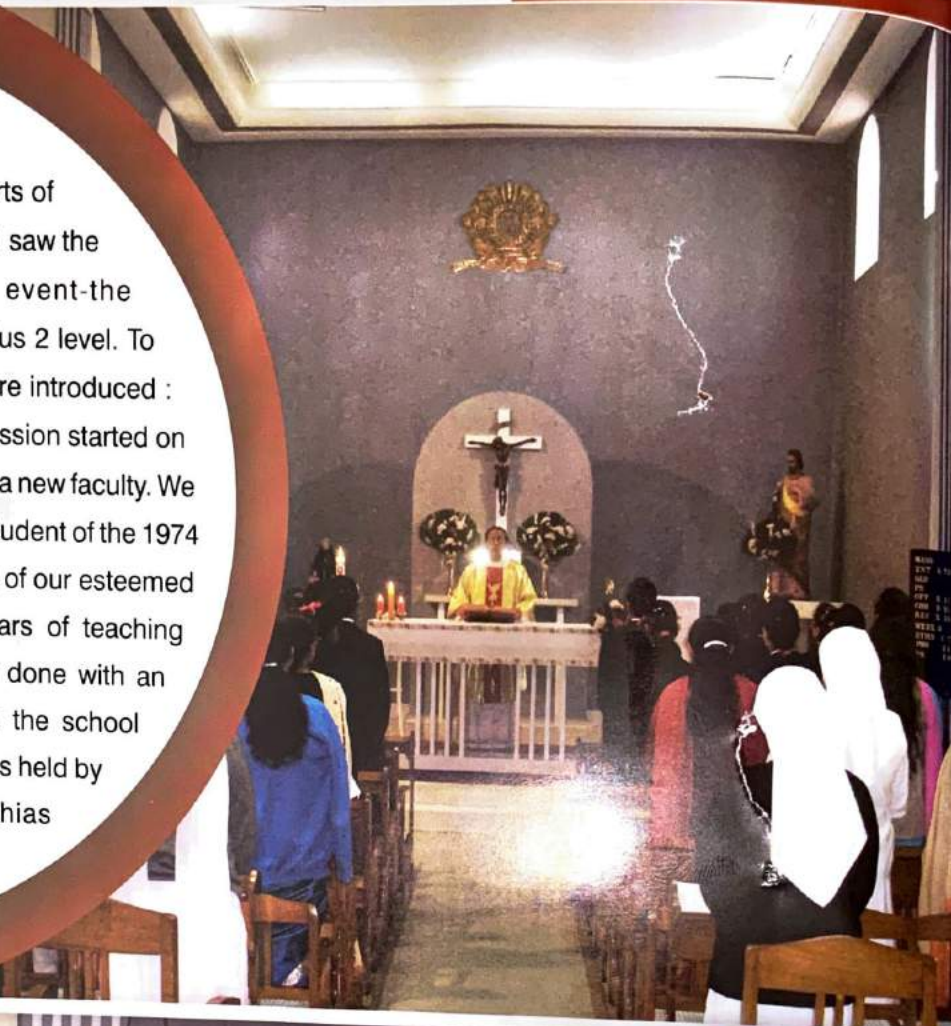


A stepping stone to success

beginning of a new era in

Waverley

With the blessings of the Lord Almighty and the ceaseless and untiring efforts of our Principal, Sr Anita Mathew, 2011 saw the advent of a much awaited event-the upgradation of the school to the Plus 2 level. To make a beginning, two streams were introduced : Humanities and Commerce. The session started on the 1st of June with 22 students and a new faculty. We were very privileged to have an ex student of the 1974 ISC batch, Mrs. Manju Bisht as one of our esteemed faculty members. She has 30 years of teaching experience. The inauguration was done with an elaborate ceremony conducted in the school chapel - a special prayer service was held by Reverend Bishop Gerald Mathias (Bishop of Lucknow Diocese).





The foundation stone for the new building in order to house the increasing strength and space needed for the new department was laid on the 31st of July. The first batch of Class XII is expected to pass out in March 2013. Meanwhile, there has been an overwhelming response from the parents and guardians of our old students as well as new ones. We hope that the institution will continue to flourish and reach new heights of achievements in its quest for providing quality education to the society and fruitful, responsible citizens to the nation.

ALUMNI MEET 2011



On July 30th, the Alumni Meet was held in our school. It was a grand euphoric occasion for all the Ex Waverlites present for the function.

They made the occasion a very special and memorable one. Our Principal, Sr. Anita, all the teachers and the

students extended a very warm welcome to all the Ex-Waverlites and made their day very special. They were all full of high-spirits and recalling their fond memories of their Alma Mater and in a way relive them once again.

After the function the Ex-Waverlites were invited to have





lunch with the school staff, the dishes served were delicious and everyone loved the food.

This was followed by a Basketball match between the Ex-Waverlites and the students of Waverley. It was a fun-packed match which everyone enjoyed.

A band was invited from Tavern to play music for our ex students. They played old as well as new numbers and everyone loved it. After that they all had tea, they went around the school and refreshed their fond old memories and returned with sweet memories of their Alma Mater.





Helpers' Day

The helpers are the ones who help us through out life. So, like every year our school organized a special show for our helpers. On the of 28th April 2011, we invited all the helpers to our school auditorium and all the girls performed enthusiastically, from Classes I-VIII to entertain the helpers. Sr. Anita honoured them by gifting them tokens of appreciation in the form of some small gifts and an inspiring speech. It was a very festive occasion which was enjoyed by all. We would like to thank our helpers for helping us wholeheartedly throughout our school days.





Academics





The Installation Ceremony

*“The greatest happiness
is the foundation of morals and legislature”*

– Jeremy Betham

This great thought symbolizes a great event –

The Installation Ceremony that took place on 15th March, 2011. This elementary but important liturgy is held every year as an official upholding of responsibilities along with taking of the oath to sacrifice themselves for the amelioration of the school.

Our Chief Guest for this day was Reverend Father Marc Lobo, who gave pearls of wisdom and encouragement to our office bearers.

The installation ceremony is the most integral function of the year, therefore it includes the acceptance of responsibilities by the Captains and the Vice-Captains. This year we also had the members of the Editorial Board receiving their badges and their responsibilities from Rev. Father Lobo. The Student council members for the year 2011 are:

ENDURANCE

Captain – BHAWANA
Vice Captain- SIMRAN ARORA

ENCOUNTER

Captain- TAMANNA RAMAN
Vice Captain- NITU GARG

ENTERPRISE

Captain- TANYA AGARWAL
Vice Captain- AYESHA BAJAJ

ENDEAVOUR

Captain- ISHITA AGRAWAL
Vice Captain- PALAK KAKKAR

The Editorial board consists of seven members, along with the teachers Ms. Shomi, Mrs. Khan, Mr. Ajay, Mrs. Sarita.





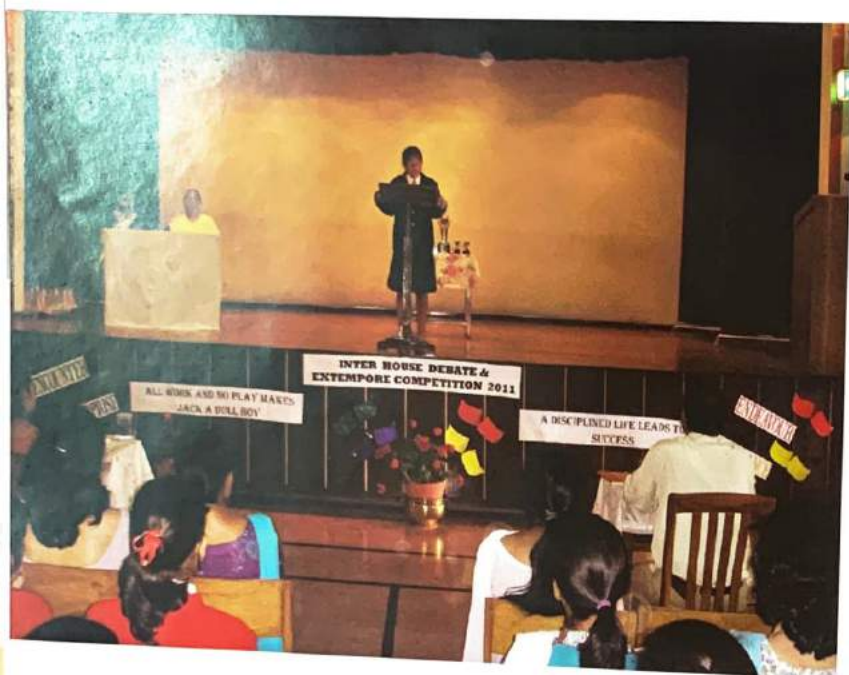
- CHAYA AGARWAL
- MEDHA JAIN
- DHRUVEE TYAGI
- SHUBHANGI BANSAL
- ADITI PRABHU
- SONAKSHI AHUJA
- JANNAT ATWAL

We are sure this pleasant, peaceful atmosphere made our office bearers confident and aware of the responsibilities they now had. The students presented flowers, candles, house flags, sports equipment, books and the Holy Bible to invoke the blessings of God in various fields. We also had a very special guest with us, Mrs. Ashish Sareen, an ex-Waverlite, who came to visit the school with her husband from Canada. Rev. Father Lobo and Mrs Sareen gave inspiring speeches. The day ended in great excitement for the office bearers who pledged to carry out their responsibilities with zeal, sincerity and enthusiasm.

Right after the installation ceremony we witnessed the Holy Mass conducted by Reverend Father Mark Lobo. This prayer service enabled the Captains and Vice Captains to gain confidence and beautiful parables were read out aloud from The Holy Bible.



ANNUAL INTER HOUSE DEBATE



The participants of Classes- IX and X attempted extempore debate where two speakers represented each house. The debate was followed by a round of rebuttal.

The speakers in the Senior Section were:

- | | |
|------------|-----------------------------|
| Encounter | - Dhruvee Tyagi (Class X) |
| | Tuhina Sinha (Class X) |
| Enterprise | - Priyam Goyal (Class IX) |
| | Afshan Anam Saeed (Class X) |
| Endurance | - Bhawana (Class X) |
| | Chaya Agarwal (Class X) |
| Endeavour | - Sonakshi Ahuja (Class X) |
| | - Jannat Atwal (Class X) |

The Interhouse English Debate Competition was held in our school on 20th May, 2011. The judges for the event were Mr. Badoni and Mrs. Rashmi Pandey. The topics for the Juniors, comprising of speakers of Classes VII and VIII were 'ALL WORK AND NO PLAY MAKES JACK A DULL BOY' and 'A DISCIPLINED LIFE LEADS TO SUCCESS'. Each house was represented by two speakers who spoke for and against the motion.

The participants were all from Class VIII:

- | | |
|------------|--|
| Enterprise | - Kanika Bahuguna and Divya Thalwal |
| Encounter | - Veini Jain and Bhavita Jindal |
| Endeavour | - Stanzin Chosket and Tanveen Sidhu |
| Endurance | - Somya Saxena and Sohini Chakraborty. |

They had prepared a debate of four minutes and spoke enthusiastically and eloquently. The winners were:

- | | |
|-----|----------------------------------|
| 1st | - Sohini Chakraborty (Endurance) |
| 2nd | - Divya Thalwal (Enterprise) |

Endurance bagged the Junior Trophy.



The winners were –

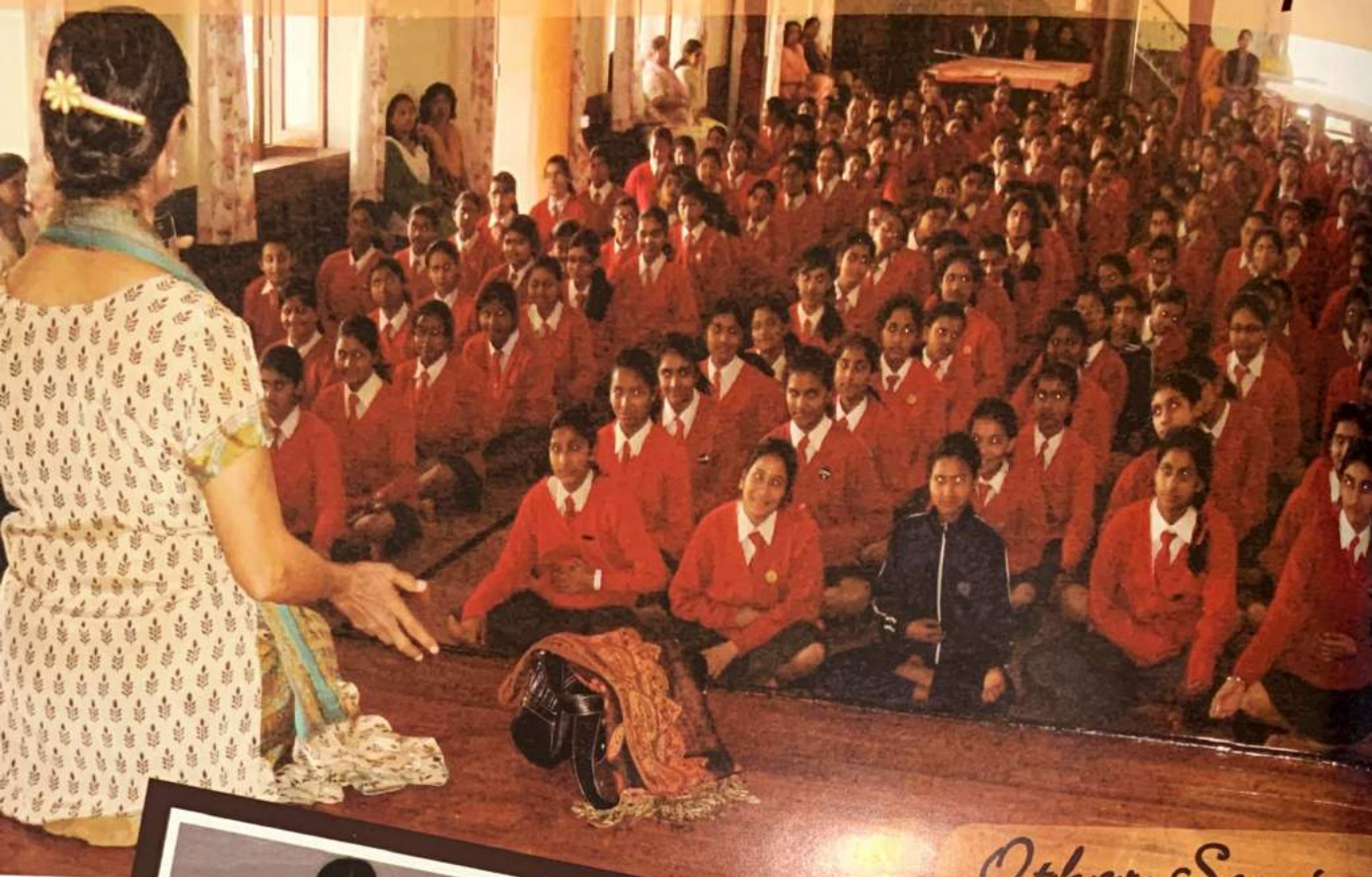
Chaya Agarwal who won the first place and Bhawana took the second place. The Senior Trophy was also won by Endurance. It was a great show put up by the participants who spoke enthusiastically and used their presence of mind. The judges praised all the speakers and were impressed with their eloquence.



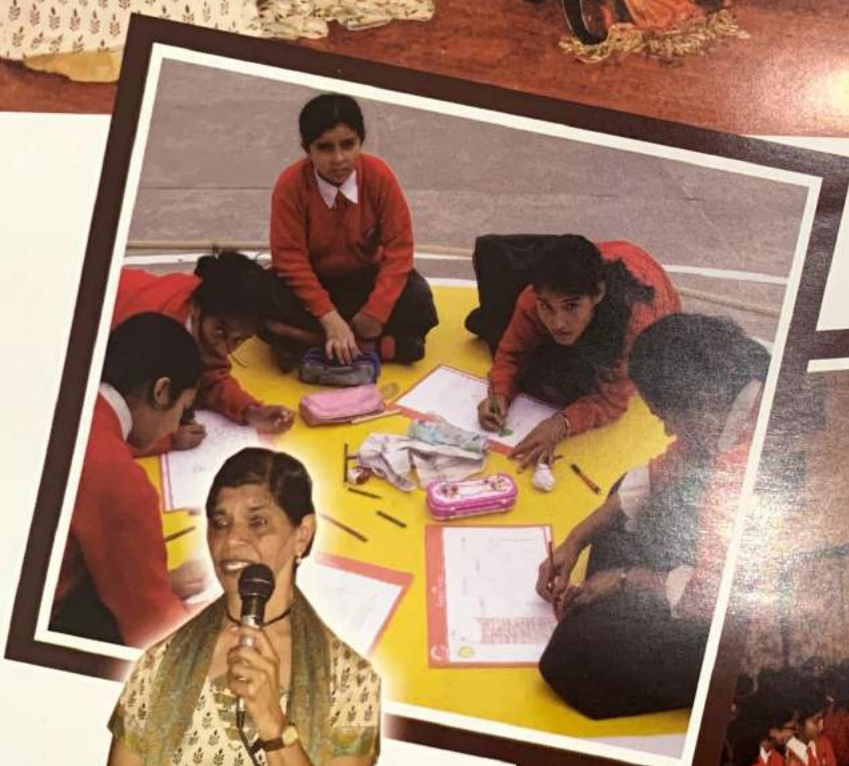
ANNUAL INTER SCHOOL DEBATE

17th May gave way to an important Inter School Competition - Debate. Two girls from Class X - Bhawana and Sonakshi went to Pestle Weed College for the Debate Competition. 15 Schools from all over India took part and we feel proud to say that Waverley was one of them. The competition was on a healthy level and the Waverlites performed extremely well. The topic was "India is a progressive state or entangled in the web of scams and scandals". It was a wonderful experience and the Waverlites were further able to enhance their knowledge on the topic.

Dr. Vijaya's Workshop



Other Seminars



On 31st March, 2011, our school was invited to participate in a quiz contest organised by DEREK O'BRIEN ASSOCIATES at St. Georges College. Ten very privileged girls of Waverley, were given an opportunity to participate for the same titled "KAHO WHAT'S YOUR IDEA" contest. The students who were given this esteemed opportunity were :-

CLASS X -

- o Shubhangi Bansal
- o Simran Bains
- o Sonakshi Ahuja
- o Rhea Thakur
- o Jannat Atwal



Dakshaditya Sonker receiving the Certificate from Bro. Christopher, Principal, SGC

CLASS IX -

- o Dakshaditya Sonker
- o Priyam Goel
- o Palak Kakkar
- o Afsha Anam Saeed
- o Anuvrinda Prakash



Inter School

Quiz

Competition

held at SGC

Organised by Derek O'brien Associates

There were 12 schools and around 100 students out of which 6 students were selected for the final round. We were very proud when one of our school girls, Dakshaditya Sonker's name was announced as one of the finalists. What was amazing was that she was the youngest competitor student from Class IX, the rest were all from Class XII students. She performed very well and her score was highly commendable. Our school stood third, while Oak Grove School took the first place and St. Georges College secured the second place, It was a wonderful experience for all of us and we thank Sr. Anita for giving us this opportunity...



Woodstock School

- Model United Nations

From the 1st to 3rd of April, four girls from class X - DHRUVEE BHAWANA, TAMANNA and CHAYA took part in the Woodstock School-Model United Nations. Students from different schools like Hopetown girls school Welham boys, D.P.S. R K Puram, Lancers, Woodstock school and C.J.M. Waverly took part. We had been given different countries and agendas to represent and had to discuss various issues like HRC, UNEP, and ECOSOC, SC well before hand. Dhruvee and Bhawana were delegates of Afghanistan and had to speak on HRC and ECOSOC, while Tamanna and Chaya were delegates of Chile and had to speak on HRC and UNEP. On 1st April we reached there at 3:30pm with Miss Shomi. After completing the registration and other formalities, we attended the opening session and then were sent to the respective agenda, where we discussed about the major issues of the countries we were allocated. On the 2nd and 3rd, we raised questions debated on various issues and interacted with the final score of the world cup. We increased our knowledge by giving speeches on specific issues, group discussions, posing questions to other delegates and enjoyed the wonderful and privileged experience. In the end, we were also given participation certificates and would also like to thank our principal, Sr. Anita for giving us this unique opportunity. We would also like to thank Miss Shomi for guiding us and being the best support we could ever get. Thank you miss for making this a successful event.



LITERACY Programme in Waverley

The Waverlites of Classes IX and X have been participating in the literacy programme for the past few years. The students have been teaching selective junior classes of St. Lawrence High School, which is a Hindi medium school for the under privileged, situated in the Waverley campus.

The Principal of St. Lawrence School, Sr. Fatima has always been very cooperative and obliging, making it easy for us to conduct this programme.

The students have always been very enthusiastic and like every year they took keen interest to become 'teachers' of the little ones! The girls were given detailed instructions on how they were supposed to handle the kids and teach them.

The girls are instructed to help the children in completing their English assignments and help them converse in English.

Classes IX and X were taken separately for almost 1 hour, once a week. They were divided in groups, initially depending on the number of students allotted to them.

It was quite an exciting and novel experience for Class IX, as it was their first year of teaching, but Class X girls were veterans and knew how to go about it and some really excelled in 'teaching'. It was interesting to note how they interacted with the children.

They were also touched by the innocence and simplicity of the children who belong to the less privileged class. It was an eye-opener for them and they empathized with them.

The Literacy Programme this year was a great success.





Art of Living

A workshop organized by the Art Of Living Foundation was organized in our school for three days, from 4th March, 2011 onwards. The workshop was conducted by experienced teachers Shweta, Shilpa, Malavika, Atul and Neeraj. It was an extremely interesting basic course, first of the kind for most of us. The teachers actively took part in many different 'self awareness' activities which were effective in dealing with stress and knowing ourselves better.

The teachers were also taught various yoga asanas and breathing exercises. The importance of positive thinking which will enrich our lives was laid stress on. There was also a power point presentation on Sri Sri Ravi Shankar and the Art of Living Foundation. We ended with a salad making competition in which teachers were divided into groups and were given a fixed time to prepare their unique salads- it was great fun and the teachers had a wonderful time.

Workshop for Teachers



The Board result were declared in the last week of May with the students securing excellent grades. On the basis of the grading system a C.G.P.A. points. Our toppers for the year 2011 were :

TOPPERS 10



Anmolika Anand
10 points 95%



Priyanka Jaiswal
10 points 95%



Vesna Joshi
10 points 95%



Khushpreet Kaur
10 points 95%



Rupneen Kaur
10 points 95%



Aamna Khan
10 points 95%



Nikita Singh
10 points 95%

TOPPERS 9.5

10 Other girls' i.e., Shagun Bishnoi, Poorva Goyal, Shubha Grover, Kanchan Rauthan, Jaspreet Kaur Salwan, Madhur Sethi, Annanya Sharma, Nandini Agarwal, Apeksha Deshmukh and Paavni Sangal scored an aggregate above 91%.



Shagun



Poorva



Shubha



Kanchan



Jaspreet



Madhur



Annanya



Nandini



Apeksha



Paavni

HINDI Elocution

We had the Inter-Class Hindi Elocution on 16th April, 2011. The judges for the Competition were Mrs. Kharbanda from MIS and Mr. Sudhir Gairola, from MPG College, Mussoorie. The competition took place under three categories-
The first category was from Class I to IV in which Class- III

were the winners. The second category was from Class V to VIII, in which CLASS- VI were declared the winners. The third category consisted of Classes IX and X in which Class- X won the trophy.

There was a competition at the individual level as well



Winners - Class III (Junior Section)



Winners - Class VI (Middle School)

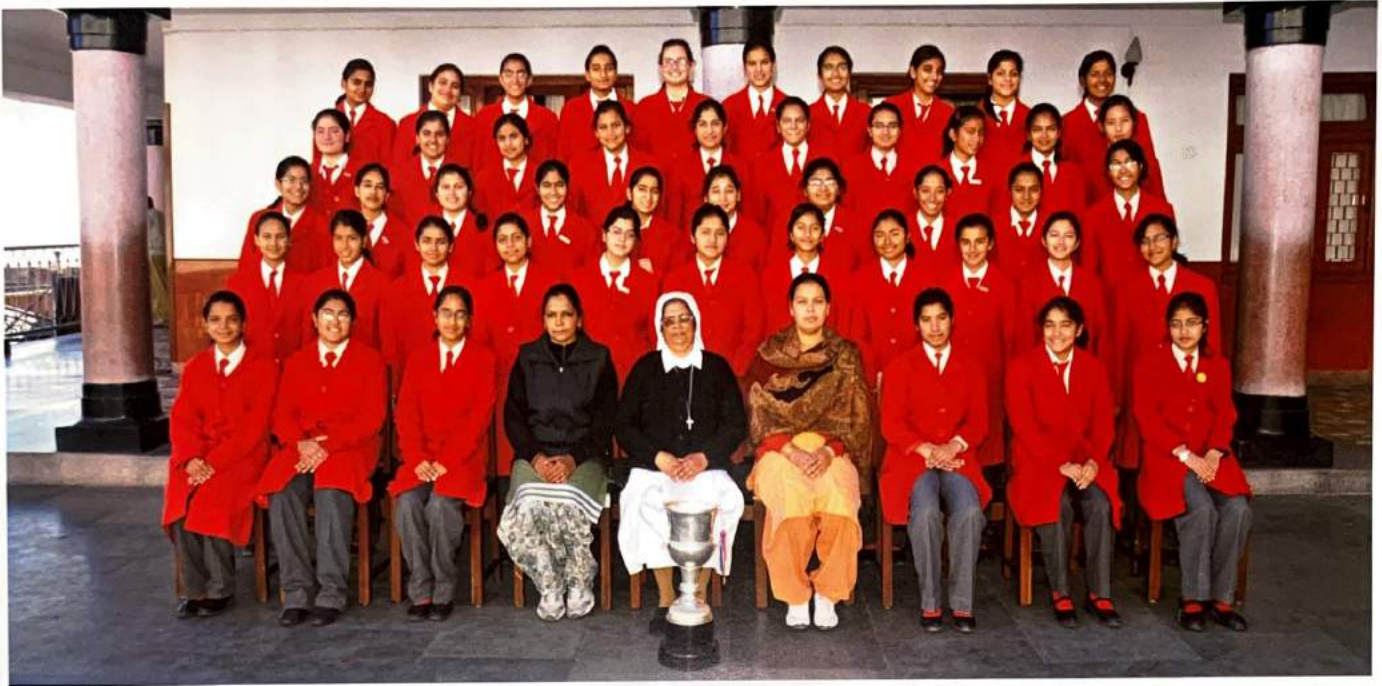
the above mentioned categories , in which the girls performed brilliantly. The winners were-

CLASS I to IV : 1st - Sakshi Thalwal of Class IV
2nd - Gargi Parmar of Class I

CLASS V to VII : 1st - Fiona Ann Jolly(Class VII)
2nd - Sanya Narbar(Class VI) and
Khushi Arya (Class V)

CLASS VIII to X : 1st - Tanya Aswani (Class IX)
2nd - Sohini Chakraborty (Class VIII)
3rd - Shubhaani Singh (X)

It was a really tough competition in all the categories and the judges praised all the participants and the choice of poems.



Winners - Class X (Senior Section)



The Individual Winners



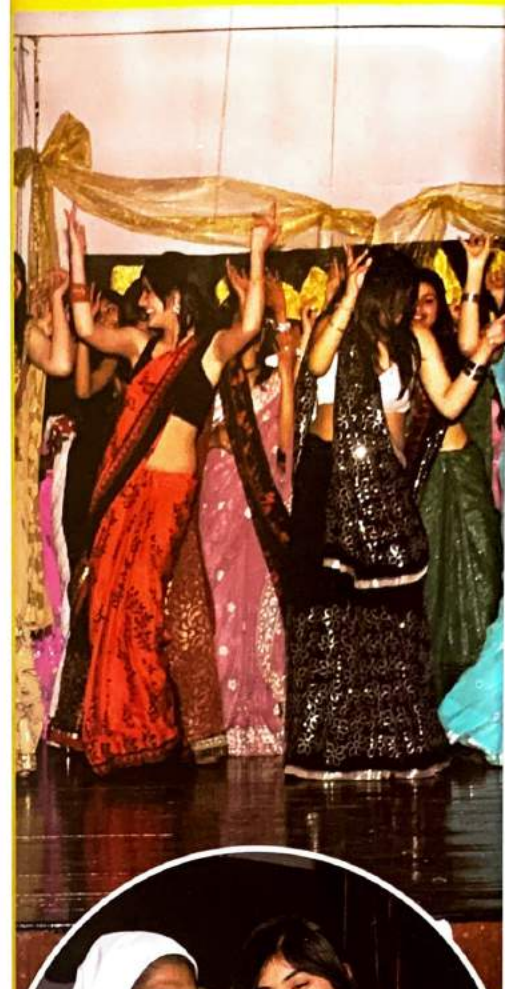
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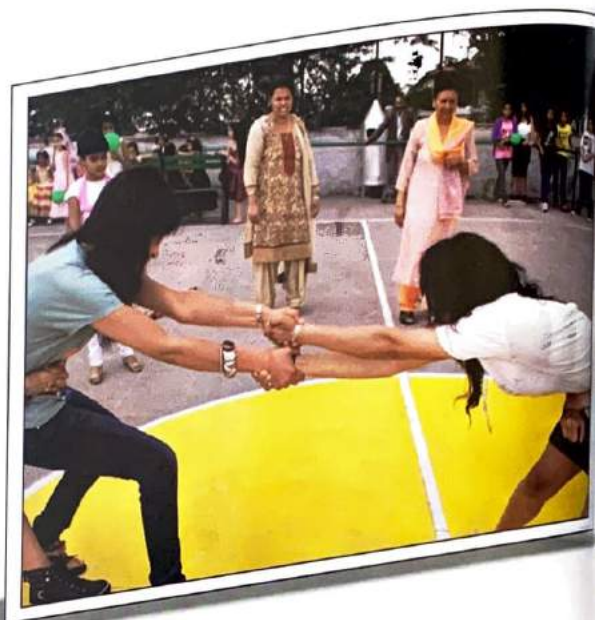
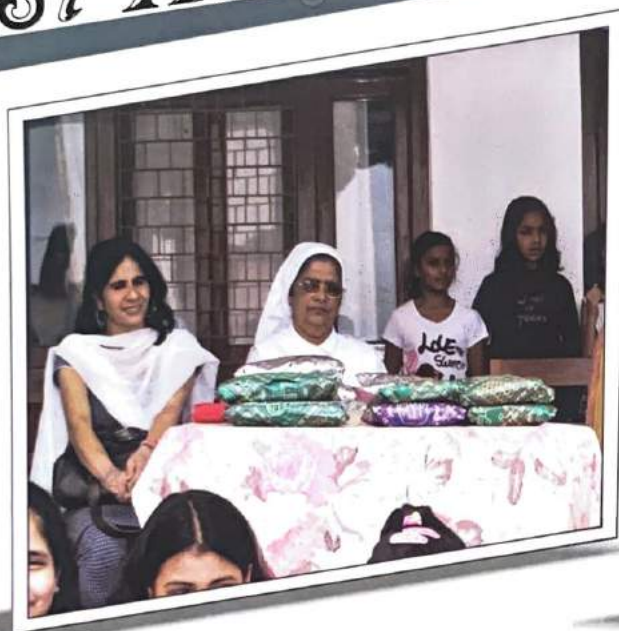




Celebrations



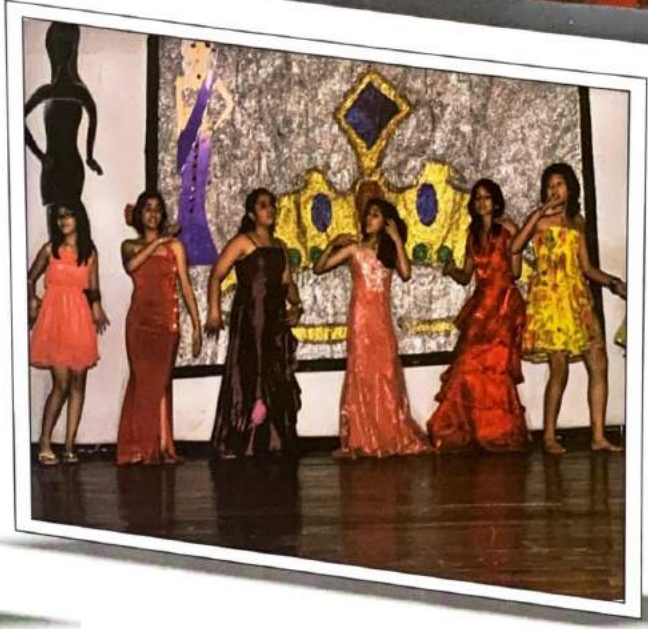
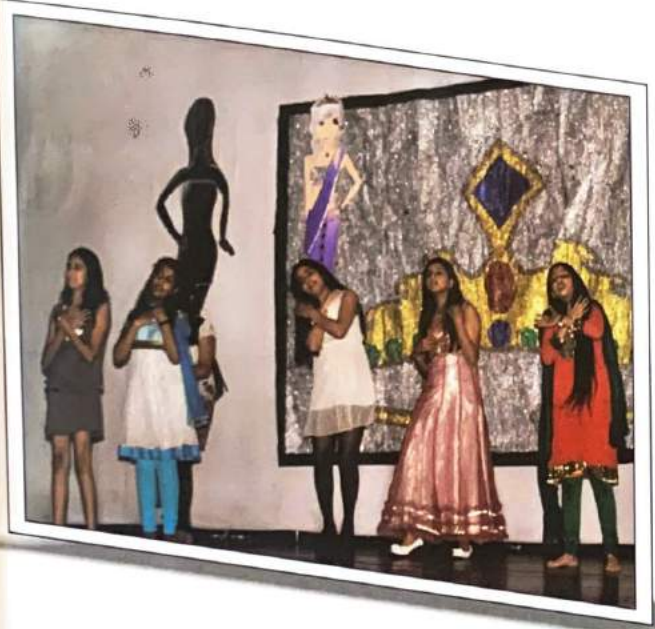
Ally's Day St Aloysius Feast Day



St Aloysius Feast is a very auspicious and important day in Waverley as is popularly known as 'Ally's Day'. There is an atmosphere of fun, frolic and enjoyment as all the girls are dressed up in their best attire and are in a mood to simply let their hair down. In the morning we had a special Holy Mass and the games began after breakfast. All the girls were looking pretty in their beautiful dresses! We had the class games and races from Class I up to Class XI.

They were very enjoyable and exciting, as all the games were interesting. After that we had the Socials for the Juniors in the auditorium. It was wonderful to see the little ones dancing to foot tapping music and trying to get selected for the traditional titles of Waverley princesses! After a lot of discussion the teachers finally came out with the title holders. Sanya Kajla of Class IV was crowned the Junior Waverley Princess, the first Runners up was





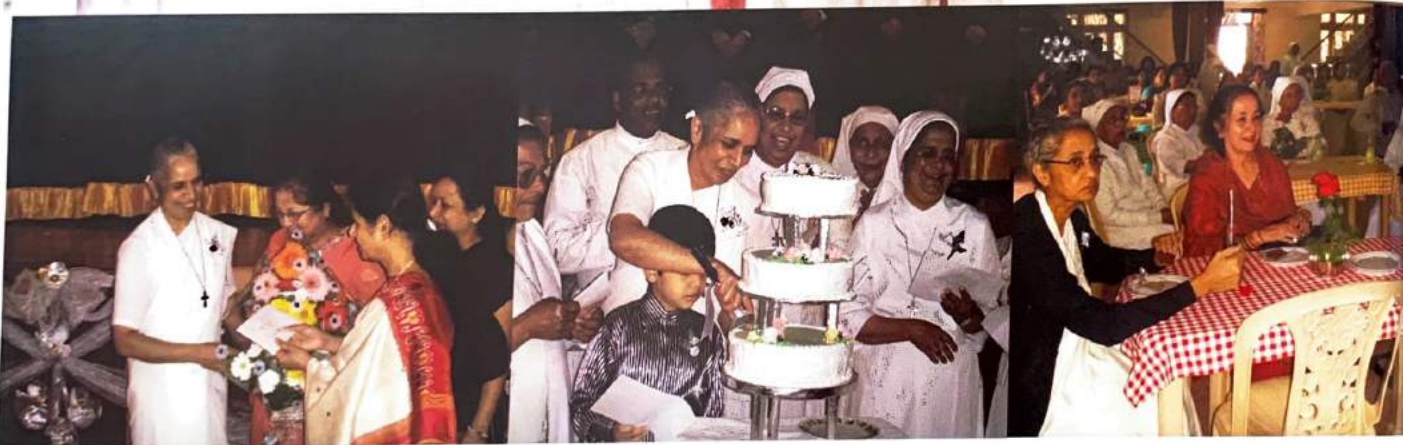
Nandini Tiwari, also of Class IV. The second Runners up was Tanisha Gosain of Class III. The title of being the Best Dressed went to Ciya Sally.

We had the Socials for the Senior section in the evening, when the girls looked gorgeous in their suits, gowns and the seniors in their sarees! They were all ready and geared for the shutterbugs. The title of Waverley Princess

in the middle school went to Gavika Chhabra of Class VI, the first Runners up was Shivantika Kapoor of Class VII and Fiona Ann Jolly was the Best Dressed. In the senior section, Diksha Agarwal was declared as Miss Waverley, Shreya Kukreja of Class XI and Afshan Anam Saeed of Class IX got the title of first Runners up and Azka Saeed was declared as Best Dressed.



Sister Lucy's 25 Years Silver Jubilee

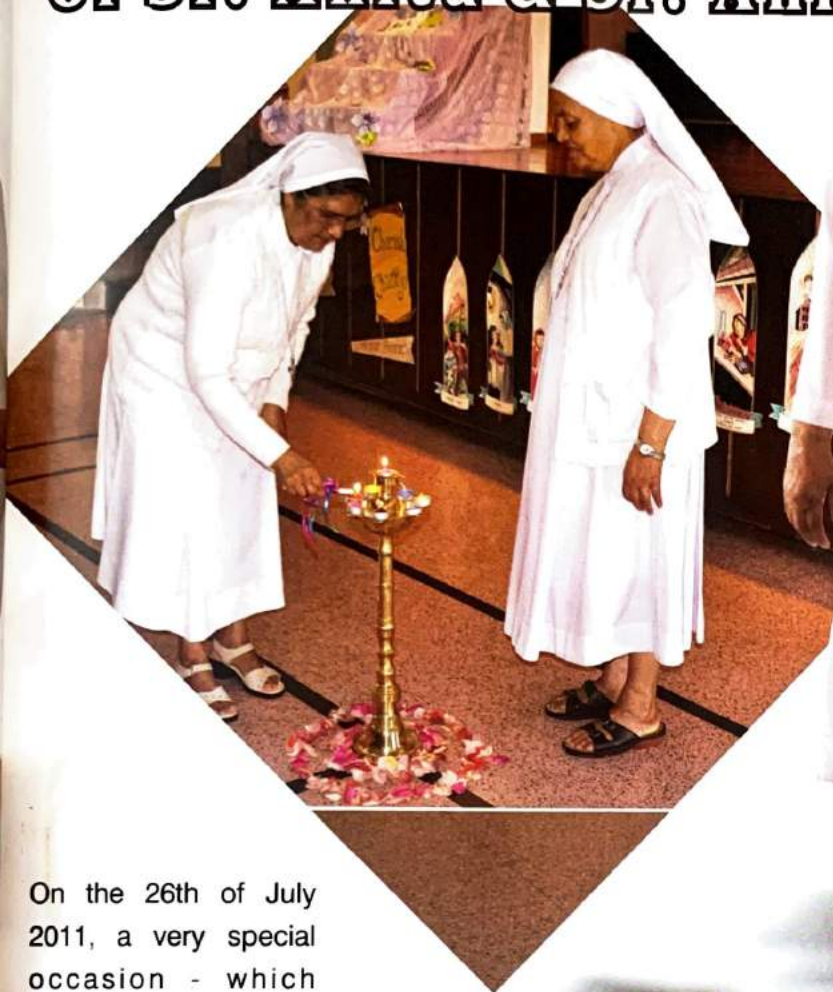


We celebrated our dear Sr. Lucy Pinto's Silver Jubilee on 22nd May, 2011. A grand Eucharistic celebration was held in our school. A holy mass was conducted in the chapel followed by a grand feast in the school auditorium. There were a number of guests, visitors, sisters and members of Waverley, St. Lawrence as well as relatives of Sr. Lucy. It was a most joyous occasion and we congratulate sister and wish her a very happy & prosperous long life in the congregation.



Feast Day

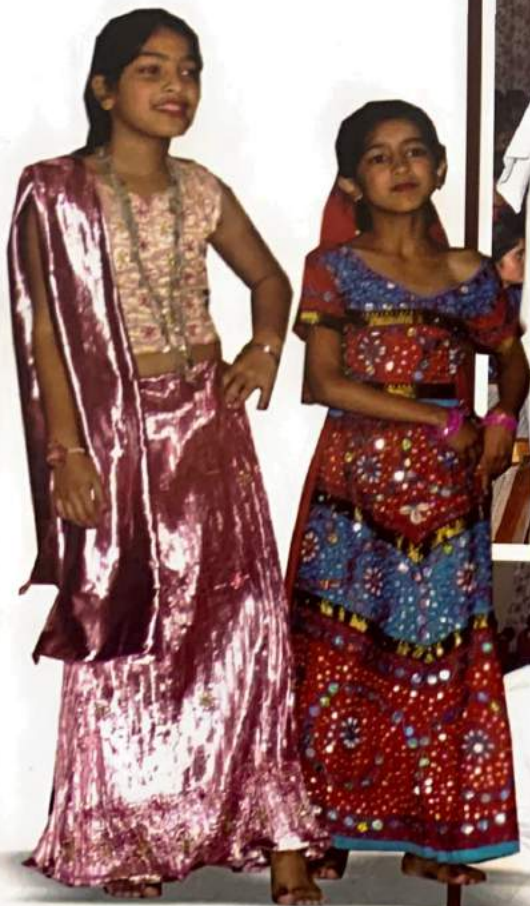
of Sr. Anita & Sr. Anne



On the 26th of July 2011, a very special occasion - which indeed was a double celebration took place in Waverley - it was the Feast Day of our dear Principal and Superior Sr. Anita as well as our dear Sr. Anne.

We had a special prayer service and a programme by the students was arranged. It was a joyous occasion and was interesting to see the little ones come up with their own handmade cards!! We wish both our loving sisters a very happy and healthy life.





Feast of St. Claudine Thevenet

- Our Mother Foundress

The Feast day of our beloved St. Claudine Thevenet, the foundress of the Congregation of Jesus & Mary was celebrated with great fervour and enthusiasm on the 31st July.

A holy mass was held in the school auditorium which was conducted by the senior girls, who explained the virtues of St. Claudine. There was a programme held in our school auditorium which was enjoyed by all the sisters of the congregation.

All the sisters of the congregation were specially wished and honoured for their dedicated service to the congregation....





Christmas Celebration



Every year we celebrate a special Christmas party after the school closes for the winter break. This year we had it on the 15th of November. The auditorium was beautifully decorated by the Sisters bringing in the Christmas spirit of celebration. Sisters, teachers and the mothers were in a joyful mood and greeted each other excitedly. We began with a prayer service and then went on to sing hymns. Sister [Name] spoke about the significance of Christmas which was very meaningful as well as interesting as she related some anecdotes, she also stressed on the importance of faith and prayer in our lives.

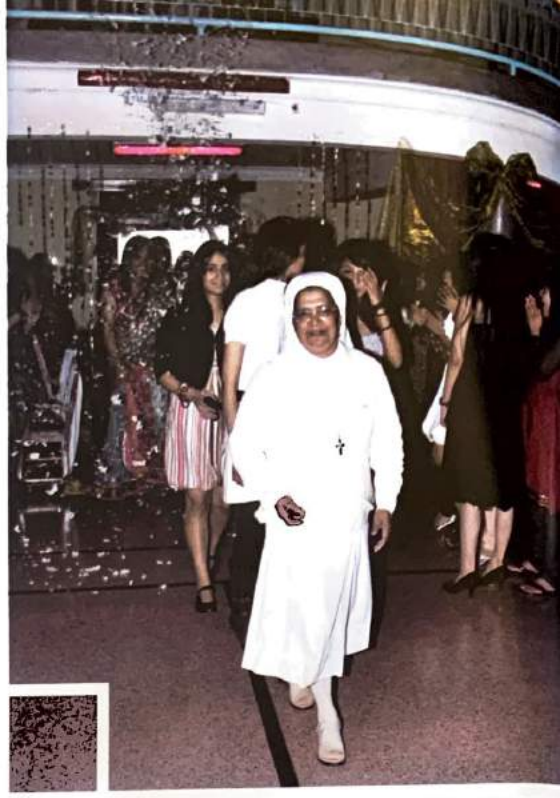


After that the Sisters had organized a few interesting games for us all and we all had quite a lot of fun! Soon after we went for the special Christmas lunch which was delicious as there was a lavish spread. The cake was specially delicious!! We really had a wonderful time and enjoyed ourselves thoroughly.

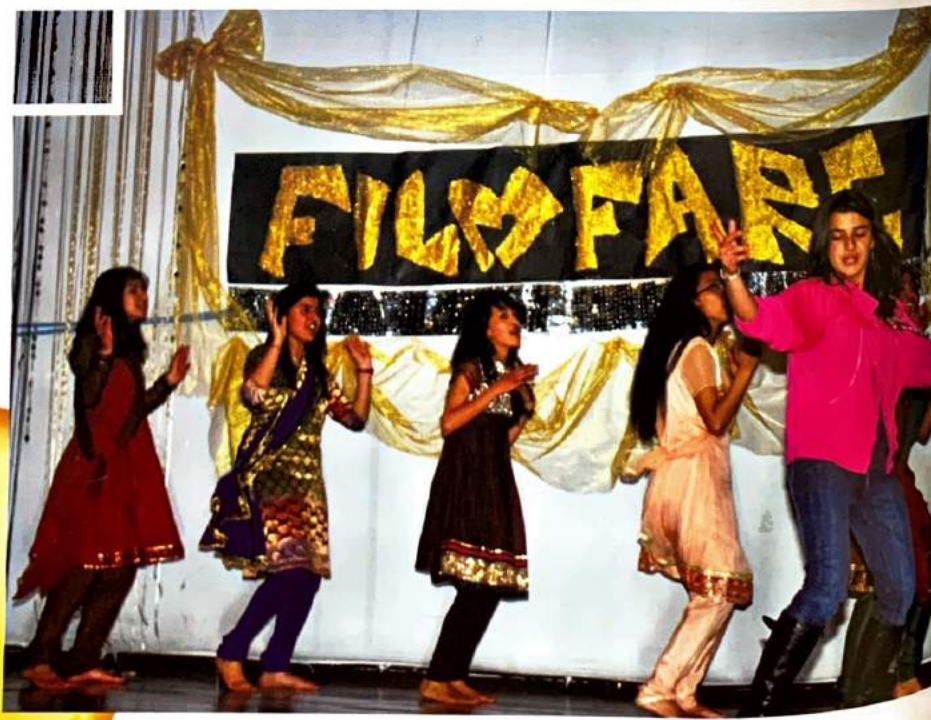


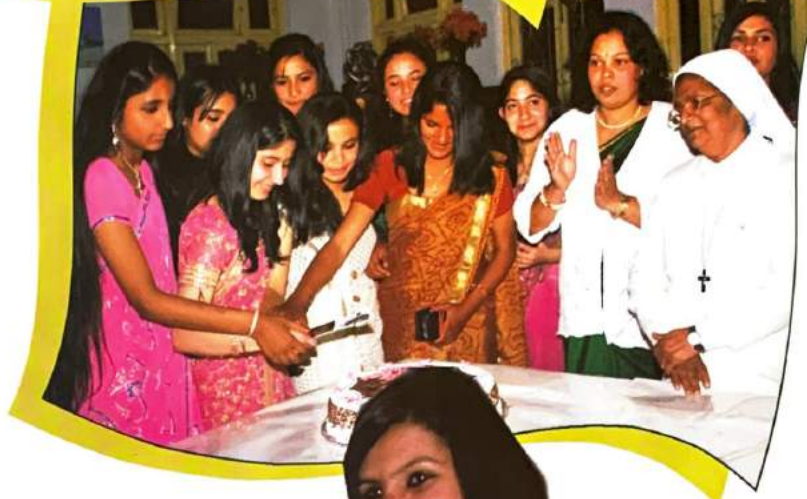


Farewell to the Excaliburs - 2011'



Farewell- this event came to the aid and also exonerate the boredom which was burdensome on the Excaliburs and also on the 'Someric. The present batch of 10th 'Someric bid adieu to the outgoing batch- the Excaliburs. Farewell took place on 18th March, 2011 to the excitement of both the batches. The theme for the soiree was 'FILMFARE'! The 'Someric decorated the school auditorium in an alluring manner. The atmosphere was jovial and the Excaliburs were thoroughly entertained by dances, jokes, and the fo



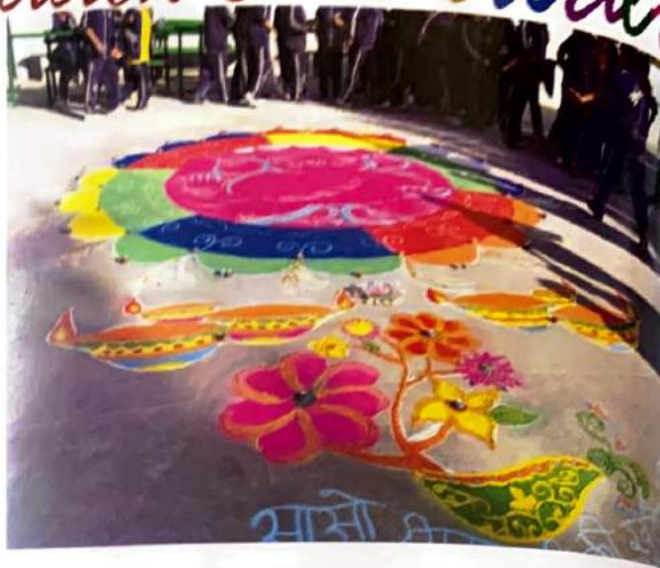


tapping music accompanied by great snacks. While the Excaliburs looked stunning in their beautiful saris the 'Somerics looked tantalizing in their outfits. Souvenirs and titles were handed out by Sr. Anita and 'Somerics to the Excaliburs. The title of MISS EXCALIBUR was given to Riya Agarwal. The Sisters, teachers and both the Excaliburs and 'Somerics enjoyed the delicious supper later on . The Farewell was a sensational and successful event enjoyed and cherished by everyone especially the Excaliburs.

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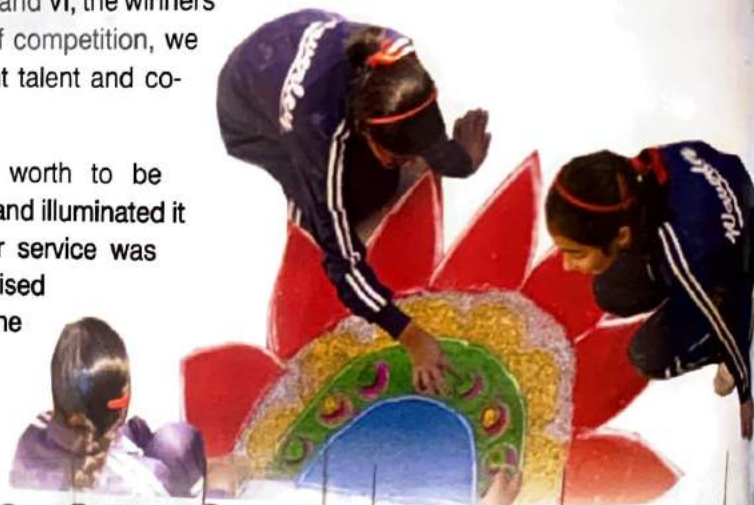
Rangoli Competition & Diwali



Diwali! the festival of lights and happiness. All of us know the reason for celebrating this amazing festival and that is the spirit that we celebrate in Waverley. Like every year, Waverlites took part in the "Interclass Rangoli Competition" held on 25th October 2011, from Classes V- XI. The junior classes, ie from Classes I-IV, took part in an Art Competition, they have been given the topics by Ms Mridula, our Art teacher.

All the Waverlites made breath taking beautiful rangolis displaying their own class themes- which were also given to each class. The winners among the senior classes IX, X and XI were class XI students. The winners between Classes VIII and VII, was Class VIII. Between Classes V and VI, the winners were Class V students. Apart from the spirit of competition, we showcased an example of team work, excellent talent and co-operation.

Diwali, on 26th of October, was an event worth to be remembered. Class X made the school Rangoli and illuminated it with earthen pots in the evening. A prayer service was conducted by the girls as well. Sister Anita surprised all by giving crackers to celebrate Diwali with the greatest of enthusiasm. We thank Sister Anita for making Diwali so special.



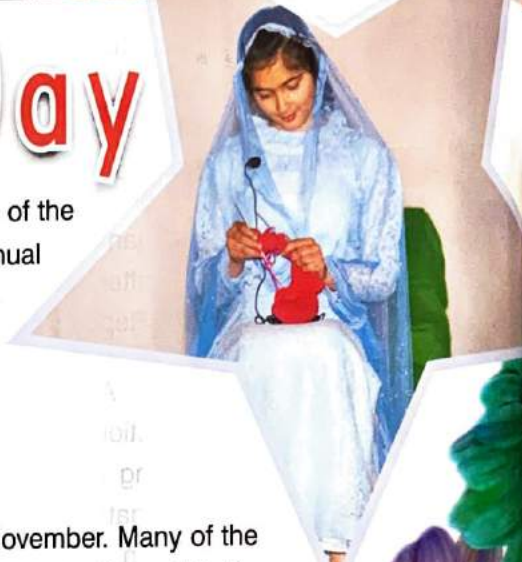
Activities





Annual Prize Day

Soon after completing our Final Examinations we all geared up for one of the most important events which sums up the entire school session the Annual Prize Day. Girls were extremely curious to know about the prize winners and waited with bated breath hoping for their names to be announced, some are happy while others were disappointed. Nevertheless there was excitement in the air as on the very same day the students also go home for a long winter break.



This year we had this special day on the 26th November. Many of the parents began trickling in from the 25th Nov. afternoon itself, specially the ones who live far off. We had a run through of the programme, trying out the costumes, checking everything on the 25th and waited for the 26th to arrive.

The Chief Guest was Mrs. Reet A. Anand, an ex Waverlite of the 1975 batch. She also holds the post of Joint Secretary of the Alumni Association of the school.



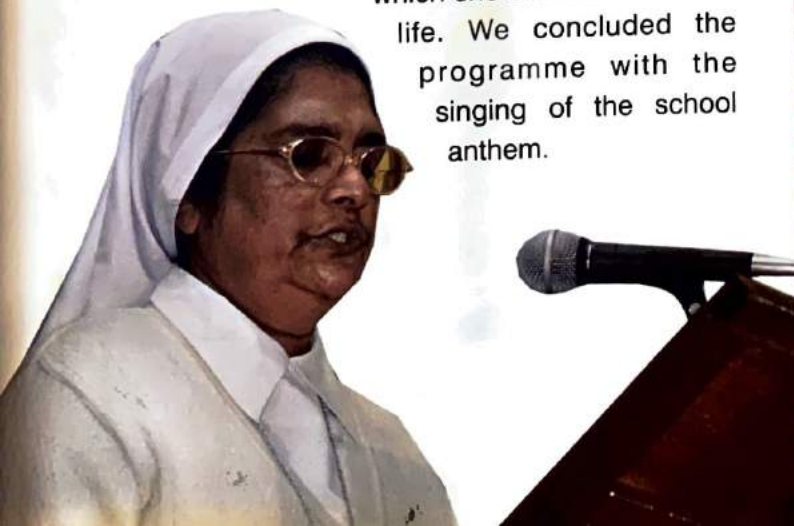


We were happy to have with us honored guests from other schools as were as the parents of the students.

We began with the welcome song after which was the Annual Report reading.

Sister Anita gave an introduction which was mainly regarding the values that the congregation upholds and instills in the students. The report was read by some girls of Class X and was concluded by Sister Anita. The Christmas play followed, the theme of which was 'Ray of Hope'- with a message of peace and universal brotherhood.

Mrs. Reet A. Anand gave a very nostalgic speech as she revived the old memories she treasures in her heart and the values taught here in Waverley, which she still imbibes in her life. We concluded the programme with the singing of the school anthem.





GALLERY





Fancy Dress Competition

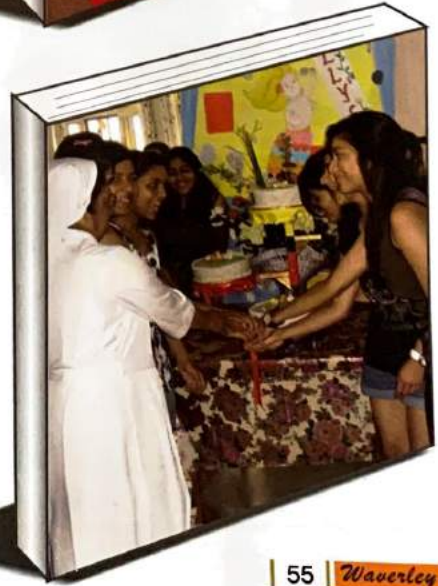
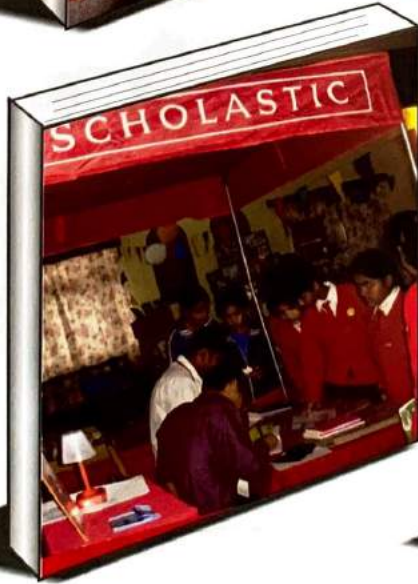
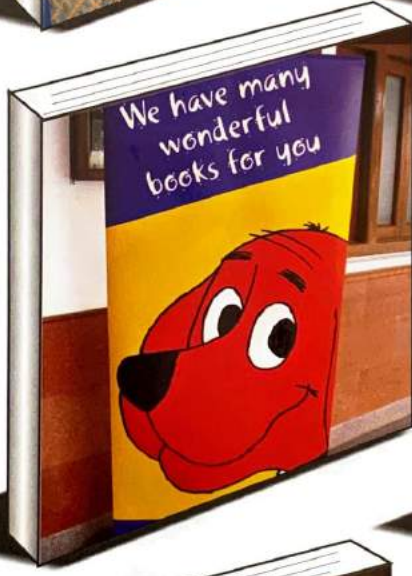
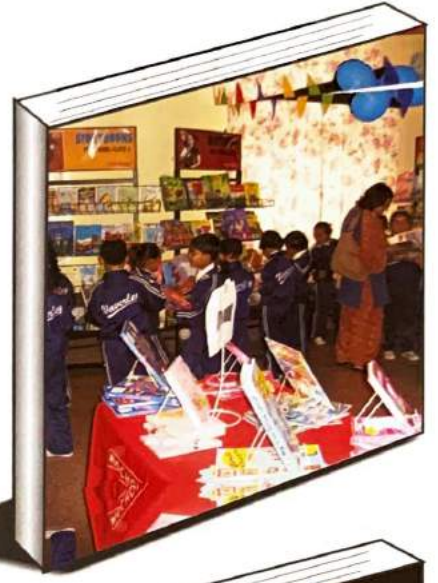
Fancy Dress creates a lot of excitement for the junior girls as they have elaborate plans of dressing up as interesting characters. On 4th June, 2011, our school organized a Fancy Dress Competition for Classes I-IV. All the girls were dressed up as their desired personalities and also gave an introduction to their characters. All the girls performed brilliantly, introduced themselves very confidently, doing away with their stage fright. The judges for the occasion were the esteemed teachers of our school – Mrs. Manju Bisht and Ms. Amrapali Chaudhury. A number of parents and guardians were present on this occasion. The winners were:

	FIRST	SECOND	THIRD
CLASS I -A	Akshita Ghosh- Mother Teresa	Aditi Mall- Fairy	Bhumika Vaid- Tiger
CLASS I-B	Jiya Arora- Jharu Wali	Unnati Garg- Chakku Churi Wali	Dhwani Hari- Drummer
CLASS II-A	Ridhima Gupta- Old Lady	Riddhi Garg- Sweeper	Vidushi Khanduri-Butterfly
CLASS II-B	Seherish- Jhansi ki Rani	Jennifer John- Butterfly	Thavisha Singh- Pandit Jawahar Lal Nehru
CLASS III	Depanshi Rajput- Anna Hazare	Aaniya Panwar- Garden	Dakshata Agarwal- Clock Tower
CLASS IV	Minansha Bartwal- Mother Teresa	Sakshi Thalwal- Mahatma Gandhi	Stuti Jain- President Barrack Obama



Scholastic Book Fair

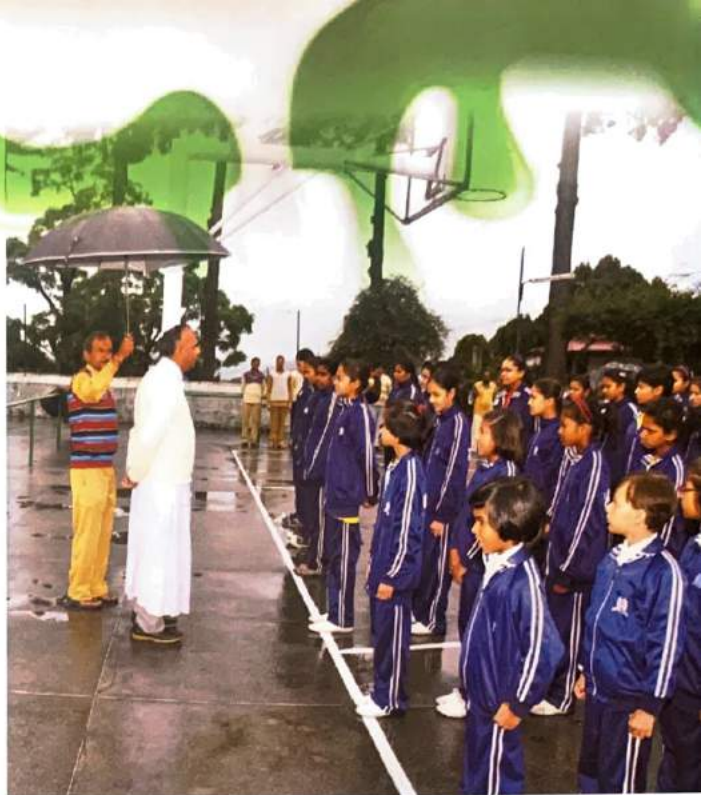
Books take us to some other world of imagination. Every year the Scholastic Book Fair is held in our school. This time it was held on 19th June, 2011. The Fair consisted of books that were categorized for different age groups. There were books for junior classes, for seniors. The books included Fairy Tales, craft making, short stories, puzzles, Crossword for the juniors and fiction novels, quiz books, autobiographies, etc for the seniors. Even the parents were invited along with their children to have a look at the wide collection of books.



Independence Day Celebration

15th August, 1947, the year which is well remembered by all Indians. Our Independence Day celebrations took place on 15th August in the school auditorium. Various dances were performed and the Waverlites gave speeches concerning the sacrifice and commitment of great Indian Revolutionaries. Various patriotic hymns were sung and all the visitors accompanied the Waverlites celebrating the spirit of patriotism.







Teachers' Day- the birth anniversary of Dr. S. Radhakrishnan is also a day dedicated to acknowledging and appreciating the great contribution that teachers' make to the myriad lives they touch while imparting knowledge. Of course, it goes without saying that showing gratitude and respect to teachers' is not something that should be restricted to a day- it ought to come through every day in our lives.

Teachers' Day at Waverley has certain very time- honoured traditions that are observed every year without fail. To salute the nobility and greatness of teachers and to add pride and appreciation to their vital role, we celebrated teachers' day on 5th September, 2011. The day started with a Basketball match between the teachers' and the students of Class X



Teachers' Day



being of the teachers. In the end students of class X presented a token of their love to the teachers.

We are sure that countless celebrations will be held at Waverley to honour these unassuming people who give us ourselves so that we can prosper even after we leave school, but surely no amount of gratitude can pay back the debt that we owe to them.

with the teachers' as winners. Class IX was given the opportunity to decorate the hall which they did with great enthusiasm. Classes I to X put up a brilliant show for the teachers and the teachers enjoyed the show thoroughly. Before the dances was a little pray service by the children for the prosperity and well-

Children's Day

Children's Day is an important event celebrated in all schools across the country. It commemorates the birthday of

Pt. Jawaharlal Nehru, fondly called Chacha Nehru by all children. In Waverley too, we celebrated this day on the 12th Nov. 2011, as the final exams were commencing from the 15th Nov.

There was a holy mass conducted by Father Elias in the chapel which was attended by sisters, teachers as well as some students. After the mass, there was a special breakfast.

There were cricket matches held in the lowest field after that of 5 overs each. There was the match between Class X and Class VIII in which Class X won. Then there was a match between Class IX and Class XI, in which Class XI won and ultimately the teachers were divided into two teams for the final match.

It was quite interesting as for the first time we had cricket matches in Waverley.





DAUCE

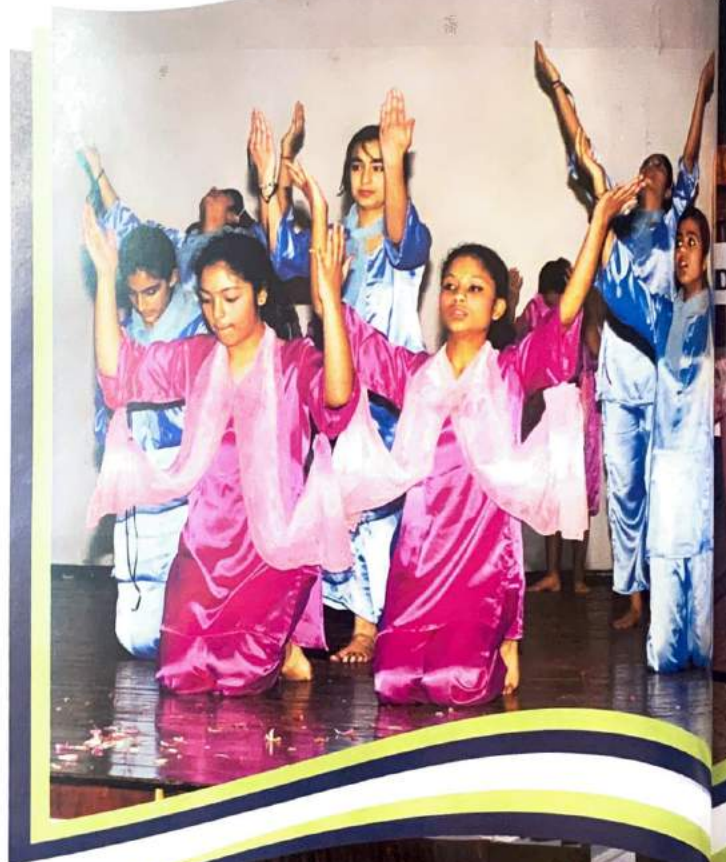
— an expression of emotions...

INTER HOUSE

*"Let us read and let us dance, two amusements
that will never do any harm to the world"*

- VOLTAIRE

Dance occupies an integral part of Waverley's co-curricular activities. Right from Class I, girls are regularly taught both Indian as well as Western classical dance as well as contemporary dance forms. In the genre of Indian classical dance Odissi, Bharatnatyam as well as Kathak is taught whereas in the Western classical genre Salsa, Foxtrot, Ballroom as well as Jazz and Ballet are taught. Girls attend theoretical as well as practical classes as it is important for them to learn the different "mudras" and nuances and movements of expressions. Its imperative for students to learn classical dance as it forms the base or foundation for any other dance form. Contemporary dance forms are also taught and equally encouraged. Girls excel in both classical as well as hip-hop/contemporary styles.





DANCE COMPETITION



The Inter House Dance Competition was held in the school to bring out the best in dancers in an atmosphere of healthy competition.

The judges of the competition lauded and appreciated all the dancing stars of Waverley. The girls also actively took part in the Inter CJM dance competition to compete with our sister schools. In a nutshell- it has been a wonderfully successful dancing year in Waverley.

"There are times when the simple dignity of movements can fulfill the function of a volume of words" - Doris Humphrey.



Mrs. Sabita Tripathy
Dance Teacher



Rhythm & Inter CJM - Singing Competition



Our school was invited by CJM Dehradun on the 7th of September to be a very important part of a Singing Competition. Fourteen girls from our school left for the competition along with Miss Aren and Mrs. Tripathy.

The school's that took part were: St. Agnes, St. Lawrence, CJM Hampton Court, CJM, Dehradun and CJM Waverley. The competition was divided into two parts: Solo singing and Group singing. Our school stood second in both the divisions. Sohini took part in the solo singing. The best Drummer and Guitarist of our school, Sharvi Goel and Rhea Thakur also accompanied us. The schools performed beautifully and all were treated hospitably. We thank Sister Anita and Miss Aren for giving us this wonderful opportunity.



Winners - Class IV



Winners - Class VIII

Music - The Food of Life



School Choir

Plato once said "Music is a more potent instrument than any other for education".

A recent study in the university of California found that music trains the brain for higher forms of thinking - it confirms the belief that listening to music can improve the performance of students and help the intellectual, emotional, physical and logical development of a child. Music leads to greater understanding of God-

enhancing spiritual growth and also promotes good fellowship.

In Waverley, we lay stress on the all round development of the students and music plays a very important role. It involves singing, basic music reading and training students to play instruments of their interest.

In this session we had our "Rhythm" on August 6th, 2011 for Classes I to VIII. Everyone participated with full zeal. In the Junior section, Class IV were the winners and in the seniors Class VIII took away the trophy.

We also participated in the Inter CJM Singing Competition which was organized by CJM, Dehradun. We were the runners-up in the solo as well as in the group categories.

Thus, altogether it was a successful musical year for the school.



Sir Massey



Ms. Arensangla



Sr. Rani

ART & CRAFT

"The beautiful is in nature and it is encountered under the most diverse forms of reality. Once it is found it belongs to art or rather to the artist who discovers it" Gustave Courbet.

Art is an expression of our innermost feelings and emotions on canvas. In Waverley it is ensured that every student receives the desired encouragement to express themselves through this medium and talent is boundless. Art classes are held right from Class I onwards up to Class XII. Art competitions are held on various occasions and all the girls actively participate in competitions held in other schools as well.



Winners - Camel Art Competition with Sr. Anita and Ms. Mridula



Every year an Art and Craft Exhibition is held on Sports Day. Beautiful expression of art is showcased in various different forms. Girls excel in portraits, landscapes, still and abstract art as well as sketches. Girls are experts in various kinds of painting emboss, nib, glass, fabric, glitter, block as well as charcoal painting. Girls are also taught tie and dye, block printing, candle making and pottery making. This year also like all other years, the exhibition was appreciated by all parents and guests, who were amazed by the creativity of the students.



Ms. Mridula Bhatt
Art Teacher

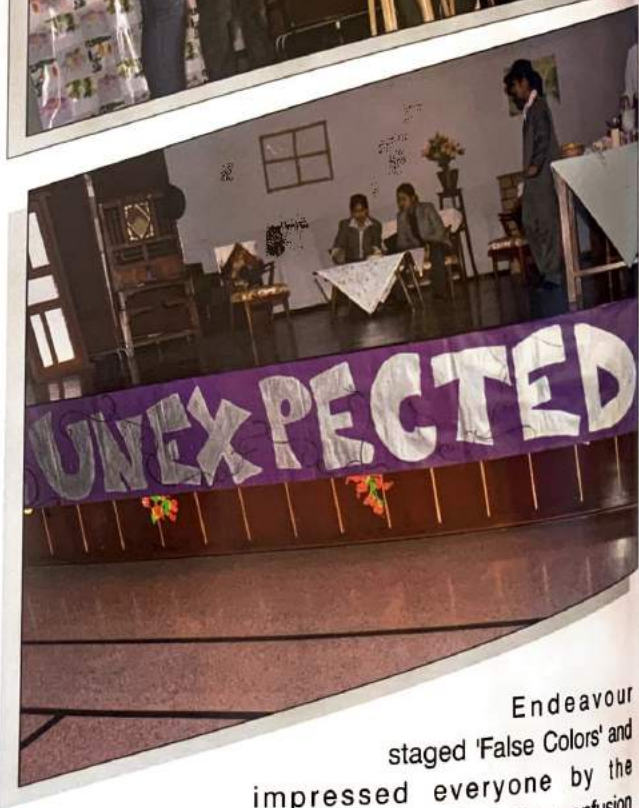
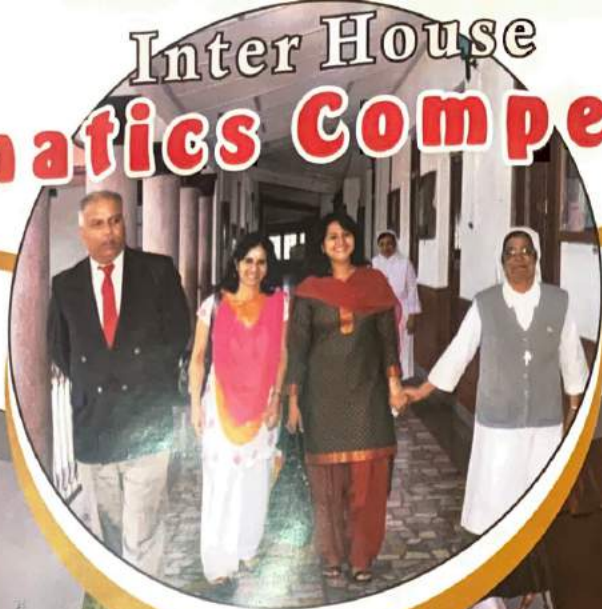


Knitting, Stitching & Embroidery

"Girls will eventually grow up to be good home makers and mothers" keeping this thought in mind and the necessity of all the girls to learn stitching, special attention is given to teach knitting, stitching and embroidery in the junior section. Girls are taught basic stitching initially and then different types of stitches and designs. They learn knitting and knit socks, caps, mufflers, baby suits. They also stitch handkerchiefs, table cloths, tea cozies etc.

These items are displayed on Sports Day for everyone to see. The interesting items were appreciated by all.

Inter House Dramatics Competition



The Interhouse Dramatics Competition was held on the 2nd and 3rd of September. The students from the four houses put up interesting, emotional, hilarious and mind-boggling plays.

Endurance staged 'Everything Alright Sir?' - a play about restaurant business where everyone was enthralled and entertained by the restaurant wreckers.

Enterprise presented 'The Unexpected' where was taken by surprise by the unexpected suspense. After all where women are concerned, the unexpected always happen.

Endeavour staged 'False Colors' and impressed everyone by the impeccable performance and the confusion caused due to a will.

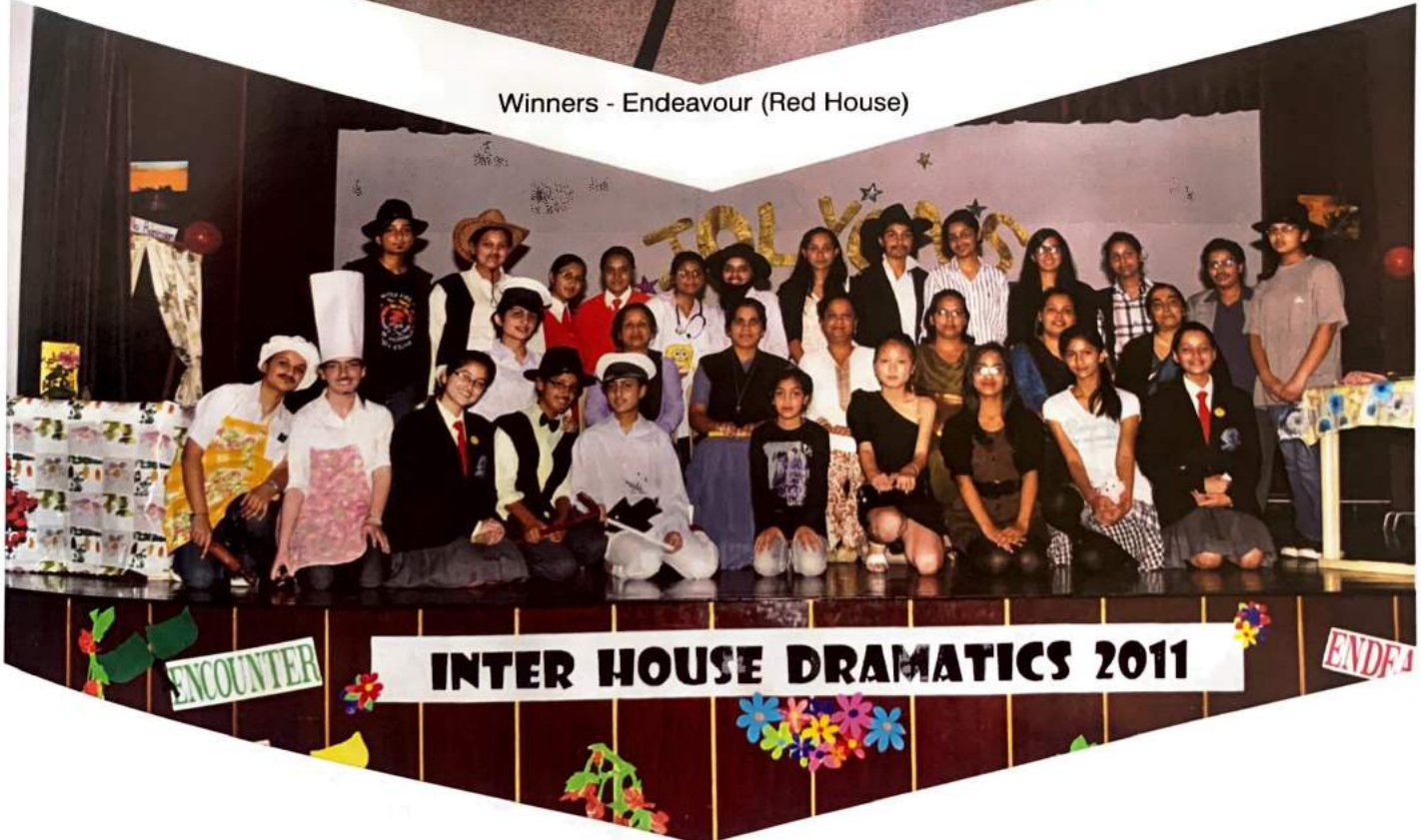
Encounter presented 'As Good As New' where we enjoyed the hilarious drama and crying over the death of an animal.

The winners were: Endurance (Yellow House) & Endeavour (Red House).

Runners Up: Enterprise (Blue House).



Winners - Endeavour (Red House)



Winners - Endurance (Yellow House)

Inter CJM Hindi Dramatics

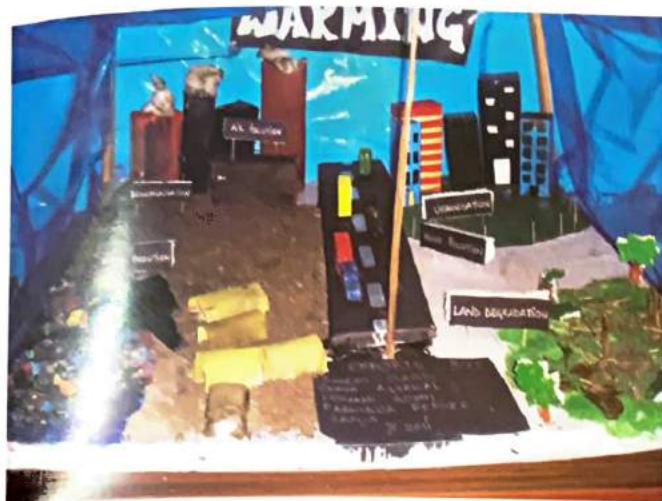
The Inter CJM Hindi Dramatics was held at Hampton Court School on the 2nd August, 2011. The Schools which took part were CJM Dehradun, St. Agnes Convent, Hampton Court, St. Lawrence School and Waverley Convent.

The theme given for the plays to be enacted was 'the importance of education for the girl child' laying stress on the emancipation and progress of women to bring about gender equality.

We stood third and the play we staged was 'Angoori' - it was about child marriage. All the 'actors' performed really well and Sohini Chakraborty won the best actress award.



SCIENCE EXHIBITION



MODEL MAKING



On 8th and 9th September, 2011, Classes IX and X showed their creativity and ability by making some models for the Science Exhibition. Appropriate topics were chosen by different groups and were presented in an extremely enthusiastic way. We would like to thank our concerned teachers for giving us such a golden opportunity to show our talents. It was really amazing to see all the students prepare such wonderful models within a limited time. All the students hard work was appreciated by the parents who saw it on Sports Day.



EXIMIUS at Chaman Vatika

-The festival of excellence

We were invited by Chaman Vatika School, Ambala- for Eximius- the festival of excellence where our girls took part in the Debate, Quiz, Ad-bag, and Singing and Dance competition. Various well- established Schools from all over the country were a part of this event. We had a fun-packed 3 days event.

18 girls went from our school along with Ms. Shomi and Ms. Tripathy. The school campus was indeed beautiful, accommodation was also good, we had sumptuous meals and the people there were extremely friendly & helpful.

We had a very good time. In Debate- Bhawana and Chaya Agarwal stood second, Bhawana, Dhruvee & Anuvrinda

put up a good show in 'Adbag'. Aditi and Shubhangi stood sixth in the Quiz and we secured the third place. Sohini stood second in Solo Singing. It was exciting and a wonderful experience.

The Participants were:

- Sohini Chakraborty
- Aishwarya Dhirwani
- Harshita Nagi
- Dilasha KC
- Anuvrinda Prakash
- Shagun Swarup



- Divanshi Goyal
- Afshan Anam Saeed
- Palak Kakkar
- Twinkle Chauhan
- Nida Khan
- Bhawana
- Chaya Aggarwal
- Aditi Prabhu
- Dhruvee Tyagi
- Aaina Beri
- Aaina Beri
- Shubhangi Bansal



Sohini Chakraborty



Bhawana



Chaya Agarwal

A Visit to Sneha Sadan (Orphanage)

- Missionaries of Charity



On 12th April some girls of Class X along with the vice-captains visited the Missionaries of Charity in Dehradun.

Class X had collected many things like clothes, toiletries, eatables and other basic necessities for the orphans living there. On reaching there we felt quite disheartened as most of them were small disabled children. We gave them sweets and chocolates and watched their faces light up on receiving such small things. We entertained them by singing and dancing and making them dance too along with us.

Now we'd like to tell you about some of the kids we met there...

There was a little girl not more than three months old. She was an extremely sweet girl but the unfortunate and very painful thing was that she had a lump on her back which seemed to be incurable. The reason for the lump on her back was that her mother had tried to get rid of her by drinking papaya juice which is very

harmful for the fetus. After a few months when rest of the Class X had gone to the orphanage they couldn't see her because she had died. They were all very heartbroken.

Another girl had a swollen mouth with her jaw coming out. The sisters there were trying their very best to arrange for the best treatment they could get for the girl but it was to no avail.

There was also a group of old women who had been abandoned by their children. When we tried to interact with them they were unwilling but ultimately they gave in due to our pestering and chatted away with us amiably.

When we had to go back we were all very sad and unwilling to leave them. It was clear that even the people there didn't want us to leave. In the end we would like to thank Miss Shomi and Sr. Anita for giving us this wonderful opportunity for allowing us to go there and witness the beautiful work of our beloved Mother Teresa.

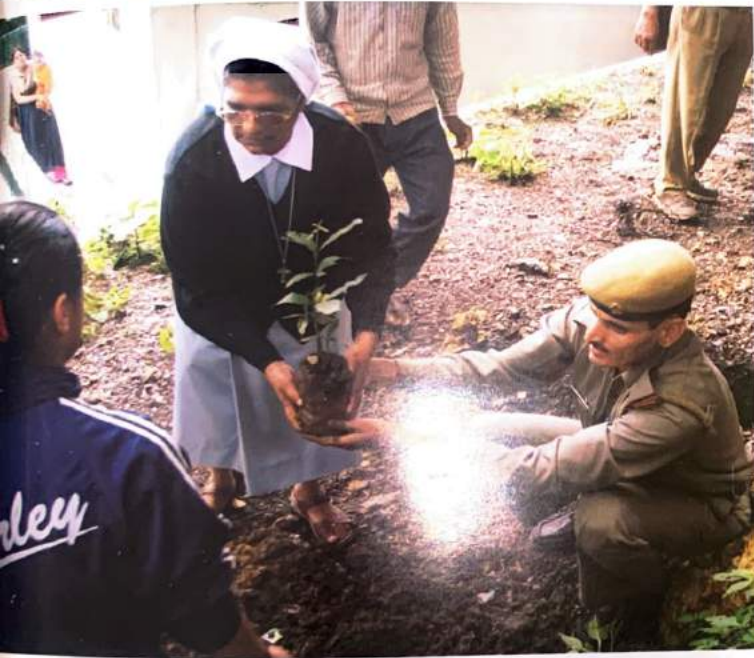
Tree Plantation



On the 25th July 2011, a tree plantation programme was held in our school three officers from the forest Department brought tree saplings to be planted. Our gardeners had already well prepared the areas for planting these saplings.

Sr. Anita, our Principal, Sir Prashant, Sir Jolly and Sir Ajay along with the captains and the vice captains and the girls of the middle school carried out the drive with great enthusiasm. The students were also given advice by the Forest officials to pursue planting trees and preserve nature in the future too.

Waverley believes in conserving the resources of our mother earth and carry the message of being eco-friendly.





Mini Fete

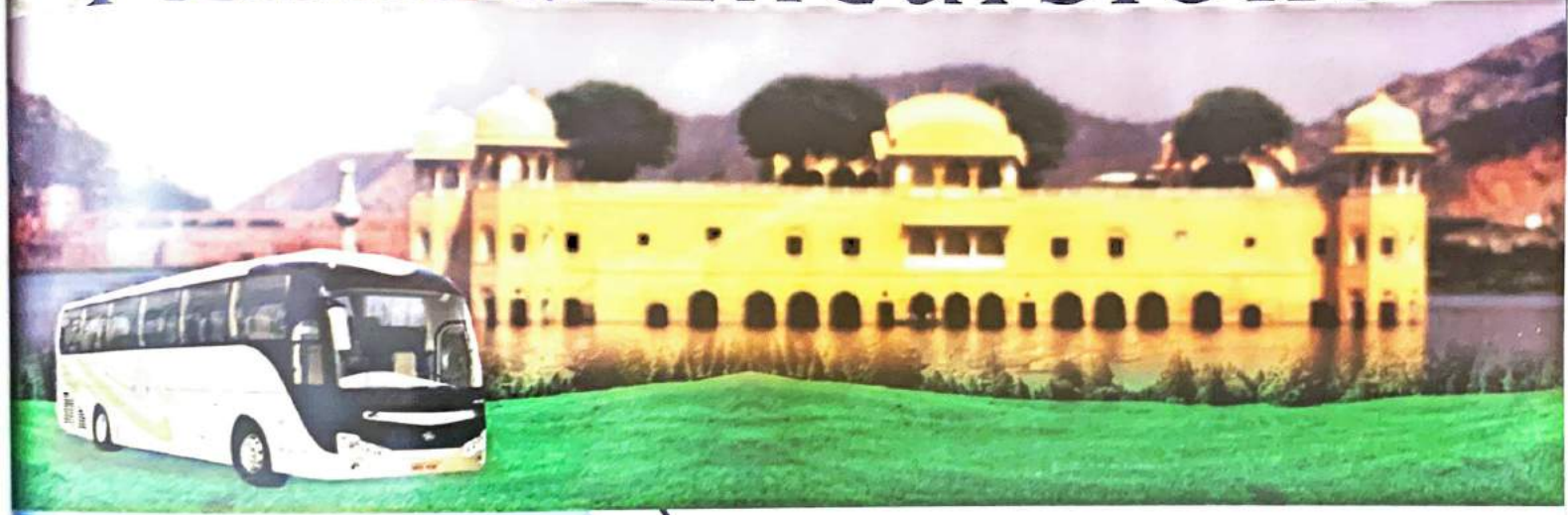
Fun and frolic is definitely associated with Mini Fete. It is probably the most awaited event of the year. This year we had it on 6th May. On the previous day all the tents were put up, adding to the excitement and the girls all gearing up to enjoy the Fete with full vigour! Finally the day arrived and the Chief Guest for the day was Mr. Jot Singh Gunsola, the most respected MLA of Mussoorie, who inaugurated the Fete by formally cutting the ribbon. All the classes had their respective games and food stalls - Class X girls were in charge of the ice-cream stalls, the Request Stall, the most popular Jail and of course the Jam session. Class IX had their Cold Drink Stall, Momos' Stall, Class VIII, Class VII had their games stalls. This year we also had the the Raffle, which had very attractive

prizes. A few schools were invited like every year - St. Georges College, St. Clair's School, St. Lawrence School and Hampton Court.

Suddenly, to our utter amazement, it began raining and everyone was very upset. Our Mini- Fete nevertheless was quite a success though it drizzled continuously. The senior girls of Classes IX- X and the students from St. Georges College also attended the Jam Session, which was a grand success like every year interesting games and conversation surely engaged everyone. Overall, all the stalls had profitable sales, everyone enjoyed thoroughly- it was simply AWESOME! As Shakespeare has rightly said:-' All Well That Ends Well'...!!



Tours & Excursions



Class PICNICS

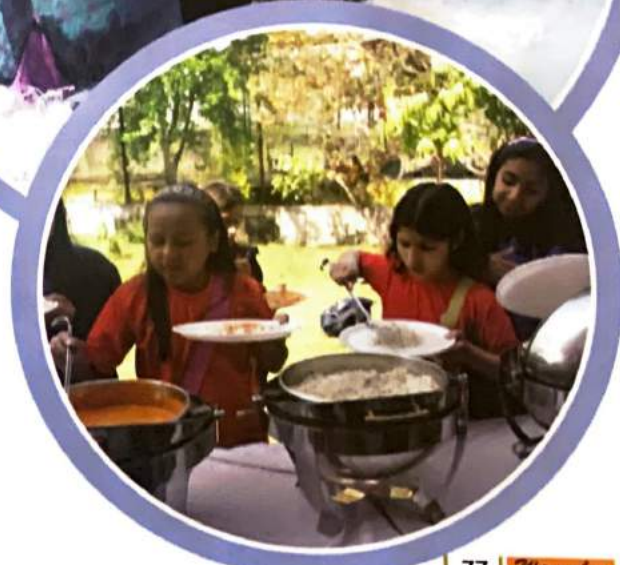


Every year girls wait with bated breaths for the class picnics as the school reopens. This year Class I went for their picnic to Lake Mist whereas the rest of the classes went to Fun Valley near Haridwar. There was tremendous excitement as the girls boarded the buses in the morning, they were provided with refreshments as well as breakfast which they enjoyed thoroughly. The journey was for around two hours and as soon as the girls reached Fun Valley, they first enjoyed the slides and rides – there was roller coaster, swinging



chairs, car fights, water splash and many other exciting rides.

After having a great time on the rides the girls proceeded to the water slides, water disco and ultimately the main attraction – the wave pool. The waves began at a particular time and it was a wonderful time that the girls had. The lunch served was delicious and all the girls were very hungry!!! Ultimately it was time to pack up and return to the school, the girls were sad but very happy and elated after spending a fun filled day!!!!





Rafting

What is life without risks? Risk is adventure and to experience this risky adventure, we the girls of Class X went to Rishikesh for white water rafting. The experience was thrilling and simply awesome. On the first day, the tenner's had their picnic in Fun Valley and then from there we proceeded to Rishikesh. We stayed in Hotel Natraj and spent that night there accompanied by delicious dinner in the Hotel itself. From next day onwards, the real fun began.

On the 26th of March, we were geared up with life jackets, oars and helmets for the risk- the adventure-RAFTING!!!

Accompanied by Sir Prashant, Miss Karuna, Sister Rose and Sister Rani, the rafting began from

Brahmaputra. Crossing three amazing rapids, we reached Ram Jhoola by lunch time. We had our lunch at the very famous Chotiwalla's Restaurant. After the lip smacking delight we headed back towards the hotel. In the evening. We attended the prayer service and enlightened our minds at the river banks of the holy river Ganga... It was a spiritual drive which was purely inspiring. The next day again we went onto our rafts and started rafting from Shivpuri. This time along with five rapids. We and the teachers also rythmatically moved with the water along with our life jackets. Well, all the fun had to end so it ended on the 27th of March in the Ganga.

Along with DJ nights, food and the rapids, RAFTING was an adventure to treasure!!!

- Dhruvee Tyag

PLANETARIUM



For the first time in our school, we were given the privilege of visiting a planetarium. A group of people from New Delhi had organized the Mobile Planetarium in our school. All the classes from Classes I-X got a chance to sit in there and watch the asterisms. It was very informative and so very incredible which most of us found hard to believe. We learned about asterisms, names of some stars and also a very good way to spot the asterisms. We can give you some very good ways to spot some stars.

First of all, locate the asterism of Ursa Major- or the great bear or the big Dipper. Draw an imaginary line in your mind from the second star to the first one in the asterism. Move the imaginary line four times the length of the line. By doing so you will locate the star.

Again keeping the Big Dipper in mind, follow the arch to ACTURUS and then spin to SPICA. These were the simple methods which the people used to teach us how to locate the stars.

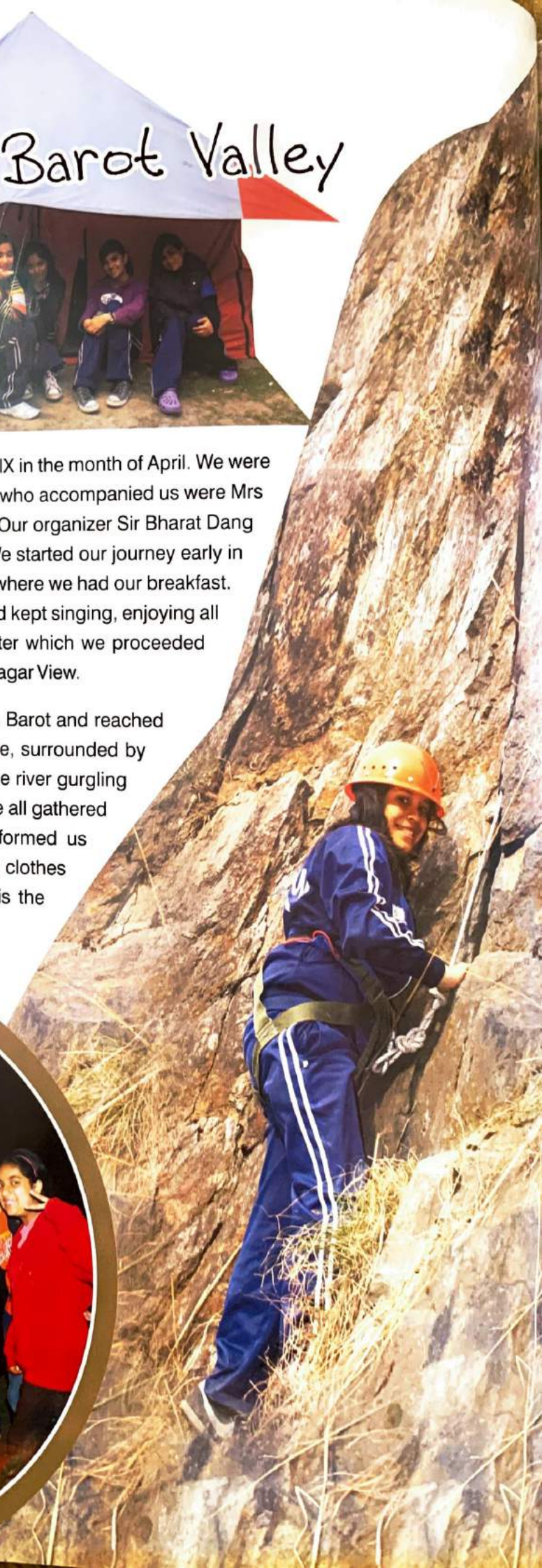
Also one of the very fascinating fact was that while spotting ACTURUS and looking at it, we are looking 36 years in the past because ACTURUS is 36 light years away from earth. All these facts were very captivating and we will always retain them in our minds. We thank Sr. Anita for giving us this opportunity to visit the Planetarium and enhance and increase our knowledge even further.

Trek to Barot Valley 2011



Our school organized trekking for Classes VIII and IX in the month of April. We were all prepared to leave for Barot Valley. The teachers who accompanied us were Mrs Caroline, Ms Shomi, Mrs Reena and Sir Prashant. Our organizer Sir Bharat Dang and guide Sir Shubham Singh also escorted us. We started our journey early in the morning of 7th April and reached Ponta Sahib where we had our breakfast. We were all very excited throughout the journey and kept singing, enjoying all the way. We halted at Nalagarh to have lunch, after which we proceeded towards Bilaspur for an overnight stay at the Hotel Sagar View.

The next morning, after breakfast we moved on to Barot and reached our camp by 2:00 pm which was an exquisite site, surrounded by beautiful lush green mountains on all sides with the river gurgling next to our camp. We were elated!!! After lunch, we all gathered together to play cricket. Our instructors then informed us about the trek that followed. We put on our warm clothes and moved on towards Joginder Singh Dam. It is the oldest dam built by the Britishers.





The scenery there was very impressive and picturesque. We were allowed to do some shopping in the market and we were shocked to see only five shops. We reached our camp to have supper and after that we danced around the bonfire.

The next morning was very blithesome as we were allowed to go to the river side. The river water was pure but chilled and gave our day a good start. After breakfast we went for rappelling which was a heart-stopping experience for all of us. After everyone was done we had our lunch and went for 'Rock Climbing'. It was very tiring as we had to climb a huge rock. Then we enjoyed our hot snacks after which we had a tug of war between the two classes. Class- IX was fortunate to win but Class-VIII also tried their level best. After dinner we danced around the bonfire and went off to our cozy tents as we were so very tired. The next day we went for a long trek to our destination- KHOONI GHAATI, following a long trekking trail. It was so named because many people had died there when a trolley carrying them had slipped.

It was a tiring but an enjoyable experience. We returned to our camp, had lunch and proceeded for 'River-Crossing'. The water was very cold and the current was very high. After that we had our snacks and played the game Treasure Hunt. We were divided in nine teams and the best team won the game. Each player of the team got a chocolate. We danced around the bonfire, had our dinner and went off to sleep. The next day we had our breakfast and started our journey back to school. We stopped for lunch at Bilaspur. We halted at Hotel Le Moriot, in Badi, for the night. In the evening we danced, had a wonderful sumptuous dinner after which we retired to our rooms.



We began our journey back to school. We stopped at Ponta Sahib for lunch. On the way to Dehradun we had lots of fun. The weather became very pleasant as it started raining. We reached Mussoorie and went for shopping. We had a lovely dinner with music in 'Imperial Square' – a perfect end to a fantastic trekking experience and ultimately returned to school.

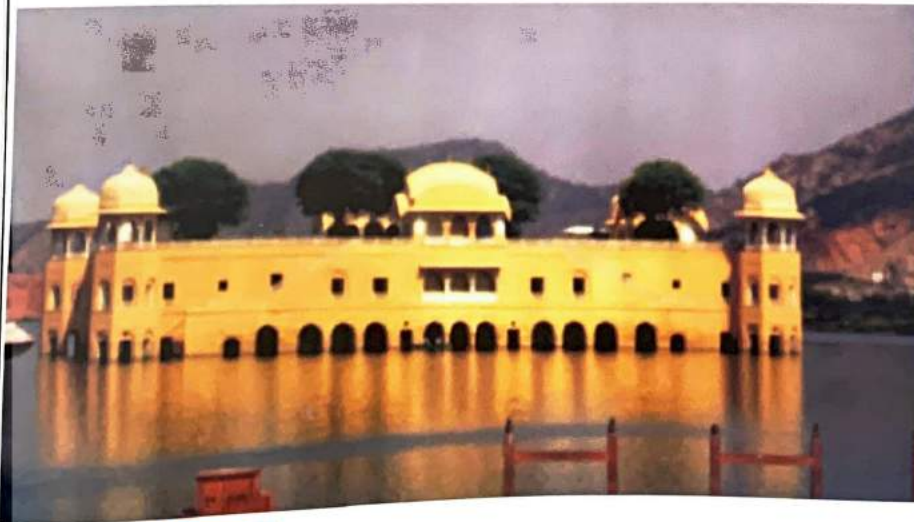
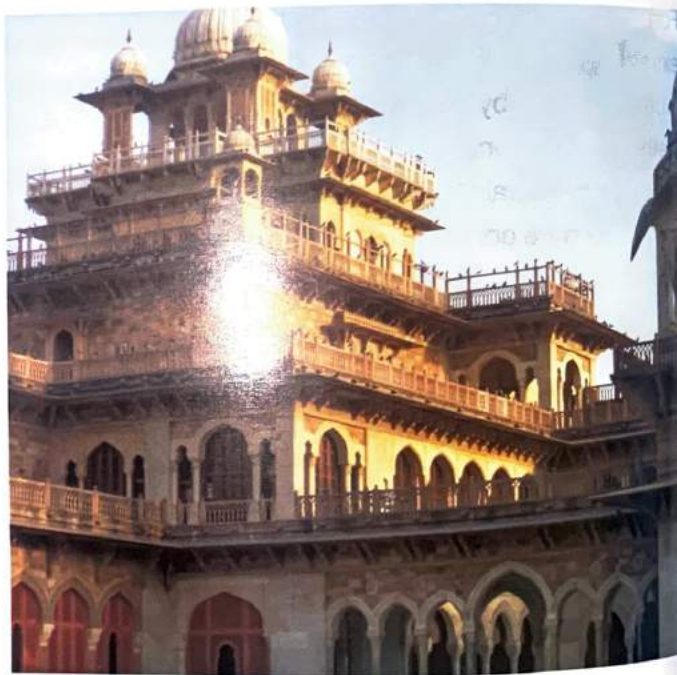
–Shagun Swarup
and
Divanshi Goel
(Class IX)

JOURNEY to RANTHAMBHORE & JAIPUR



Our school organized an educational trip to Ranthambore and Jaipur during the Easter break in April.. Our guides were Mr Chakraborty and Sir Gagan who guided us throughout the tour. The teachers who accompanied us were Ms Sarita, Ms Aruna and Ms Sonia. We started our journey from school to Dehradun station at 1:30 pm. When we reached the station at 4:45 pm we waited for 15 minutes and then we sat in the train to Delhi at 5:00 pm. We reached Delhi at 10:15 am. We got our bus and travelled overnight to Ranthambhore.

We had packed dinner in the bus. We reached Ranthambhore at 2:00 pm. We reached our resort and had our lunch, after which we went for swimming for one hour and then we rested in our rooms for another one hour. After that we went for the Safari. We saw many animals like



different types of birds, spotted deer, sambar deer, crocodile, peacocks, peahen and many more other animals. We also saw the Ranthambhore Fort which was very old and very huge. We returned to our resort, had some snacks and went to dance at the Disco. After that we went for dinner. We went off to sleep after that as we had to get up at 5:00am the next day for the morning Safari. It was a nice and pleasant weather in the morning. We saw many species of trees, plants and animals. We eagerly waited to see a tiger but luck was not on our side.

returned to the Resort and packed our things. We had our lunch and left for Jaipur in the afternoon. We reached Jaipur in the evening and checked into our Hotel. We rested for a little while and then came down for snacks. After snacks we went to Bapu Bazaar, after shopping there we went to the Mall. We shopped in the mall for one hour and after that we went to our hotel, we danced and after that we had our dinner. Next day, in the morning we had our breakfast and went to the paper factory, to see how the paper sheets are made. Then we went to the handmade paper shop and bought many things. After that we went to our hotel and packed our things and came down to have our lunch. We saw many Forts like Amer Fort, Jaisalmer Fort, they were extremely beautiful. We started our journey for Delhi by bus, we reached Delhi at 10:45pm and travelled overnight in the train to Dehradun. In the morning we got into our bus and came back to the school.

We are thankful that our Principal Sr. Anita gave us this opportunity to have a great time. We are also thankful to our teachers and our tour guides. It was a very enjoyable tour.





We teachers wait eagerly for the trip that the school organizes every year end exclusively for us. We are extremely grateful to Sister Anita who ensures that we visit new exotic locations and thoroughly enjoy ourselves. Sister plans everything well ahead and keeps it as a surprise for us! This year it was Udaipur, the White City or the City of Lakes as it is popularly called in Rajasthan that Sister took us to. After completing almost all our work that was left, we packed our bags, ready for the trip. We were to leave from Mussoorie at 3am in the morning on the 1st of December.

Staff Picnic - Exotic Udaipur!!!

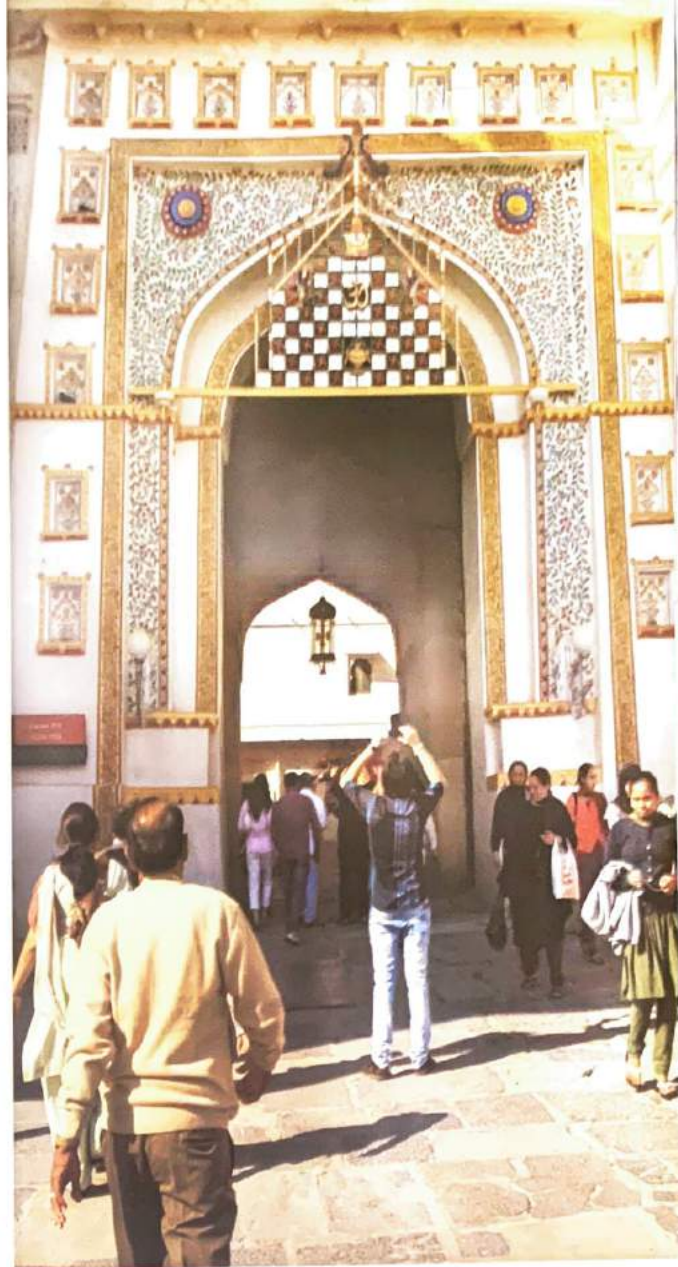


We boarded the Janshatabdi Express from Dehradun at 5:10 am; some were a little drowsy yet excited whereas others were full of energy. We reached Delhi at around 11.30 am and were free to go around Delhi till 6pm as we had to board the train at 6pm to Udaipur. Some went off to visit their relatives and friends whereas others went straight to Nizamuddin station. The Mewar Express left at 7.10 pm



and we settled ourselves for the overnight journey. It was a comfortable one and as all of us were quite tired, we had a good sleep. We reached Udaipur at 7.30 am and checked into Hotel Vishnupriya.

We all quickly got ready and had breakfast, eager to go out. We visited the 'Sahelio ki Badi' a beautifully landscaped garden which the king had made for the queens, their daughters and they came there with their friends. There were lovely fountains, statues and a variety of trees, flowers and greenery all around. Next we visited the Rajasthan Kalamandal Centre where we saw different schools of paintings, engravings, sculptures as well as a puppet show which was very enjoyable. We were amazed at the dexterity of the fingers moving the puppets. We next went to visit Maharana Pratap's Memorial which is situated atop a hill. The view from here of the entire city of Udaipur was amazing. Behind it were the ruins of an old fort and a very ancient temple.



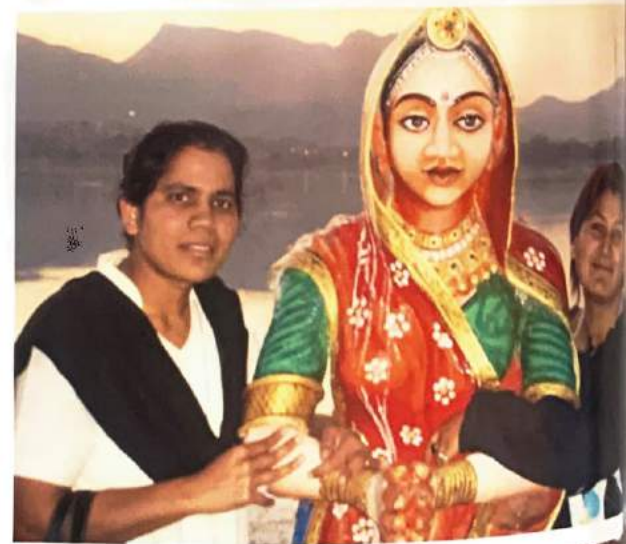
We returned to the hotel for lunch and then we went out in the evening to the City Lake, it is one of the most beautiful lakes of Udaipur which has a lovely garden in the centre. We sailed to the garden and the sunset was unforgettable. The whole sky as well as the lake was lit up in an orange hue. We next went to Hatipole for shopping, the local market and surveyed it. We returned to the hotel at around 8pm. There was a special puppet show organized for us in the dining hall, which was even more amazing and interesting. Some of us bought puppets as well as other items from the person who put up the puppet show, it was followed by a sumptuous dinner. There was also a DJ who was ready with his foot tapping music for us



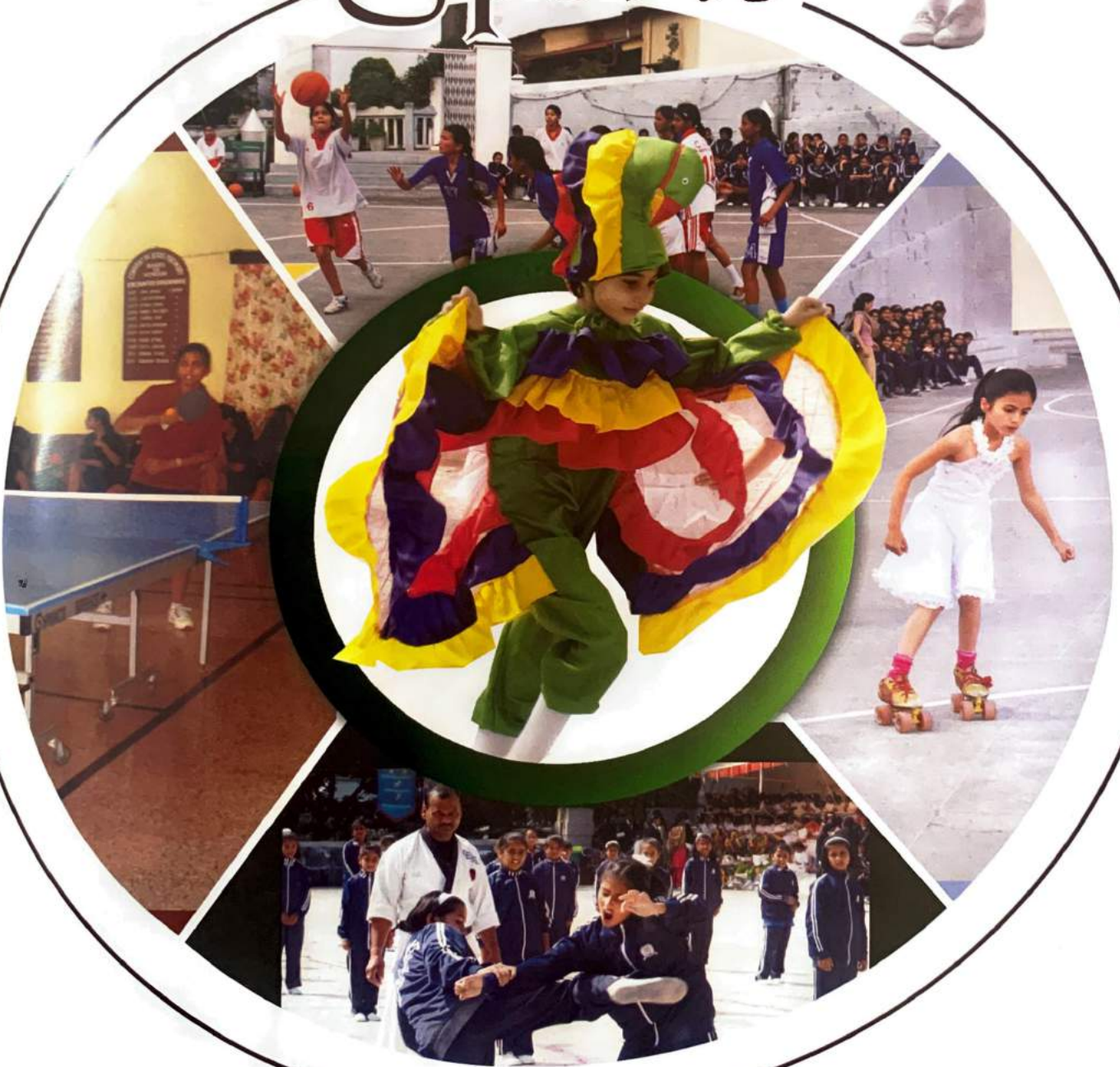
to dance to, which we all did with full vigor and energy till around 11 pm. After wards we hit our beds.

The following day we visited the famous City Palace beside the Fateh Sagar Lake. The Haldighati gallery of Maharana Pratap was mesmerizing it has the original armors of both Maharana Pratap as well as his horse Chetak. The paintings, the architecture of the palace is amazing. It was a long tour, climbing up and down the narrow stairs but we were thrilled. After the palace experience, we returned to the hotel, had lunch and checked out. The Mewar Express was at 6pm in the evening so we again went to the market for shopping. All of us shopped till we dropped and had extra baggage to carry!! We reached the station and boarded the train.

We reached Delhi at around 6.30 am and the connecting train was at around noon, we had a few hours to ourselves and eventually boarded the Dehradun Express and reached Dehradun at around 6.30 pm. Taxis were waiting to take us back to Mussoorie, which we eventually did at around 8.30 pm. We thank Sister Anita for taking us to such an exotic place, it was an unforgettable experience for all of us.



Sports



S p o r t s



Day

The most awaited Annual Sports Day was held on 5th October, 2011. The Chief Guest for the day was honorable DIG Prem Kumar Dhasmana. The programme was inaugurated at 9:30 a.m. First of all the March past was performed by the girls of the four houses, Endurance, Encouragement, Enterprise and Endeavour led by their captains.

This was followed by the Drills performed by classes I and II, Karate by Classes III and IV and the Mass Drill along with Yoga in which the students from classes V to X took part. The March Past trophy was won by Blue House and Green house bagged the Overall Cockhouse trophy.

the Overall Cockhouse trophy.





It was a success due to the active participation of students from different houses in various activities. All the parents appreciated the show put up by the children along with the Art, Craft and the Needlework Exhibition.



PHYSICAL EDUCATION

Learning is a human tendency which may be molded in a desired way. Many things may be learnt naturally with the ability of self learning, but other factors influence the process of learning such as – mental status, psychological preparation, intensity of learning load, adaptation, family background, heredity, environment, socio-economic background, interest and parents attitude.

Education is basically a modification of behavior and in physical education the learning is also for the same purpose but the learning process and procedures are adopted differently. The ultimate aim of physical education is over-all development which is uniformly diversified in the areas like : mental, physical, intellectual, social, psychological, economic, cultural etc.

Through physical education every one learns with the help of physical movements and sports skills, the combination of physical and mental abilities are regulated equally. The systematic subject matter has a key role in providing the correct base of learning. Physical education is one side of the coin, as important as the other side of the coin, it's a passport for all the channels which make our work easy, planned, efficient, enjoyable and what not. As the quotation says "HEALTHY BODY KEEPS HEALTHY MIND"

Physical education is important in every aspect of our day to day life and physical fitness as a base starts with the school environment where we have time and chance to learn physical movements through games and sports, motor-skills exercises, physical training, conditioning exercises etc. In our school special coaches come to train the children for Table-Tennis, Skating, Yoga and Karate. We have indoor games as well as outdoor games like Table-Tennis, Badminton, Carom Board, Chess, Basketball, Track and Field, Recreational games – Cricket, Baseball, Football etc. Our girls excel in Inter-School games in all divisions be it Basketball, Table-Tennis, Badminton, Marathon, Athletics etc. We feel proud to be girls as we are no more less than boys and through physical training we girls are proving ourselves in every department of games and sports.



Prashant Kumar
Physical Instructor

Prashant Kumar
Physical Instructor



Mrs. Sunita Negi
Yoga Teacher



Sangara Singh
Skating Coach



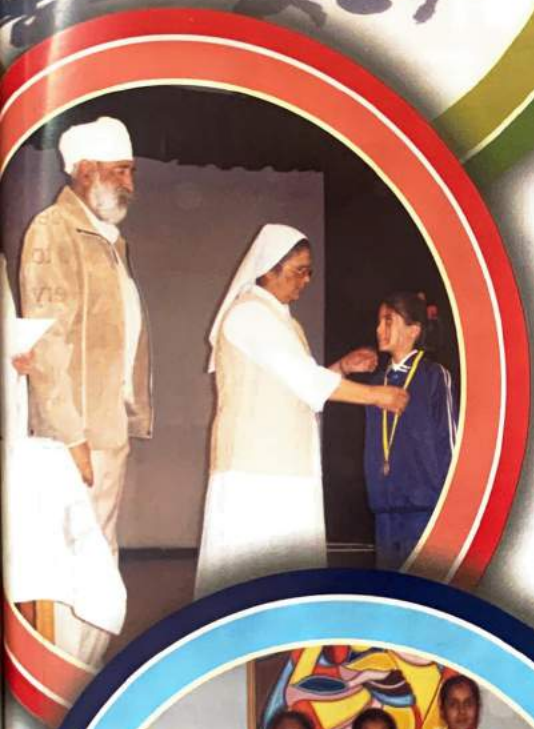
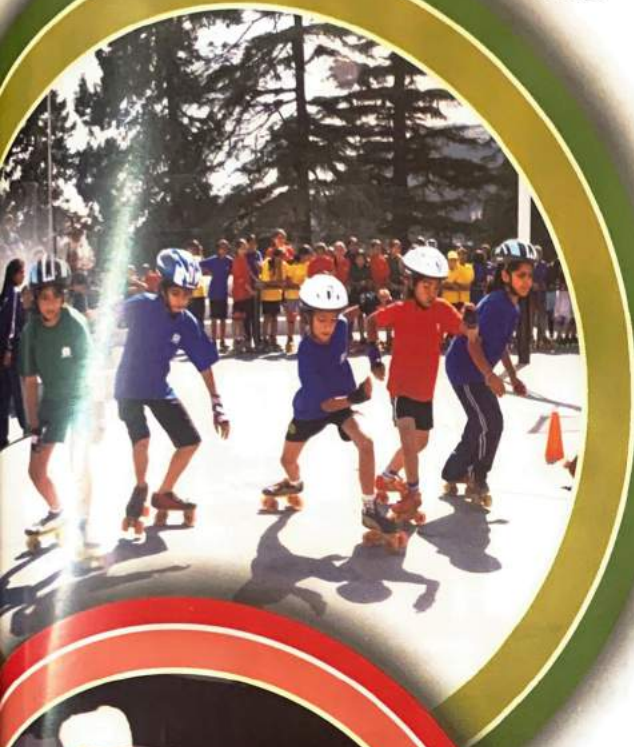
Mahendra Singh
Karate Coach



Narendra Kumar
Table Tennis Coach

Skating

at Waverley



On the 25th September 2011, the Annual Skating Competition was held in the school campus. Sir Sangara Singh, the renowned skating coach of our school organised the whole show.

The girls performed really well and the show was excellent.

Rumana Lal of class VI, Shreya Saluja, Tenzing Dechen and a few others were the stars of the show with their dextrous moves, they balanced themselves really well was interesting to observe the junior school girls right from class I making a commendable effort. We are all proud of our wonderful skaters.



Winners - Red House (Sub Jr. Division)

INTER-HOUSE BASKETBALL TOURNAMENT

Commitment, hard work and sacrifice- are all attributes of a true sportsman. A sport is a field in which a person reflects his true identity. Like every year .2011 also witnessed the Inter -house Basketball Tournament from the 25th of May till the 29th of May. The matches were for three divisions:

- Sub-junior Division
- Junior Division
- Inters Division

The matches were as follows:-

24th May

Greens v/s Reds (Sub-Junior Division)
- the WINNERS (Reds)

Yellows v/s Blues (Sub- junior Division)
- the WINNERS (Blues)

25th May

Greens v/s Blues (Junior Division)
- the WINNERS (Greens)

Reds v/s Yellows (Junior Division)
- the WINNERS (Yellows)

Blues v/s Yellows (Inters Division)
- the WINNERS (Blues)

26th May

Greens v/s Reds (Inters Division)

- the WINNERS (Greens)

Greens v/s Blues (Hard Line Juniors Division)

- the WINNERS (Blues)

27th May

Reds v/s Blues - FINALS (Sub- Juniors Division)

- the WINNERS (Reds)

Reds v/s Yellow (Hard Line Inters Division)

- the WINNERS (Yellow)

Greens v/s Yellows - FINALS (Juniors Division)

- the WINNERS (Green)

Green v/s Blues - FINALS (Inters Division)

- the WINNERS (Blues)

The final matches were the most breath taking and nibiting matches that Waverley has ever witnessed. 'All's well that ends well'.

Finally the competition ended with the winning teams as:
ENTERPRISE (BLUE HOUSE) in Inters Division
ENCOUNTER (GREEN HOUSE) in Juniors Division
ENDEAVUOR (RED HOUSE) in Sub- Juniors Division
All the Waverlites participated whole- heartedly and put great performances in the matches.

Inter School Basketball at Agra

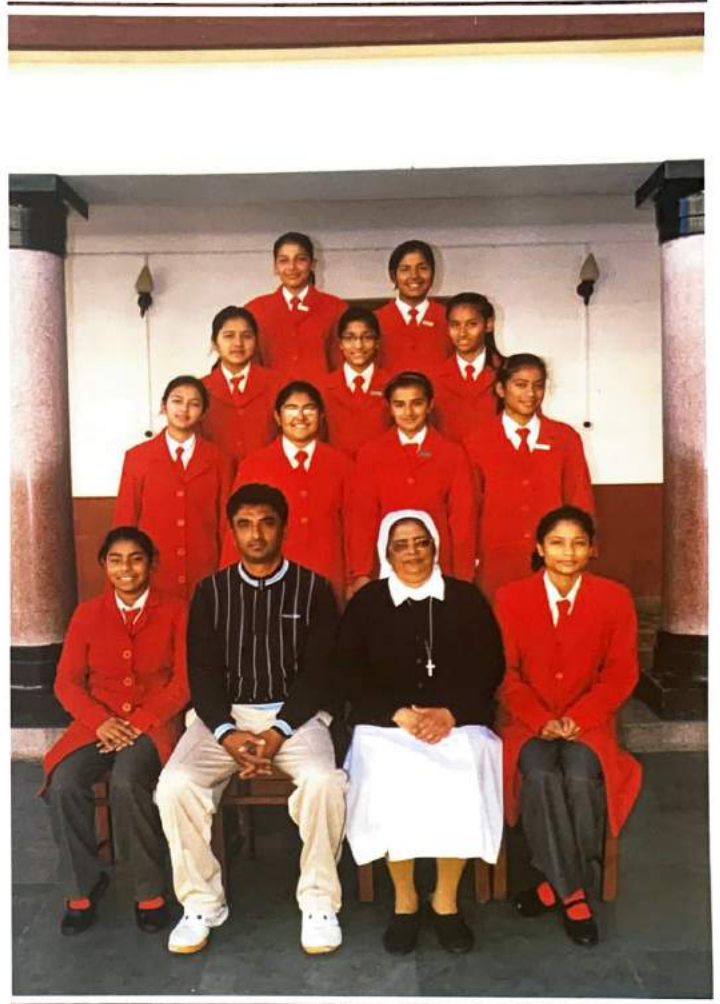
Hard work, commitment and strength are attributes of a keen sports person. After immense hard work and practice, the players took part in the Inter School Basketball Tournament at Agra. The chosen girls representing our school left for Agra on 26th May at 3:00 am in the morning by the school car and reached Dehradun to board the Jan Shatabdi at 5:00 am. The players were given smart new jerseys-black and white with the respective numbers. The captain of the team was Gauri Bhaisora.

We reached New Delhi Railway Station and then travelled by A/C bus till Agra. We were accompanied by Sir Prashant and Mrs. Susan Brown. We also met our former Principal- Sister Antoinette. We slept peacefully and got up feeling fresh in the morning, had our bath and sat for the opening session in St. Anthony's Junior School, Agra. Our team led by Captain Gauri Bhaisora and esteemed coach Sir Prashant waved our school flag. The schools that took part were:

CJM Shimla(Chelsea), CJM Ambala, CJM Delhi, CJM Dehradun, St. Agnes School, St. Patricks High, St. Anthony- 2 teams, CJM Waverley.

On the second day, 28th May, we had our first match with Ambala and with an excellent score- 20 against 5, we won the match. The same day we had our second match with CJM Delhi.

There were four pools in total and each team had four pools except for ours. Our pool had Delhi, Ambala and Waverley. Our match with Delhi was a nailbiting one and the best match in the history of interschool Basketball.



Inter School Basketball Team (Semi Finalists)

We were leading in the entire match and there was a tie at the end with the score 21 each. Then we had a tie-breaker of 45 seconds and Delhi made a basket and we lost.

All the spectators appreciated the game and we engraved our names in the pages of Interschool CJM Basketball. We stayed there for 5 days and returned with certificates.



INTER CJM BASKETBALL TOURNAMENT



This year our school hosted an Inter CJM School Basketball Tournament' on the 22nd of July 2011. Four schools took part in the tournament-

- St. Lawrence High School
- St. Agnes, Dehradun
- CJM , Dehradun
- CJM, Waverley



Runners Up - CJM Waverley, Mussoorie



The matches were extremely thrilling and the students gave their best to be the winner.

The winners were:

- CJM, Dehradun - Winners
- CJM, Waverley - Runners Up

The players of both the teams were awarded certificates and trophies. It was a remarkable event at Waverley..



Winners - CJM, Dehradun

INTER SCHOOL TABLE TENNIS TOURNAMENT

held at St. Georges College



Winners - CJM, Waverley

Our school was invited for the Manorite T.T Tournament held at St. Georges College which was held from the 22nd to 24th July, 2011. On 22nd, the opening ceremony was held along with the competition for the Seniors. The players under 17 years, 15 years and 12 years had their matches on the 23rd July, the last day. We had the mixed doubles in which our school girls played doubles with other schools present there. The other schools which were invited were Saint Mary's School, Meerut, Welham Boys, Dehradun, Mussoorie Girls Inter College, Jaswant Modern School, Dehradun, Guru Nanak School, Mussoorie, Kasiga School, Dehradun, Hampton Court, Wynberg Allen, Mussoorie Modern School and Waverley from Mussoorie.

The results were :

Diksha Agarwal (Class X) and Partner - 1st in Mixed Doubles
Sangita Jaiswal (Class X) and Partner - Runners' Up

The consolation prizes were bagged by:

Pankhuri (Class X)

Anmol Sidhu (Class XI)

Dakshaditya Sonker (Class IX)

It was a very nice experience for all the girls to perform and assess themselves on a larger platform.



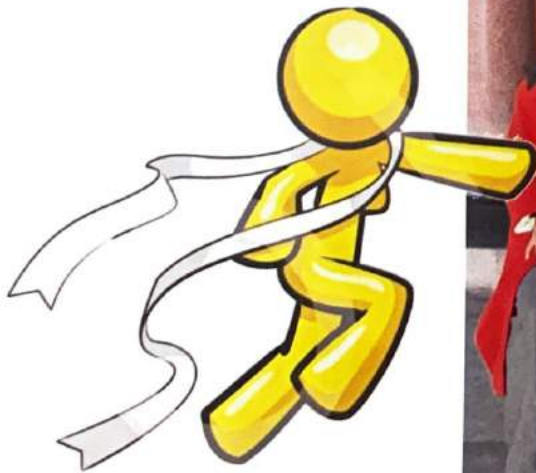
Winners

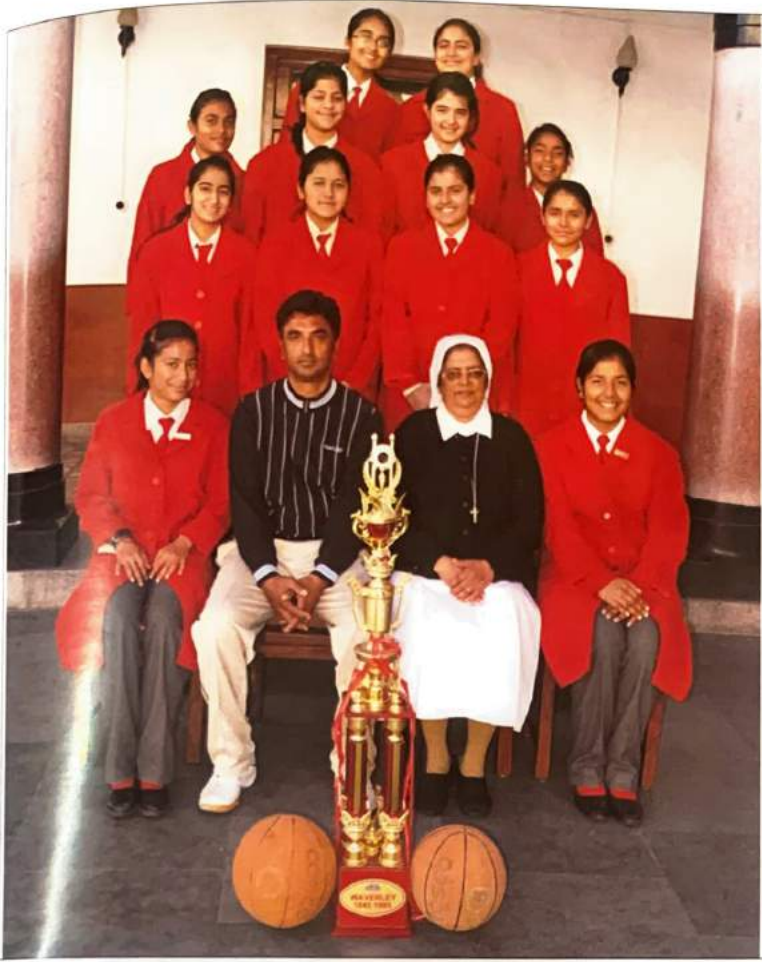


Inter School Athletic Team at Wynberg Allen, Mussoorie

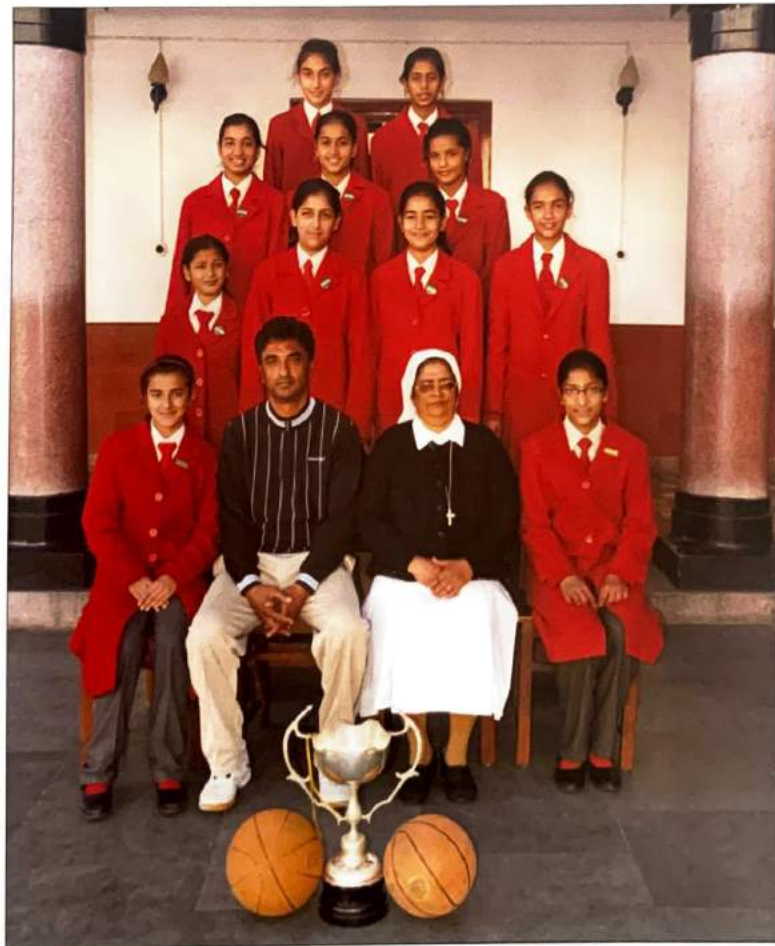


Winners of District Athletic Meet at Dehradun





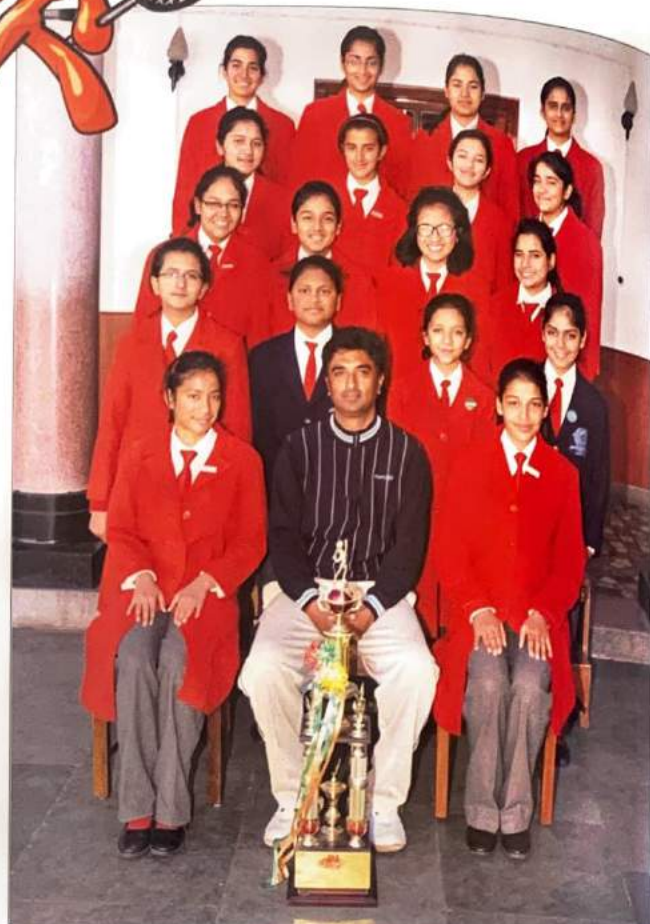
Inter House Basketball (Sr. Division) Winners- Blue House



Inter House Basketball (Jr. Division) Winners - Green House



Inter House Badminton : Winners - Green House & Red House



Inter School Badminton - Winners (Juniors and Intermediate)
Runners up (Sub Junior and Senior Division)



Inter CJM Basketball Team - Runners up

School Album





The School Staff



The Waverley Community



The Adm. Office Staff



The Boarding Staff



The Support Staff



Class I - A with Ms. Sonia Paulina Paul



Class I - B with Mrs. Bhuvaneshwari Godhino



Class II - A with Mrs. Rakhi Rana



Class II - B with Mrs. Caroline Barnabas



Class III with Mrs. Susan Brown



Class IV with Ms. Amita Alvin



Class V with Mrs. Pamposh Panwar



Class VI with Ms. Aruna



Class VII with Sr. Rani



Class VIII with Ms. Shomi Sarkar



Class IX with Mrs. Sarita Panjani



Class X with Sr. Anita (Principal) and Mrs. Reena John



Class XI with Sr. Anita (Principal) and Mrs. Manju Singh

Thoughts of



Pankhuri

Waverley is my second home and I love everything about the school, proud to be a Waverlite!



Chaya Agarwal

Came here as a kid and here is the farewell we now bid! This school rocks to the core.



Diksha Agarwal

I have spent so many years in Waverley and will miss it very much. I thank everyone for everything.



Manvi Agrawal

I am proud to be a Waverlite and will always cherish the moments spent here.



Mishi Agarwal

Waverley has been my second home and I am thankful to all here for everything.



Tanya Agarwal

Waverley has been my second home, the memories of which I will always cherish in my heart.



Ishita Agrawal

It has been 9 years in Waverley, thanks everyone for everything.



Megha Agarwal

10 years have flown by and it is time to leave. Thank you Waverley for everything.



Sonakshi Ahuja

My second home, my Alma Mater Waverley. I love you a lot and am proud to be a Waverlite.



Ifrah Fiza Ansari

A lot of memories of Waverley..... thanks for everything.



Shania Khan

I will miss all the sisters, teachers and friends I have made in Waverley. I have spent a decade here.....I love Waverley!



Jannat Atwal

I love Waverley from the bottom of my heart and am proud to be a Waverlite.

TENNERS



Simran Kaur Bains

The few years spent in Waverley have taught me a lot, I am proud to be a Waverlite.



Shubhangi Bansal

Waverley has taught me innumerable things, I will carry all the memories and values always.



Taniya Bansal

I have spent 10 years in Waverley and it has been a wonderful experience. Thank you Waverley!



Gloria Baruah

The 6 years spent here have been the best years of my life I have gained a lot of things here...I will always cherish these memories in my life.



Shikha Beramolla

A decade here in Waverley, it is my second home.



Aaina Beri

I have spent 10 years here in Waverley and I feel it's the best school in the world! Thank you Waverley for everything.



Gauri Bhaisora

I know I will be successful in life because of all that I have learnt here, the three years I have spent here have been most fruitful.



Suha Bilquis

The 6 years spent here have been most wonderful and I will always carry these superb memories with me and cherish them always.



Ankurita Debnath

10 years in Waverley have been simply awesome, I will miss Waverley a lot.



Rashiqua Feroze

I have spent 7 years in Waverley and it has become my second home. I would like to thank everyone in Waverley for the confidence and the values I have gained here. Every moment spent here will be cherished throughout my life.



Ayushi Goel

The decade I have spent here are the best years of my life, I am obliged to the sisters and teachers here for making me what I am



Mansi Goyal

It has been a great experience studying here for 10 years, I will miss everyone a lot.



Sharvi Goel
I have spent 8 years in this school and am extremely proud to call myself a Waverlite.



Homani Goyal
I have spent 6 years in Waverley, a wonderful experience. I thank everyone.



Anjali Gupta
For 9 years Waverley has been my second home and my sweet paradise. I am proud to be called a Waverlite.



Medha Jain
I realize how difficult it is to leave Waverley, I am extremely grateful to the school for making me what I am today. I will miss everything and everyone here.



Snigdha Jain
I have had great experience in the past 7 years and I thank everyone for their kindness and generosity.



Sangita Jaiswal
Waverley has taught me everything that I need to help me in the future.



Pritha Katesar
I love Waverley and I will never forget the memories of this place throughout my life.



Tejasvita Khanna
I am really grateful to Waverley for what I am today, its been wonderful studying here.



Sukhjot Kaur
10 years and had a great time here in Waverley.



Deepanshi Khanna
I am proud to carry the values I have learnt in Waverley. Thanks to everyone.



Ishita Narang
6 years in Waverley have flown by, I thank Waverley for making me independent and strong to face the world.



Himadri Pawar
I love Waverley! In the 10 years spent here I have learnt a lot, thanks for everything.



Tamanna Raman
I have learnt a lot from this school and am proud to be called a Waverlite.



Veronica Roperia
It has been 10 years here in Waverley and I am thankful to the school for teaching me the basics that I will need for the future. Thanks for making me independent and strong to face the challenges in life.



Anshika Singh
The 4 years spent here have been the best years of my life. I will always love my Alma Mater.



Aditi Prabhu

I have spent 7 beautiful, unforgettable years in this school, it has been an amazing experience. I have learnt a lot here and will always uphold the values that have been instilled in me by the Sisters and Teachers of Waverley.



Shubhaani Singh

I have unforgettable memories of Waverley and will always miss this school.



Tuhina Sinha

Waverley has taught me a lot specially to face hardships with a smile!



Bhawana

I will always cherish the memories of Waverley and proud to be a Waverlite. Waverley is a paradise on earth!



Simran Soneja

Thank you Waverley for making me what I am. I will always be grateful to the school for everything that I have learnt here.



Suhani Taneja

The 7 years spent here have been wonderful, the memories of the school will always be etched in my memory.



Priya Tayal

I am thankful to the school for making me confident to face the world.



Rhea Thakur

10 years and I have learnt so much! Life in Waverley has been a unique experience.



Dhruvee Tyagi

I have spent 4 years in Waverley and I think these have been the best years of my life. I will miss this school a lot.



Mansi Yadav

These 7 years have flown by and I am proud to be called a Waverlite. Thank you everyone for everything that I have learnt here.



Jaspreet Kaur Walla

I have spent 7 years in Waverley, it has been a wonderful journey, I thank Waverley for everything.



Goodbye Somerics !

As I stand here, with no one escorting me ahead, pointing towards the open door. I think of the moments that last no more - SOMERICS you comforted me during my sad times, Aaina I'll always remember your sweet nursery rhymes.

Simran, I can never explain how special you are Sharvi, I'll always remember your craze for cars. Tuhina, your announcement will forever remain the best and Diksha I can never forget the way you sang 'leave out all the rest'.

Bhawana, I'll always remember our 'bachnna ae haseeno' team and Megha, I'll never forget your Bollywood dream and your branded Body-Shop cream.

Dhruvee you truly have a great craze for Ranbir, Ankurita I can never forget the taste of your yummy kheer.

Jannat, you are my forever confused scientist, Sania and Sukhjeet, I'll always remember your humorous dance on twist!

Jaspreet you are forever hungry for soup, day and night coming true in bright light.

Anjali, I'll always remember your screaming and singing the school song, and Rhea, I'll never forget the game you introduced 'ping-pong'.

Simran Bains your mickey mouse smile will forever remain in my mind and SOMERICS, I hope you remember the way we got bullied for our buying.

Tamanna, you are a doctor who herself falls ill and Sangita, I hope you remember our Tavern bill. Snigdha, I hope you get to visit paradise, and Chaya, I'll never forget your squeaking like a mice.

Rashiqua, your 'subhaanalla' was awesome, and Taniya, I'll never forget your excitement for Saj-Dhaj-ke of Mausam.

Homani, the amount you irritated us with your cricket mania, I can never forget, and Aditi, I'll always remember the amount you helped me when we first met.

Deepanshi, I'll always remember the way we sang 'Hey there Delialah' and I can never forget Mannu Joota Bhai Jewellers and all the credit goes to you Soha.

Shubhaani, from next time be more courageous while opening a birthday card, and Shikha and Medha, please don't act like a total retard.

Gauri, I'll always remember your collection of Jun pyo pics, and Ishita Narang, one reason I'll never forget my birthday is because of your slaps and kicks.

Sonakshi, I'll always remember your loitering around and checking out books, and Suhani. I can never forget your making me smile everytime with your not-so-scary looks.

Ayushi, Himadri and Mansi, your sitting during the lunch time and rushing to complete your homework, is something I'll always remember, and SOMERICS for us the worst day of the year 2011 will be 26th November.

Shubhangi, I'll always remember us hogging up maggies in Ambala and Pritha I'll never forget your funny dance on Madhubala.

Ifrah, I'll always remember you singing Kabhi-Kabhi Aditi in Class-VIII and Gloria I can never forget your dressing up from Ally's day to Mini Fete.

Pankhuri, I hope your love for Greenday never dies and Veronica you solved my problems when others just heard them and gave sighs.

Mansi you are better than the original 'bheegi billi' and Mishi I'll always remember your talks all silly.

Tejasvita, I'll always remember the amount of fun we had in Class VI and Taniya you always accompanied me in my P.J's with emotions all mixed.

Hey 'SOMERICS' the amount I am gonna miss you people I can't explain, only thinking about it gives me tons of pain.

Your memories are unforgettable, to forget you is just not possible, thinking about you makes me cry, with the thought of life without you, I'll surely die

**GOODBYE 'SOMERICS'
YOU WILL BE MISSED**

Manvi Agarwal & Anshika Singh
Class - X



Reflections



ALL ALONE



I'm all alone all day long,
Alone everywhere,
Searching for someone I can rely on.
A person who can be trusted,
Someone worth being my sidelong.
Who is sincere not sinister,
Nor greedy neither an imposter.
Any commoner who is impulsive,
Not a meek that needs a mentor.
Someone from a peaceful place unlike miasma,
Who has feelings and can understand mental trauma.
I need a counselor, whom I can count on,
When I need any advice if things go wrong.
A soul which is outlandish and unique,
But has a heart which is not odium.
Not an attendant neither a secretary,
Just a human who can be there for me...

-Khyati Singh (Class IX)

GOD

God you are great,
For the world you have made.
God you are the creator
of moon, man, earth and nature.
The sun gives us light
And makes the day bright
Shower all your blessings on us
And make us feel obliged.



-Vibhuti Upreti , VIII

Best Friend



When it seemed the world was against me,
You stood by me,
You gave me your support and helped me.
When I cried,
You stayed by my side,
Till my tears got dried.
You wiped away my tears,
And got rid of all my fears,
It was nice to know I had a shoulder to cry on.
When I had problems with a foe,
You were the first and only one to know.
I trusted you with my life,
Knowing there will be no strife.
You always pleased me with your talks,
And those lovely long walks,
That we had every day,
Under the sun's bright rays.
Your smile was enough for me to live a day,
In any way.
Your jokes were hilarious,
And each word was precious.
You were always there to lend a hand,
When I actually couldn't stand.
My life was full of regrets before you entered it,
But now my happiness has no limit.
When I was in pain,
You made me happy again.
You strengthened my belief,
When I was in grief.
You were , you are and you will always be
My Best Friend !!!

-Nithida Narang

Do you believe ???



That night I heard a talk, When I was on my night walk.

The talk was about her

She had cancer

She said she wanted to live

But I couldn't provide & give.

The next morning I went to school

From last night my mind wasn't cool.

What the hell !!

I couldn't shout or yell.

My heart cried every moment

My best friend was going

When night came I looked at the moon

And the time came soon.

I couldn't wait more,

I decided to sleep on the shore.

The days passed, the goodbye arrived.

I think I saw a night mare

But I was wrong here.

I saw her face the last

And I remembered my past.

Piercing ears, chatting on net,

All was ended.

Her face was as pretty as before,

But she was no more.

I said goodbye,

And she flew high.

My best friend is no more

DO YOU BELIEVE !!!!??

-Mehak Bhutani, VIII



Life -Its True Meaning

Face your past without regret,

Or you will never cease to fret.

Face your present with confidence,

Every problem has a solution don't get tensed.

Face your future without fear,

That way you won't lose anything you hold dear.

Experience is definitely a hard teacher,

But it prepares you well for your future.

It always takes the test first,

But don't worry you won't burst.

You will definitely learn a lesson from it,

So that never in life will you fall into a pit.

Remember, you are born with an infinite number of talents,

So don't underestimate yourself when you face life's bends.

One of your major tasks is to discover your potentials,

To do so you must be practical as it is very essential.

Have faith in a better state of being,

And always follow your dreams..

Seek a deeper truth to attain your self-realization,

You may not always get what you want,

So limit your expectations,

Good personality will open doors for the clever,

But good character will keep them open forever.

It is not the will to win that matters,

But rather the will to prepare to win which no one will be able to shatter.

Destiny is not a matter of chance but a matter of choice,

It is not a thing to be waited for but a thing to be achieved and then rejoice.

It will be a long journey and you will have to strive,

Well- This is called LIFE!!

-Jannat Atwal , X

School Life

Smile

First day at school in class I,
We cried and said "mom, dad, don't leave us here".
First day in class X, we once again cried and said
"Someric to lose you is my biggest fear".
In class I we couldn't wait to go back then.
From saying the 'hi' and 'Good byes'
To not being able to sleep,
Without saying our goodnights.
From saying "if you don't share with me,
then even I won't share with you",
To sitting in front of our classmates locker all day eating
From god or evil
To I picked it up before 5 seconds.
From quarreling for small things
To giving it easily now
From being classmates
To becoming best buddies
Someric you people are one in a million
Now and will always be!!!

-Sonakshi Ahuja, X

When you smile,
My heart beat stops for a while,
Oh My God!!! Its so fragile
It's a pleasure to see your smile
Because it is always in style.
When you smile,
It feels like a pleasant breeze,
Like violins and piano's are pleased,
All my problems are then released,
Everything seems to be at ease.
Your smile is like a million rainbows,
A gushing river that from your lip flows.
Your smile changes a person from cruel to kind.
One who doesn't notice your smile is totally blind!!!
When you smile,
I just go crazy,
It makes me feel like a happy daisy,
So keep smiling, because when you smile,
You make others smile too.



-Aditi Tiwari, VIII

Mother

You are my sunshine,
You are my rain,
You are the one who understands my pain.
At the time of sorrow and grief,
You are the one who explains me in brief.
When I cry,
You make my tears dry,
You work from morn to dawn,
But you never yawn.
You stay with me always,
And I hope that is forever and
ever...!!!



-Mehak Bhutani, VIII



Do not destroy Nature,
Because it is our future,
This is the gift of God,
So beautiful Oh!! My Lord.
All the trees and flowers,
And the twinkling stars,
The sea and the oceans
They change our notions.

-Vidhuti Upreti VIII

"The Two of Them..."

Sometimes you just don't know about the turn your life is going to take,

And then suddenly everything goes, making you realize that you actually made a mistake.

You do nothing but mourn every morn, and then those two people walk beside you; and tell you that there are still seeds to be sown.

While she takes care of you, he gets you all types of sweets. And tells you that these bitter times will just pass by,

And all you need to do is not to think that you are a twit.

She knows what you like to eat, and makes you the same, while he explains you and tells you, not to be lame.

But deep into the thought you go-

Will you ever be able to put another charming show?

Then she tells you what you did was actually a mistake but not an error,

And it can always be improved so no need of living in terror.

But you are still very upset and end up going in depression.

Then he tells you to calm down as there is still time to start a new mission.

But you are fed up with your life as you can't tolerate anything,

You think that it will never be the same again and you'll never be a king.

Finally you end up locking yourself in your room.

And all you want to do is to hang yourself and die soon.

After that there were tears rolling down your cheeks.

And you didn't dare to come out of your room for almost three weeks.

After that you analyzed everything in your mind.

And what came out was _____.

What did I do out of my life?

And then you thought of having of having a new beginning again.

And decided you won't do anything that will go in vain.

You thought of your parents and decided of living upto their expectations.

And planned about your dreams and started your future preparations.

Finally you ended up landing on a great platform and being a famous personality.

That day you realized one should always dare to face the reality.

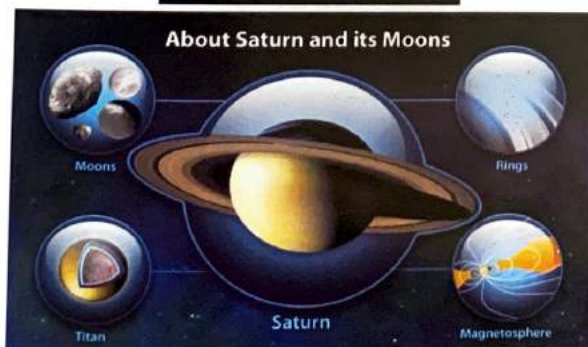
And they were still there, standing by your side.

Looking at your success all they managed to say a single line _____

"Sometimes the world may look to you falling apart, You may even feel that everyone is going a far, But always remember- don't lose the moon while finding the stars"

-Swastika Goel, IX

Science



Science is so diverse,
And against every curse.
Experiments are done;
New scientists come.
Science has given electricity,
Developed town into a city,
Made people wilty.
Jets have been developed

T.V's have been coloured,
Nights have been enlightened,
Sights have been brightened.
Computers have been invented.
Apart from numerous advantages,
Some disadvantages too.
Science promised us truth,
It never promised peace or happiness.

-Navrat Khaniyo, IX

The New Me

I felt the wind across my face,
I felt the coolness of the sea.
I heard the silence shouting at me,
Calling me a murderer for killing myself.
I wish I would have heard it before,
Before I killed myself and built a new me.
The new me for the world's sake.
The silence shouting at me,
The voice echoing in my hollow body.
Was the world worth listening to?
Was the world worth taking decisions on my part?
No,
No they were not.
No one had the right to?
But what shall I do now?
When I have lost everything I own.
But I won't give up,
And kneel in front of the world's sarcastic smile.
I will build up a new me and then walk rest of the mile.

-Simran Kaur (Class VIII)



A four letter word,
That begins within someone
And ends without anyone
That moves like a cycle,
With so many wheels,
With some reality and countless dreams,
With different people, a million and a few
But true friends, only one or two.
To some it is love,
To some independence,
To some fun
And others excellence
Whatever it maybe just be yourself,
Don't get lost and become someone else.
Be prepared for the highs and the lows,
For the cons and the pros
Because there is no guarantee that life is easy.
No one knows what happens after life,
So don't think about it and waste your time,
Live life with full soul and heart,
For it is we who make it easy or hard.

-Shikha Beramolla (Class X)

Friends

You were my friend and I was glad to have you,
Our friendship seemed too good to be true.

From the moment i met you
I thought you were my best friend
And our friendship would
Never ever end!!

It was perfect I thought
Nothing could go wrong
You were my strength
And you kept me strong!!

But then slowly and gradually
You drifted away



I began to see less of you
Each day.

When we were together
We always had fun
Though we were two but
Our souls were one.....
But now things have changed
It seems our friendship
Has failed,
And now all it seems
Like a fairytale!!!!!!

Simran Bains, Class X

The Trail



Leave the trail of Happiness,
 As you go along,
 Make a bit of sunshine
 As you pass,
 Try to leave upon the air,
 The echo of your song,
 Sowing seeds of friendship In the grass.
 Try to leave each place
 A little brighter when you go,
 Many times you'll falter
 And you'll fail,
 But who can tell what lovely things,
 Will take roots and will grow,
 From the seeds you plant
 Along the trail.

-Vibhuti Upreti, VIII

LIFE

Live it, love it
 Seek inside it
 But don't hide it
 Happy days, sad days
 All are the part of a play
 Don't miss it
 Just kiss it
 The chance is one
 So dance with the one whom you love.
 Sing a song, when it is dawn,
 Just because you love your lawn
 Always enjoy the present
 Live your life like a legend
 But sometimes be a Devil
 And become evil.
 life is mischievous
 You don't know that
 We have to say bye
 So never cry
 Face circumstances like a rock
 Be mighty and strong
 Love the world and love everyone
 Who were with you all along.

-Vaishali Dimri, VIII

Osama Bin Laden



His other name was terror,
 He was a demon,
 Born from hell
 Fear rushed through the minds
 of the people on hearing his name.
 He was hated by the Americans,
 Chased by the FBI.
 9/11 a day to remember.
 The world Trade Center crashing down into ashes.
 He was responsible for all that.
 Years in his hide-out,

Chased by two American Presidents,
 Bush did not succeed,
But 2010 is the year his stars didn't seem to be at the right
 place,
 As the Lord and Obama planned his death.
 1 a.m on the 2nd of May,
 Was the day the Lord called him,
 And Obama sent him to the Lord.
 Though he is in hell,
 But his sins will remain in the minds of the people.

- Nalinee Srimokra, IX

True Friends...

People were jealous of us,
But we didn't bother so much.
They even tried to break our friendship,
People went against us,
When they saw you speaking to me.
I always felt they were insane,
But realized you were going through pain.
Whenever you were away from my sight.
I felt like coming and hugging you that day,
The day you cried and went away,
Ehen you were going through the pain.
I was crying again and again,
But the day you came and hugged me,
That day was the happiest one for me.



-Mahima Pahwa, IX

Some Friends



Some friends give,
Some friends take,
But all the friends that I have
Are extremely good,
Some are old,
Some are new,
Who come and go
But friendship is one gift
That I would not out grow.

Vibhuti Upreti, VIII

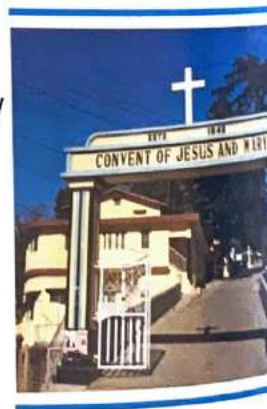
Past

When I was crying you consoled me,
When I was in trouble you helped me,
When I was depressed you cheered me,
When I was in pain you supported me,
When I was lonely you supported me.
But now I don't know what happened to us,
You and I are separated forever,
No apologies, no "take cares" and no "byes"
Just a turn back we took.
The past was as pretty as flowers,
The present is just as ugly as ghost,
And the future will be full of thorns.
I don't know whether it's my nightmare,
But I know you and I and our souls are alone.
I don't cry thinking that you are not with me,
I feel happy that the decision was correct.
The past I yet remember.

-Mehak Bhutani, VIII

WAVERLEY, I'LL ALWAYS CHERISH MEMORIES OF YOU

Waverley, the only one, the only star.
The one in my mind, always there
How well I know, I'm gonna miss you so.
No matter where I go ,no matter what I do
Deep down in my heart, I'll always remember you.
Those ten years with you,
Every bit of it will I cherish
Because when this year passes by
And when I have to step out of
Waverley
Each memory, grace and beauty
And each step I take towards my
goal, will draw me back to you!
How will I forget you?
As, in my heart, I feel
Being a student here, was a great deal
And made me proud of my existence on earth.



-Tuhina Sinha, X

Weird Ways: Exam Anxiety



Sportsmen are known for their superstitions. There are stories about cricketers who set a particular foot on the ground first or while going to bat, put a particular pad on, first. Some footballers don't shave off their beards.

Many students follow suit and are pretty fussy about certain things when exams are around the corner. For some, books become best friends at the eleventh hour. For some, Lady Luck plays an important role in their preparations. Just before the examination, students are seen praying hard (some surge of faith) and some have been overheard saying "Please God, Let me pass this one, I promise I'll study harder the next time!".

But what if these prayers are not answered? Who would want to take the chance? Lucky Charms, lucky pens, and lucky bracelets- they all become vital! Zarisha, a girl I know, attribute all her luck to a key ring, "I always do well when I have it. I don't leave for an exam without it". There have been cases about some students who possess lucky T-shirts and wear them every day during exams. Some students have their own superstitions, rituals that no actual basis, but seem imperative for them to succeed in their exams. From writing the paper in black ink alone, to coming five minutes late for every exam, these rituals may seem bizarre to us, but they seem to bolster the confidence of those students. As long as they are harmless and work for the students concerned, I guess they are all okay.

-Mishi Agarwal, (Class X)

Two Men in My Life

When I opened my eyes, I saw 'him'. He was there standing by my side...

I looked around for my mother,
But couldn't find her anywhere,
Soon I realized she was nowhere.

Whenever I needed someone, only 'He' was there, to take me to parties and carry me to all those night fairs.

I loved 'Him' more than anyone
And appreciated even 'His' burnt toast.

But then I found someone...

Someone I feel for, someone I loved
Now it was my turn to take my decision.

And I found myself totally lost.

Then, finally, one day I made my mind,
I went to him and sat by 'His' side.

'He' was old and pale,

With wrinkles on 'His' face and 'His' hair all grey.

That day I realized that he'll soon leave me
And go away.

And then found myself bound to choose my way.

'He' was holding my same little finger,

'He' held when I was alone.

And all I could do was just mourn.

I was left there with nothing,

For 'He' was for me everything.

And then I realized 'Him' loosening 'His' hold for a moment,
I froze.

I touched 'Him' again and found 'Him' cold.

My eyes were down,

Then 'He' came and sat next to me.

'He' held the same finger, once my father held for me.

I could do nothing but just cry,

And hide my face in 'His' chest.

That was the first time I realized what 'both of them' meant
yo me,

'He' helped me, to cover up and move ahead with my life,

To forget whatever happened,

And have a new beginning,

And a new life time.

-Swastika Goel (Class IX)

Who will save India from its own countrymen: Citizens or Leaders ???

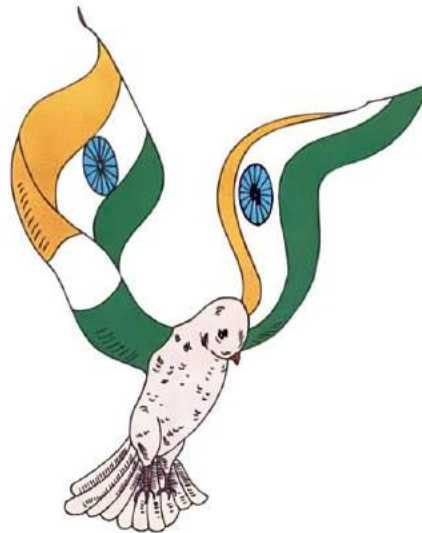
Lord Bevin had once told Gandhiji, 'Eighteen languages, 30 religions, 300 million individuals, an infinity of castes, a population that is practically illiterate and half of which are beggars and thieves... good Luck, Sir! Such a nation is ungovernable!' Gandhiji modestly replied, 'India has eternity before her!'

It's a real pity that India which was held up in such a high esteem is now harshly struck with the question, 'Who will save India from its own people: Citizens or Leaders?' the irony of fate is that the same question was posed to India before 1947 but with a minor alternation as to 'Who will save India from the Britishers?' What a shame! We have forgotten the sacrifices and untold miseries of our ancestors to restore our motherland from the clutches of the British so that we could live in peace and harmony. Alas! What did they know that they were sacrificing their happiness for us to see our countrymen as rogues and rascals. The situation in India is so grave that citizens look up with the hope at the leaders but leaders are too busy in their own selfish motives.

I reckon that we cannot always put the leaders in the docks. Should not we, as citizens of India shoulder some responsibilities whilst our contribution is totally zero. When it comes to raising of social issues like atrocities towards women, girl child, child labour, etc. we can give long speeches about their welfare but continue to do the reverse at home. Are we really deserving the powers entrusted upon us as citizens? Do we ever think of what we can do for our nation than thinking about what the leaders are doing?

In fact, we must hold ourselves more responsible for the mess, our country is in today.

No matter how much India progresses technologically or economically, still deep inside the heart of every Indian as well as outsiders, India remains a corrupt, socially backward and poverty stricken nation. That is why movies like 'Slum dog Millionaire' are based on Indians and we Indians feel proud to win Oscars only when our weakness is displayed to the outside world through a movie.



India is known as the largest Democracy in the world. 'Democracy' is the buzz word of our political system. But is it really so? Equal efforts by both citizens and leaders are required to save the country. The most influential initiative would be to search for light in our souls which is

becoming dim day by day. Maybe, we shall then be able to pay tribute to the creator of our national anthem, Rabindranath Tagore, who dreamt his India to be like this:

Where the mind is without fear,

And the head is held high

Where words come out from the depth of truth.....

Ever-widening thought and action. Into that heaven of freedom, My Father let my country awake.

-Divya Thalwal, (Class VIII)

Fade Away

I still miss you,
But not like I did before,
The intense aching I felt,
Isn't there anymore.
I still whisper your name,
Not as often as I used to,
Now maybe once,
Before the day is gone.
I still hear your voice
Going on in my mind,
But it is fading now,
And then I will find silence.
I still think about you,

And wonder how you are,
But my feelings have changed,
And they don't go so far.
I still feel for you sometimes,
Maybe you are thinking of me,
Or maybe its my dream,
Of how it actually used to be.
I am still fond of you,
But it is not as strong
Because I am now letting you go,
So that we can both move on.
I still hear you say,
No one will love me like you do,

That is so hard to believe now,
After the hurt you put to me.
You still have a piece of my heart,
Because I always feel you here,
Now I am hoping and praying,
That too will quickly disappear.
This will be my last goodbye,
I have nothing else to say,
Everything I felt for you,
Can now just fade away.....

- Dakshaditya Sonker
(Class IX)

संपादकीय टिप्पणी



सरिता पंजानी

सम्माननीय अभिभावक गण तथा अतिप्रिय छात्रवृन्द, सुप्रतिष्ठित तथा गौरवपूर्ण शिक्षण संस्थान की उपलब्धियों, सफल प्रयासां तथा प्रगतिपूर्ण सफलताओं से लैश विद्यालय की वार्षिक पत्रिका को आपके कर कमलों में समर्पित करते हुए अत्यंत ही हर्षानुभूति हो रही है।

विभिन्न क्रियाकलापों तथा कार्यक्रमों से परिपूर्ण यह वर्ष चतुर्दिक सफलता का साक्षी रहा है। हमारी प्रवीण छात्राओं ने हर क्षेत्र में सफलता के झण्डे गाड़े हैं, चाहे वह बोर्ड परीक्षा का परिणाम हो या खेल प्रतियोगिता या सांस्कृतिक प्रतियोगिता हो या चाहे सामान्य ज्ञान की परीक्षा हो, सूची अत्यधिक लम्बी है। संक्षिप्त रूप में चाहे वह प्रतियोगिता विद्यालयी रही हो या अन्तर्विद्यालयी, सफलता ने हमेशा ही हमारी छात्राओं के कदम चूमे हैं।

पत्रिका का हिन्दी अनुभाग छात्राओं की कृतियों द्वारा सुसज्जित है जिसमें उनकी रचना कौशल, परिमार्जित सोच, रुचि तथा उत्साह की झलक

स्पष्ट दिखाई पड़ती है। पत्रिका के रूपायन में आदरणीय सिस्टर अनीता, शिक्षकवृन्द तथा छात्राओं के सम्पादकीय विभाग का अतुलनीय योगदान रहा है। त्रुटियाँ अवश्यम्भावी है, इसे नकारा नहीं जा सकता। 'नो वन इज परफेक्ट' इस बात से कोई भी अपरिचित नहीं है और फिर ये तो हमारी अल्पवयसी बालिकाओं द्वारा किया गया प्रयास है जिनमें अभी की काफी कमी है।

अतः मेरा पाठकों से यही अनुरोध है कि वे गलतियों को नजर अन्दाज करें तथा छात्राओं के प्रयास की सराहना करें। हम आपके विद्वत सलाह के भी आकांक्षी हैं; उम्मीद है आप हमें निराश नहीं करेंगे -



सरिता पंजानी
वरिष्ठ हिन्दी अध्यापिका

हम किसी से कम नहीं

पहले पढ़े-लिखे लोग नौकरी करते थे।

फिर मजदूरी करने लगे

और आजकल भीख मॉंगते हैं

यह हमारे लिए शर्म की नहीं

गर्व की बात है

अब हम सारी दुनिया को सिखा सकते हैं, दिखा सकते हैं

कि आओ और देखो हमारी शिक्षा-नीति कितनी सफल हैं

और कितनी अप-टु-डेट हैं

की हमारे देश में तो

भिखारी तक ग्रेजुएट है।

आकांक्षा भाटिया, कक्षा IX

हम-तुम अनशन-अनशन खेले

आओ हम-तुम भी अनशन-अनशन खेले,
दो-चार दिन सही, भूख और प्यास झेलें।
मुद्दा, भ्रष्टाचार खत्म हुआ,
लेकिन क्या वह सचमुच खत्म हुआ?
इस दानव ने तो पिया है अमृत,
यह करेगा हमें परेशान नित।
किन्तु और भी है मुद्दे
जैसे कमरतोड़ महँगाई,
अमीर-गरीब के बीच निरंतर बढ़ती खाई।
समर्थन में लोग जुट जाएँगे।
जुड़ते ही चले जाएँगे।
खबरों के लिए तरसते चैनल,
भूखों की तरह भाग आएँगे।
हमें भी तीसरे-चौथे गाँधी।
आदि उपाधियों से सजाएँगे।
लक्ष्य बस एक ही है,
तमाम बुराइयों को जड़ से मिटाएँगे।

दिव्या थलवाल
कक्षा - VIII



बिन्नी मेरे साले की सिस्टर हैं।

आभूषण ट्रांजिस्टर है।

उसका दिल थर्मस है

मेरा रेफरीजिरेटर है।

नजर सर्चलाइट है

तबियत टिफिन कैरियर है, अधखुला वक्ष है,

हाथ मे अधखुला स्वेटर है।

चितवन, डुप्लीकेटर है

मेरा हृदय,

उसकी अदाओं का थियेटर है।

अगर वह बेटर हाफ है, तो फारबैटर है

यों न मैसेज है, न लव लैटर है।

दूध में लीटर है, कपड़े में मीटर है

कैसे कहूँ वह मुझें चाहती है?

मुहब्बत का कोई मीटर है?

अकेली चलती है, स्कूटर टू सीटर है।

साड़ी, स्नोहवाइट है, सौन्दर्य कापीराइट है

जबानी एयरटाइट है

उसकी एक झलक के लिए

कितनी लेफटराइट है।

पलख कक्कड़

हम उजाला जगमगाना चाहते हैं

हम उजाला जगमगाना चाहते हैं,
अब अंधेरे को मिटाना चाहते हैं।

हम सभी दिलों को जगाना चाहते हैं,
गिरे सिरों को उठाना चाहते हैं।

हम सबको समान बनाना चाहते हैं।
अब बराबर पर बिठाना चाहते हैं।

हम उन्हें धरती दिलाना चाहते हैं।
जो वहाँ से हीरे निकालना चाहते हैं।

दिव्या थलवाल, कक्षा - VIII

मसूरी का मौसम

मेरा शहर मसूरी
है पहाड़ों की रानी
जाड़ों में यहाँ दिखती है
चारों ओर बर्फ सुहानी



गर्मियों की मत पूछो बात
ठंडी हवा चलती दिन-रात

वर्षा में बिजली कड़कती पानी बरसता जोर से।

जैसे किसी ने खोल दिये
बहुत से नल आसमान से।

मुस्कान रावत, कक्षा - VIII

दुनिया

यह दुनिया गोल है
इसमें छिपे राज उनमोल हैं
जो आया इसमें वह निखर गया
दुनिया के प्यार में बिखर गया।



इस धरती के है रूप अनेक
कही धूप कही छाँव है अनुपम
नीले आसमान में सूरज चाँद
ओर चमकत है तारे अनेक

पशु पक्षी बसते है
इसमें अनेक तितलियाँ भौरो व फूल है अनेक
इस सुन्दर धरती पर भगवान ने बनाया हमें।
पर हम ही इस धरती का नाश कर रहे है।

आने वाली पीढ़ी को क्या मिलेगा ?
सूखी धरती व सूखी नदियाँ होगी।
अभी भी समय है जागो तुम जागो
अपनी इस प्यारी धरती को बचाओ।

मुस्कान रावत, कक्षा - VIII

परीक्षा



जैसे जैसे परीक्षा पास आती हैं
वैसे वैसे बीमारिया शुरू हो जाती है।

किताब खोलो तो ऐसा लगता है,
अक्षर उल्टे लिखे हुए हैं।
दिमाग तो काम करता नहीं हैं
लेकिन किताब लेकर पड़े हुए हैं।

अब पता चलता है हमें,
वो मास्टरनी की डॉट का अर्थ
जब ध्यान नहीं दिया कक्षा में
तो अब पढ़ने में हैं हम असमर्थ

लेकिन अब पछताने से क्या होगा।
जब दौत चबाते रहते थे हम।
कक्षा में मक्खियों के अलावा,
मच्छरों की जान भी ले लेते थे हम।

अब कागज के टुकड़ न छिपा पाएंगे,
हाथों में उत्तर न लिखा पाएंगे
परीक्षा में जान न बचा पायेंगे,
बस पछताते ही रह जायेंगे।

कनिका नौटियाल, कक्षा - VIII

चुटकुले

पिताजी : बेटा जा पान लेकर आ।

बेटा : पिता जी जापान तो
इतना बड़ा देश है
उसे उठाकर कैसे लाऊँगा।

एक मूर्ख : यह क्या कर रह हो?

दूसरा मूर्ख : फाँसी लगा रहा हूँ।

पहेला : तो रस्सी कमर में क्यू बांध रखी है?

दूसरा : गले में बांधने से घुटन होती है।



स्वाजंल कोठारी, कक्षा - V

संघर्ष

मत समझो कि
संघर्ष के बिना
जीवन पूरा है,
बल्कि यह
समझो कि

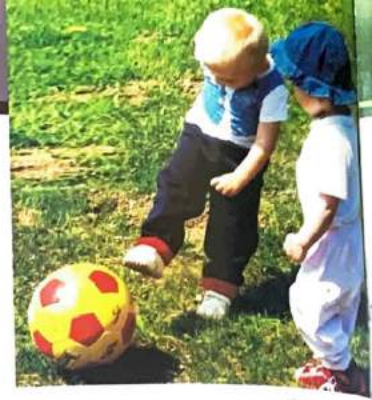


संघर्ष के बिना
जीवन अधूरा है।
संघर्ष जीवन की लगाम है,
संघर्ष करना ही जीवन की शान है।
संघर्ष जीवन का दर्पण है,
संघर्ष को मेरा सारा जीवन अर्पण है।
संघर्ष से सफलता हासिल होती है,
संघर्ष न करने वाली को जीवन रूपी नैया डुबाती है।
संघर्ष करना जीवन का असली दान है।
संघर्ष करना ही जीवन में मधुर पान है।
संघर्ष से जीवन में आती है बहार,
इसलिए तुम संघर्ष से करो यारो प्यार।
संघर्ष से हर एक आगे बढ़ता है,
संघर्ष से हर कोई नई सीढ़ी चढ़ता है।
संघर्ष करना यारो, नही तो पछताओगे,
उम्र भर जिन्दगी में धक्के खाओगे।

स्निग्धा जैन, कक्षा - X

ये दोस्ती

कोई दोस्त ऐसा बनाया जाए,
जिसके आँसुओं को
पलकों में छुपाया जाए,
कि अगर वह उदास रहे तो,
हमसे भी न मुस्कुराया जाए।



अपने अपनी आँखों में नूर छिपा रखा है,
होश वाले को दीवाना बना रखा है,
नाज कैसे न करूँ आपकी दोस्ती पर,
मुझ जैसे नाचीज को भी खास बना रखा है।

फूल सूख जाते हैं एक वक्त के बाद,
लोग बदल जाते हैं एक वक्त के बाद,
अपनी दोस्ती भी टूटेगी एक वक्त के बाद,
लेकिन वो वक्त आयेगा मेरी मोत के बाद।

तुझे देखे बिना तेरी तस्वीर बना सकती हूँ।
तुझसे मिले बिना तेरा हाल बता सकती हूँ।
है मेरी दोस्ती में इतना दम
तेरी आँख का आसू अपनी आँख से गिरा सकती हूँ।

दोस्ती इन्सान की जरूरत है,
दिल ये दोस्ती की हुकूमत है,
जिंदा है आपकी दोस्ती की वजह से,
वरना ये जिंदगी ही नहीं होती।

अज्ञात



बीती यादें

बीती यादों का काफिला
अजब सी बातें अजब सी यादें।
आँखों में समाई, एक धुंधली सी परछाई,
कभी बहार तो कभी बारिश ले आई।

वे भी दिन थे,
जब हर दिन का एक नया अर्थ था।
जब हर पल बहुत कीमती था,
जब मेरी माँ.....तुम मेरे साथ थी।

तुम वह थी जिसने मुझे जीना सिखाया
जिसने हर लम्हें को मुठठी में कैद करना सिखाया
जिसने मेरी कल्पना को खुले आसमान में उड़ना सिखाया,
और प्रेरणा दी पर्वतों के शिखरों को छूने की।
अगर आज तुम यहाँ मेरे पास होती,
तो मुझ पर अपने खुले विचारों का असर देखती।
आज जब इस देश में मुझे हर व्यक्ति पहचानता है।
और हर व्यक्ति मुझे तुम्हारे नाम से जानता है।

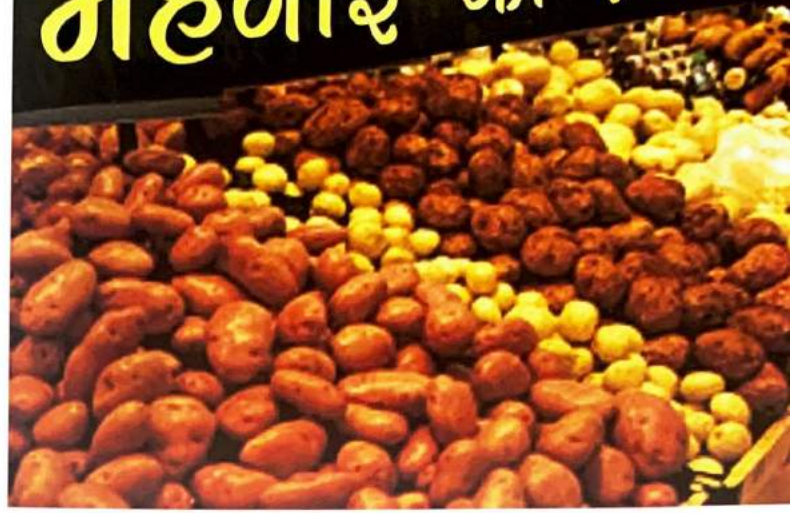
इसलिए कहती हूँ, मेरी प्यारी माँ.....
बीती यादों का काफिला,
अजब सी बातें अजब सी यादें
आँखों में समाई, एक धुंधली सी परछाई
कभी बहार तो कभी बारिश ले आई

आयुषी गोयल, कक्षा - X

हमें हमेशा यह याद रखना चाहिए कि हम सब की कोई न कोई कमजोरी होती है। एक छोटे बच्चे को ही ले लीजिए। जिसे पढ़ना पसंद नहीं है। परन्तु वह अन्य प्रतियोगिताओं जैसे पेन्टिंग, कविता लेखन इत्यादि में प्रथम आता है। ऐसे बच्चे को अपना रास्ता पहचानने की जरूरत है। वह अपनी पूरी पढ़ाई-लिखाई मन लगा कर करे तथा अपनी अन्य रुचि की चीजों पर भी ध्यान लगाए। इस दुनिया में कोई डॉक्टर है, इंजीनियर, आर्टिस्ट, गायक, लेखक है। इन सभी लोगों ने अपनी रुचि की चीजों पर ध्यान लगाकर अपने जीवन को सुखद बनाया। जो नहीं होता है उसे करने की कोशिश करें तथा अपने गुणों को पहचाने, आप अपने जीवन में सफल अवश्य होंगे।

वैशाली डिमरी, कक्षा - VIII

महंगाई की समस्या



अन्ना हजारे का संघर्ष



अन्ना हजारे का संघर्ष पैसंट साल बाद एक बार फिर हमारा देश जागरूक हुआ है, आजादी पाना इस बार, ये आजादी अंग्रेजों के खिलाफ नहीं है, पर है आजादी भ्रष्टाचार और भ्रष्टाफसरों से पाने की। इसके लिए 74 वर्षीय अन्ना हजारे ने घोर परिश्रम किया, "जन लोकपाल बिल" सरकार से लागू करवाने के लिए, वे दो बार अनशन पर भी बैठे पहले अप्रैल में लोगो ने उनका समर्थन किया और उनका साथ दिया पर जब सरकार ने बिल पास करने से इनकार कर दिया, तो एक बार फिर 16 अगस्त को वे अपने अनुयायियों उनकी साथी किरन बेदी, अरविंद केजरीवाल, प्रशांत भूषण और लाखों देशवासियों के साथ दिल्ली के रामलीला मैदान में अनशन पर बैठे। वे 9 दिन तक भूखे-प्यासे रहे, क्योंकि वह चाहते थे, कि हमारा देश भ्रष्टाचार और भ्रष्टाफसरों से मुक्त हो जाए।

पहले तो सरकार बिल पास करने के लिए मान गई, लेकिन जब अन्ना हजारे का अनशन खत्म हुआ तो, सरकार ने बिल पास करने से इंकार कर दिया।

अन्ना हजारे ने बार-बार प्रयत्न किया बिल पास करवाने के लिए पर सरकार ने उनकी आवाज को दबा दिया।

रूद्राणी सिंह, कक्षा - VIII

दिन पर दिन बढ़ती महँगाई से, दूभर हो गया जीना। दो वक्त की रोटी जुटाने को, दिन भर बहता है पसीना।

वर्तमान समय में हमारे देश के सभी लोग दिनों दिन बढ़ती महँगाई से बहुत परेशान है। महँगाई के तूफानी दौर में चीजों की कीमतें आसमान छूने लगी है। निम्न तथा मध्यम वर्गों के लोगों के लिए रोटी, कपड़ा और मकान जैसी आवश्यकताओं को पूरा करना मुश्किल हो गया है। यहाँ तक कि देश की सरकार का सबसे बड़ा सिरदर्द यही है, कि जीवन के लिए आवश्यक वस्तुओं की लगातार बढ़ती कीमतों पर कैसे अंकुश लगाया जाए।

आज मानव को दैनिक उपभोग की वस्तुओं को जुटाने में अधिक परिश्रम करना पड़ रहा है। पेट्रोल, डीजल, तेल, घी यहाँ तक कि दाल, चावल, नमक आदि जुटाना भी कठिन हो गया है। गरीब व निम्न मध्यवर्ग को तो एक नागिन सी फन फैलाए डँसने को तैयार है। आज का मनुष्य महँगाई के चक्रव्यूह में फँसकर केवल जीने भर का प्रयास कर रहा है।

महँगाई पर अंकुश लगाने के लिए सरकार उत्पादन की योजना, सही लाभ और समुचित वितरण को ध्यान में रखकर बनाए। इसके लिए प्रत्येक क्षेत्र में सतर्क राजकर्मचारी नियुक्त किए जाने चाहिए। कर चोरी को रोकने तथा सरकारी खर्चों में कमी का प्रयास भी किया जाना चाहिए। यदि समय रहते हमने इस ज्वलन्त समस्या पर काबू न पाया तो हमारी स्वतन्त्रता के लिए पुनः खतरा उत्पन्न हो जाएगा। इसी कारण हमारी प्रतिभाएँ विदेश पलायन कर रही हैं उन्हें भी रोकना होगा। यदि महँगाई को रोका न गया तो लोग अपनी आवश्यकताएँ पूरी करने के लिए अनुचित उपायों का सहारा लेंगे जिससे भ्रष्टाचार और बढ़ेगा।

वृन्दा चावला, कक्षा - VIII

नैसी संगति बैठिए तैसोई फल दीन

मनुष्य एक सामाजिक प्राणी है और किसी न किसी साथी की आवश्यकता होती है, परन्तु यह संगति ही उसके व्यक्तित्व निर्माण को प्रभावित करती है। संगति का प्रभाव मनुष्य पर अवश्य पड़ता है। जिस प्रकार स्वाति की बूँद सीप के संपर्क में आने पर मोती, और सर्प के सम्पर्क में आने पर विष बन जाती है उसी प्रकार सत्संगति में रहकर मनुष्य का आत्मसंस्कार होता है जबकि बुरी संगति उसके चारित्रिक पतन का कारण बनती है। अच्छी संगति में रहकर मनुष्य का चारित्रिक विकास होता है, उसकी बुद्धि परिष्कृत होती है, और उसका मन शुद्ध होता है। बुरी संगति हमारे भीतर के

दानव को जागृत करती है। शुक्ल जी ने ठीक ही कहा है। 'कुसंग' का ज्वर बड़ा भयानक होता है, दुर्जन का साथ पग-पग हानि देता है, अपमान और अपयश देता है। हमें प्रयास करके सज्जनों का साथ प्राप्त करना चाहिए क्योंकि 'शत सुधरति' सत्संगति पाए। अंगुलिमाल, वाल्मीकि जैसे अनेक उदाहरण हमारे सामने हैं। विशेष रूप से विद्यार्थियों का सत्संगति का महत्व समझना चाहिए क्योंकि वे अपरिपक्व में स्थिति होते में होते हैं और कच्ची मिट्टी के समान उन्हें किसी भी रूप में ढाला जा सकता है।

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उम में जादू नगरी में पहुँच गयी



मैं बचपन से कार्टून देखती आयी हूँ, और हमेशा इस बात से चमत्कृत रही हूँ कि कैसे सुपरमैन, स्पाइडर-मैन, सुपरमैन जैसे के पास असीम ताकत होती है। एक जादू की तरह कैसे ये शक्तियाँ प्राप्त कर लेते हैं। और फिर हैरी पॉटर ने तो कमाल ही कर दिया। काश! मैं भी कुछ शक्तियाँ प्राप्त कर पाती कि अचानक एक दिन मैंने स्वयं को जादू नगरी में पाया। मैं हैरान थी कि मैं यहाँ कैसे पहुँच गयी। तभी एक आवाज आई "बच्चे तुम बहुत भाग्यशाली हो जो यहाँ तक पहुँच गए मैं तुम्हें तीन चीजें दूँगा। माँगो क्या माँगते हो।" मुझे कुछ समझ में नहीं आ रहा था। आवाज फिर आई जल्दी करो कही मौँका चला न जाए। मैंने हिम्मत करके कहा "पहले सामने आओ" और मेरे सामने एक दैत्याकार मानव खड़ा था, वह बोला- 'अरे! तुम डर जाओगे, और वह रूप बदलकर मेरे जैसा एक बच्चा बन गया। मैंने कहा मुझे असीम शक्तियाँ मिले, समय आगे खिसक जाए। और मैं लिवरपूल का एक महत्वपूर्ण फुटबॉल खिलाड़ी बन जाऊँ और सबसे ज्यादा बुद्धिमान बनूँ। अगले ही पल में लगभग 22 बरस की थी। लिवरपूल की शर्ट पहने कौन बनेगा करोड़पति में 2 करोड़ का सवाल हल कर रही थी और जीतते ही मैं पूरे स्टूडियो को अपने साथ लेकर हवा में खुशी से उड़ रही थी। मैं जोर से चिल्लायी और आँख खुलते ही खुद को बिस्तर से नीचे गिरी पाई।

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सच्ची मित्रता एक अनमोल रत्न

मनुष्य एक ऐसा प्राणी है, जिसे एक साथी की आवश्यकता होती है। मित्र तो कोई जाते हैं, पर कुछ ही मित्र सच्चे होते हैं। सुख में साथ देने वाले मित्र तो कोई मिल जाते हैं पर दुख में साथ देने वाले बहुत कम मित्र होते हैं। सच्चा



मित्र किसी के लिए भी बुरी भावना, नहीं रखता है। वह अपने मित्र के दुख को सबसे बड़ा समझता है, प्रेरणा देता है और अपने मित्र की खामियों को दूर करता है हमें इन लोगो का सम्मान करना चाहिए और इन की संगति में ही रहना चाहिए। हमें यह नहीं भूलना चाहिए की संगति का प्रभाव हमेशा ही पड़ता है। जैसे खरबूजे को देखकर खरबूजा रंग बदलता है। बुरी संगति हमारे लिए बहुत हानिकारक होती है। सच्चे मित्र मुसीबत में हमेशा हमारी मदद करते हैं। परन्तु बुरे मित्र मुसीबत में हमारी मदद नहीं करते हैं। बुरे मित्र अपने मतलब के लिए किसी को भी धोखा दे सकते हैं। हमें अच्छे मित्रों के साथ रहना चाहिए और खुद को भी अच्छा बनाना चाहिए। किसी ने ठीक ही कहा है कि सच्चा मित्र एक अनमोल रत्न होता है।

कनिका बहुगुणा, कक्षा - VIII

HOPE



आशा जीवन रूपी फूल की सुगन्ध है। आशा जीवन-पथ का प्रकाश है। जिसके मन में आशा का दीपक जल रहा है, वही सुखी है। धनी, विद्वान या सफल बनने की इच्छा रखने की सबसे पहले मन में पैदा होती है। उस समय उसका नाम आशा होता है। जिस तरह सूर्य की किरणों से प्रकाश भी होता है। और सर्दी भी दूर होती है, उसी तरह आशा से हमारे जीवन में उजाला भी होता है और सुस्ती दूर होकर उत्साह भी भर जाता है। आशा वह दीपक है जो कठिनाईयों में भी बुझता नहीं। आशा, रूपी, दीपक आत्मा से शक्ति पाकर निरन्तर जलता रहता है।

जब कोई मनुष्य तन-मन-धन से किसी काम में लग जात है, तब वह अपनी सुधबुध भूलकर उस काम को करता है। जब काम शुरू हो जाता है तो उसका मनुष्य के मन में एक ज्योति सी जलने लगती है। इसी का नाम आशा है।

आशा ही मनुष्य को फिर काम पर लगाती है। जिसे आशा है, उसे अपने पर विश्वास है। कोलम्बस एक साधारण नाविक था। उसके मन में अज्ञात देशों की खोज करने की आशा जागी। वह दूसरों के रोकने पर भी न रुका। जिस समय वह चलने की तैयार हुआ तो कोई भी नाविक उसके साथ जाने की राजी न हुआ। राजा के दबाव से बड़ी मुश्किल से कुछ नाविक साथ जाने को तैयार हुए। समुद्र यात्रा में उसके बहुत से साथी बार-बार निराश हो जाते थे। परन्तु कोलम्बस निराश न होता था। किसी भी कठिनाई से घबराकर उसने वापस लौटने से इंकार कर दिया। क्योंकि उसके मन में आशा की लौ हर दम जलती थी। आशा के भरोसे वह लगातार आगे बढ़ता चला गया।

अन्त में उसने अमरीका को खोज निकाला। तब उसे बड़ा यश मिला।

याशी अग्रवाल, कक्षा - VIII

व्यायाम से शरीर स्वस्थ, बलवान, चुस्त और फुर्तीला बन जाता है। आज का युग विज्ञान तथा गति का युग है। क्या शहर, क्या गाँव-सब तरफ दौड़ सी लगी हुई है। पढ़ना-लिखना, घर का काम, सामान खरीदना, दुकान या दफ्तर का काम करना बस इन्हीं में दिन बीत जाता है। इस हडबड़ी में अपने शरीर का ध्यान किसे रहता है? किसे फुरसत है कि वह अपनी सेहत का ख्याल रखें? होश तब आता है जब मनुष्य बीमार होकर चारपाई पर पड़ जाता है।

शरीर को स्वस्थ और तंदुरुस्त रखना आज एक समस्या बन गया है। लोग कहते हैं। "हमारे पास व्यायाम का समय कहाँ है? परन्तु ध्यान रहें स्वास्थ्य और सौंदर्य एक बार बिगड़ जाए, तो उसे ठीक करना कठिन हो जाता है। शरीर सुडौल रहे, सुंदर रहे, जवानी जैसी उमंग कायम रहे यह मनुष्य के वश में है। प्रतिदिन पंद्रह मिनट व्यायाम करके इसका कमाल देखा जा सकता है। मनुष्य की महान संपत्ति उसका स्वास्थ्य ही है। व्यायाम का उद्देश्य आपको पहलवान बनाना नहीं है। इसका उद्देश्य है, आपके शरीर को रोगों से बचाना चुस्त दुरुस्त और फुर्तीला बनाना, शरीर को सुडौल और सुंदर बनाना। तरुणाई और जवानी के उत्साह को बढ़ाना। व्यायाम करने से शरीर हल्का, चुस्त और निरोग रहता है। शरीर में काम करने की शक्ति बढ़ती है। व्यायाम योजना वही ठीक है जो शरीर को चुस्त और फुर्तीला बनाने पर जोर दे, ताकि आपको व्यायाम के बाद सुस्ती न हो, दिन में नीद न आए। बल्कि अपने दिन-भर के कामों को आप चुस्ती-फुर्ती और उत्साह से करें। इसलिए जिन व्यायामों से शरीर पर बोझ नहीं पड़ता, देह की कार्य शक्ति में कमी नहीं आती, बल्कि वृद्धि होती है। वे ही व्यायाम लाभकारी हैं। हम व्यायाम क्यों करें? वैज्ञानिक खोजों से सिद्ध हो चुका है, कि स्वस्थ शरीर वाला मनुष्य ही काम और दौड़ धूप में होने वाली थकावट को सहन कर सकता है। वह दूसरों की अपेक्षा अधिकाधिक काम कर सकता है, क्योंकि उनकी सहन-शक्ति अधिक होती है। वह शरीर पर पड़ने वाले जोर और दबाव को सहन करने में समर्थ होता है। स्वस्थ शरीर वाले का हृदय अधिक चुस्त होता है। उसका मस्तिष्क चुस्त, चौकन्ना और सक्रिय होता है। स्वस्थ शरीर की नाड़ियाँ दिन-भर की दौड़ धूप और हाय तौबा के तनाव को सहज ही सह लेती हैं। लेकिन अगर शरीर में किसी तरह की कमजोरी हो तो वह इस तनाव को नहीं सह पाता है।

इसलिए हमें प्रतिदिन, नियमपूर्वक व्यायाम अवश्य करना चाहिए। व्यायाम से शरीर के व्यर्थ मल नष्ट हो जाते हैं। मोटापा घटता है, शरीर सुडौल बनता है। चुस्ती फुर्ती आने से कार्य शक्ति बढ़ती है।

वेणी जैन, कक्षा - VIII

नारी जीवन

नारी शक्ति एक ऐसी शक्ति है, जिसे नजर न दाला नही किया जा सकता। नारी शुरु से ही जीवन का आधार मानी गई है। परन्तु बदले में उसे सिर्फ दुख और दर्द ही मिला है। वह सिर्फ एक अबला बनकर रह गई है। जो स्थान नारी को मिलना चाहिए था वह उसे कभी मिला ही नही। आज का सामज नारी को प्रताड़ित करने में कोई कसर नही छोड़ता।



आधुनिक हो गया है। परन्तु हमारे गाँवों में आज भी स्त्री की स्थिति दयनीय है। आज भी कितनी ही स्त्रियाँ अशिक्षित रह जाती है। कुछ धन के अभाव में तो कुछ विचारों की वजह से उनके माता पिता को उन्हें पढ़ाने लिखाने की एक वजह नजर नही आती। आज भी लड़की को भार माना जाता है। क्योंकि वह पराया धन मानी जाती है। आज के समाज में जो थोड़ा आधुनिक हो गया है। स्त्रियाँ इस चक्र को तोड़ने की कोशिश कर रही हैं। अपने हक को पाने का भी प्रयास कर रही हैं परन्तु प्रताड़ित महिलाओं के सामने इनकी संख्या बहुत कम है।

आज के समाज में स्त्री कहीं भी सुरक्षित नही महसूस करती और फिर जब देश के रक्षक भी भक्षक बन जाए तो ऐसा हो भी कैसे सकता है। स्त्री के साथ आज बहुत ज्यादा दुर्व्यवहार होता है। किसी जगह के बारे में जानना हो तो शहरों से नही वहाँ के गाँवों से उस जगह की सही तस्वीर हमारे सामने आती है। और चाहे हम यह कह भी दें, कि हमारा समाज आज बहुत



नारी को स्थिति आज के समाज में भी बहुत ज्यादा बदली नही है। फर्क बस यह है कि अब महिलाओं ने इसका विरोध करना शुरु कर दिया है। असली परिवर्तन होने में अभी बहुत समय लगेगा, क्योंकि मानसिकता में परिवर्तन लाना ही असली परिवर्तन है।

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सुख के दिवस चैन की रैना, दादा-दादी है ना!

मेट्रो सिटीज की तेज भागती जिदंगी एकल परिवारों के लिए उपयुक्त लगती है। लेकिन सच यह है कि संयुक्त परिवार के बुजुर्गों के साये की सबसे ज्यादा जरूरत यही महसूस की जा रही है। उन्हें प्यार व सम्मान दो!

इसका खामियाजा आज बुजुर्गों को बच्चों का भुगताना पड़ रहा है। पूरी जिदंगी बच्चों के लिए खपा देने वाले बुजुर्गों जीवन की सांझ में अकेले रह जाते है। उनको देखने उनसे बातचीत करने

वाला कोई नही रह जाता है। दूसरी और बच्चे भी दादा-दादी के प्यार और मार्गदर्शन से वंचित रह जाते है। उम्र के आखिरी पड़ाव पर वे आपसे ज्यादा नही बस आपका वक्त मांगते है। दिन भर में सिर्फ दो बोल उन्हें प्यार के दीजिए और फिर समाज में किसी वृद्धाश्रम की जरूरत



एक समय था जब घर के बड़े-बुजुर्गों को परिवारा पर बोझ नही बल्कि मार्गदर्शक समझा जाता था। उनके अनुभवों से हम काफी कुछ सीखते थे, पर आज स्थिति काफी बदल चुकी है। जीवनशैली, पीढ़ियों में अंतर, आर्थिक पहलू, विचारों में भिन्ता आदि के कारण आजकल की युवा पीढ़ी कर्तव्यहीन हो गई है। इस पीढ़ी के लोग आत्मकेंद्रित होते जा रहे है। सगे-सबधियों से मेलजोल कम हो गया है। पति-पत्नी और बच्चे, यही उनका परिवार है। पर

नही रहेगी।

आयुषी गोयल, कक्षा - X

अचानक दरवाजा खुला.....

अचानक दरवाजा खुला। बंगले में कोई नहीं था। परन्तु न जाने मुझे ऐसा लगा कि वहाँ और कोई भी है। कोई दिखाई नहीं दे रहा था और दरवाजा भी अपने आप खुल गया। बंगले में बहुत अंधेरा था। सिर्फ एक मोमबत्ती, किनारे में पड़ी एक मेज के ऊपर जल रही थी।

मैं मेज की ओर बढ़ी, काँपते हाथों से मोमबत्ती को उठाया। उस बंगले के बारे में बहुत सी कहानियाँ सुनी थी। सुना था कि बंगले के मालिक मिस्टर नाथ की मृत्यु हो गई थी और उनकी आत्मा आज भी बंगले में भटकती है। उनकी आत्मा किसी को भी उस बंगले में नहीं रहने देती। मुझे यह बंगला अपनी कम्पनी की ओर से मिला था और अब मुझे नहीं रहना था। मोमबत्ती की रोशनी के सहारे मैंने बंगले की बत्तियाँ जलाई। रोशनी पूरे बंगले में फैल गई और मैंने राहत की साँस ली। मैंने बंगले के हर काने और कमरे की अच्छी तरह देख लिया। बंगला बहुत ही सुन्दर और आरामदायक था। अपना सारा सामान समेट कर मैं सोने चली गई है। रात को

अजीब सी बैचेनी हो रही थी। बंगले में कुछ अच्छा नहीं लग रहा था। ऐसा लग रहा था। कि जैसे कोई मुझे देख रहा है। आकाश में धने काले बादल छाये हुए थे। आँधी चल रही थी और बिजली कड़क रही थी। अचानक हवा का तेज झोंका आया और खिड़की अपने आप खुल गई। मेरा मन डर से भर गया। उठने की हिम्मत नहीं हो रही थी परन्तु ठड़ी हवा से मेरा शरीर ठिठुर रहा था। ईश्वर का नाम लेकर मैंने हिम्मत की और खिड़की बंद करने के लिए उठी। जैसे ही खिड़की बन्द करने के लिए हाथ बढ़ाया खिड़की अपने आप ही बन्द हो गई। अब तो डर के मारे मेरी जान निकल रही थी। मुझे कमरे की लाइट जलानी थी परन्तु हिम्मत न हुई। मेरा शरीर बर्फ जैसा ठंडा हो गया और ऐसा लगा जैसे मेरे पैर जमीन से चिपक गए



हो। शरीर बिल्कुल भी हिल न पर रहा था। अंधेरे में न जाने कहाँ से धुँआ उठने लगा। धुँआ सफेद रंग का था। कुछ क्षणों में ऐसा लगा जैसे हजारों आदमी एक साथ कुछ बोल रहे हैं। उस आवाज ने मुझे अपने जीवन की दास्तां बताई।

उसने बताया कि वही मिस्टर नाथ है। वह अपनी पत्नी यशोदा के साथ इसी बंगले में खुशी से रहते थे। दोनो पति-पत्नी में बहुत प्यार था। परन्तु एक दिन उनकी खुशी को किसी की बुरी नजर लग गई। अचानक उनकी पत्नी बहुत बीमार पड़ गई, डॉक्टरों की दवाईयाँ और इलाज उनकी पत्नी को ठीक न कर सकें। कुछ हफ्तों बाद उनकी पत्नी गुजर गई। पत्नी के गुजर जाने के गम में वह भी चल बसे। मृत्यु के बाद उनकी आत्मा को मुक्ति न मिली और वे अपनी पत्नी को ढूँढते-ढूँढते इधर-उधर भटकते रहें। वे किसी को इस बंगले में नहीं रहने देते थे। क्योंकि इस बंगले में उनकी यादें थी। कुछ देर वे चुप रहे। उन्होंने फिर बोलना शुरू किया। उन्होंने कहा कि अब उनकी आत्मा को मुक्ति मिल गयी है। क्योंकि उन्हें

उनकी अपनी पत्नी मिल गई है। हिम्मत करके मैंने उनसे पूछा कि उनकी पत्नी कौन है? उन्होंने बताया कि मेरे रूप में उनकी पत्नी ने फिर से जन्म लिया है। यह कहकर वह गायब हो गए। मैं अपने कमरे में दंग खड़ी रह गई।

अगले दिन सुबह मेरे मन में कोई डर नहीं था। अगले सारे दिन और सारी रातें शान्ति से कटने लगी। मेरे मन में खुशी थी कि मिस्टर नाथ को मुक्ति मिल गई। परन्तु मन में एक सवाल भी था कि उन्होंने अपनी पत्नी को कैसे पहचाना। मुझे तो अपने पिछले जन्म का कुछ याद नहीं था।

—आयुषी गोयल, कक्षा — X

दस साल में कुछ तो जगह बनाई होगी

ये किताबें भी ले लो
 ये नम्बर भी ले लो,
 भले मुझसे छीन लो Boards का Admit Card
 मगर मुझको लौटा दो,
 वो स्कूल की Canteen
 वो Cold Drinks वो चिप्स,
 वो सुबह-सुबह घर से निकलना
 School Diary में Remark आने के डर से
 जल्दी स्कूल पहुँचना
 वो कडकती घूप में P.T. करना,
 वो इंटरवल में चोरी-चोरी | फिल्मी Magazines देखना
 वो Chemistry Class में सोते-सोते पकड़े जाना,
 वो English-Geography के Period में
 Maths का Homework करना |
 वो Hindi के Period में History का काम करना
 सोते-जागते Maths की Problems में डूबे रहना,
 वा गाने गाना, वो एक दूसरे से देर-देर तक बातें करना
 वो Teacher's का Dance
 वो Exams के दूसरे दिन

वो Teacher's Meeting के दौरान Junior Classes
 को Control करना, और Class में खूब Masti करना
 वो Sports Day के लिए P.T. Practicse करना
 वो Classes के बीच में Tiffin खाना
 वो Birthdays पर घूमने का बहाना
 छुट्टियों में दोस्तों का जबरदस्त तरह
 से गप्पे हांकना
 वो दोस्तों का चिढ़ाना सताना फिर रूठे
 हुए को मनाना
 वो स्कूल खुलने पर चटपटी बातें करना,
 वो दूसरों के Project को कॉपी करना
 वो Exams की रातों छटपटाना
 हाय! ये दिन कहीं न जाए
 बस साथ रहे हरपल |
 किसने कहा जुदाई होगी |
 किसी गैर ने यह खबर फैलाई होगी ||
 बड़े शान से रहेंगे हम आप सभी के दिलों में |
 दस साल में कोई तो जगह बनाई होगी ||

आयुषी गोयल, कक्षा - X

प्लास्टिक की दुनिया : एक प्रकोप

अधुनिक काल में विज्ञान ने जहाँ मनुष्य को अनेक सुख-सुविधाएँ प्रदान की है। वहाँ विज्ञान ने अनेक समस्याओं को भी जन्म दिया है। प्लास्टिक की समस्या एक ऐसी ही समस्या है। जो आज विश्व के सामने एक चुनौती बन गई है।

बहुत साल पहले लोग सामान लेने के लिए कपड़े के थेलों का प्रयोग करते थे। कुछ छोटे-छोटे सामान कागज के लिफाफों में रखे जाते थे। अब थैलियों और लिफाफों का जमाना कहाँ रहा। आजकल तो लोग सिर्फ प्लास्टिक का इस्तेमाल कर रहे हैं। जो आज एक भयंकर समस्या बन गई है।

आजकल सड़कों बगीचों और पहाड़ों में भी प्लास्टिक के लिफाफें दिखाई देते हैं। जिससे हमारा वातावरण भी गंदा हो रहा है। ये लिफाफें नालियों को बन्द कर देते हैं। जो प्लास्टिक कूड़े दानों में फेंके जाते हैं, वह गाय या पशु से

चबाए जाते हैं। उसी का दूध पीकर हम सब लोगों के बीच अनेक रोग पैदा होती है। जो प्लास्टिक सड़कों पर जलाया जाता है, उसका धुआँ साँस रोक देता है।

आज के प्लास्टिक के इस प्रकोप से बचने का सबसे अच्छा उपाय है, उसका प्रयोग बन्द कर देना। हमें प्लास्टिक के थैलियों के जगह पुनः कपड़े के थैलियों और कागज के लिफाफों का प्रयोग करना चाहिए।

इस प्रकार हम समाज की रक्षा कर सकते हैं।

—फियोना, कक्षा - VII



मैं किसी एक क्षेत्र या देश से बाधित नहीं हूँ। मैं इन सबसे हट कर मानव जाति का गौरव बनना चाहती हूँ। यह कथन था पहली भारतीय मूल की महिला अन्तरिक्ष यात्री कल्पना चावला का जो आज हमारे बीच नहीं है। उनकी प्रतिभा उनकी लगन और उनका समस्त विश्व को दिया योगदान सदा अविस्मरणीय रहेगा।

कल्पना का जन्म 8 जुलाई, 1961 को हरियाण के करनाल जिले में हुआ था। इनके पिता का नाम श्रीवद बनारसी लाल चावला और माता का नाम श्रीवद संयोगिता देवी है। कल्पना का बचपन से पढ़ने तथा हवाई करतब में काफी रुचि थी। इनकी आरम्भिक शिक्षा

करनाल के टैगोर स्कूल में हुई। पंजाब इंजीनियरिंग कॉलेज से एयरोनॉटिकल इंजीनियरिंग में स्नातक डिग्री प्राप्त करने के बाद कल्पना ने 1984 में अमेरिका के टेक्सास से इंजीनियरिंग में मास्टर डिग्री प्राप्त की। 1988 में कल्पना को अमेरिका के



सर्वोच्च अन्तरिक्ष अनुसंधान केन्द्र, 'नासा' में नियुक्ति का सौभाग्य प्राप्त हुआ। 19 नवम्बर 1997 का गौरवशाली दिन

भारतवासी कभी नहीं भूल पाएँगे क्योंकि इस दिन कल्पना चावला भारत की पहली महिला अंतरिक्ष यात्री के रूप में आकाश में उड़ी थी। कल्पना के जीवन का आदर्श था 'सादा जीवन उच्च विचार'

पाँच साल के अन्तराल के बाद कल्पना दूसरी बार अन्तरिक्ष अभियान पर गई। अपने कार्य में सफलता प्राप्त कर, 16 दिन की यात्रा पूरी

करके यह दल फरवरी 2003 को भारतीय समय के अनुसार शाम 7.46 पर अमेरिका की धरती पर उतरना था, किन्तु दुर्भाग्य से वह धमाके साथ टूट कर बिखर गया। यान में सवार सभी यात्रियों की मौत हो गई।

—पूनम बागड़ी, कक्षा – VIII

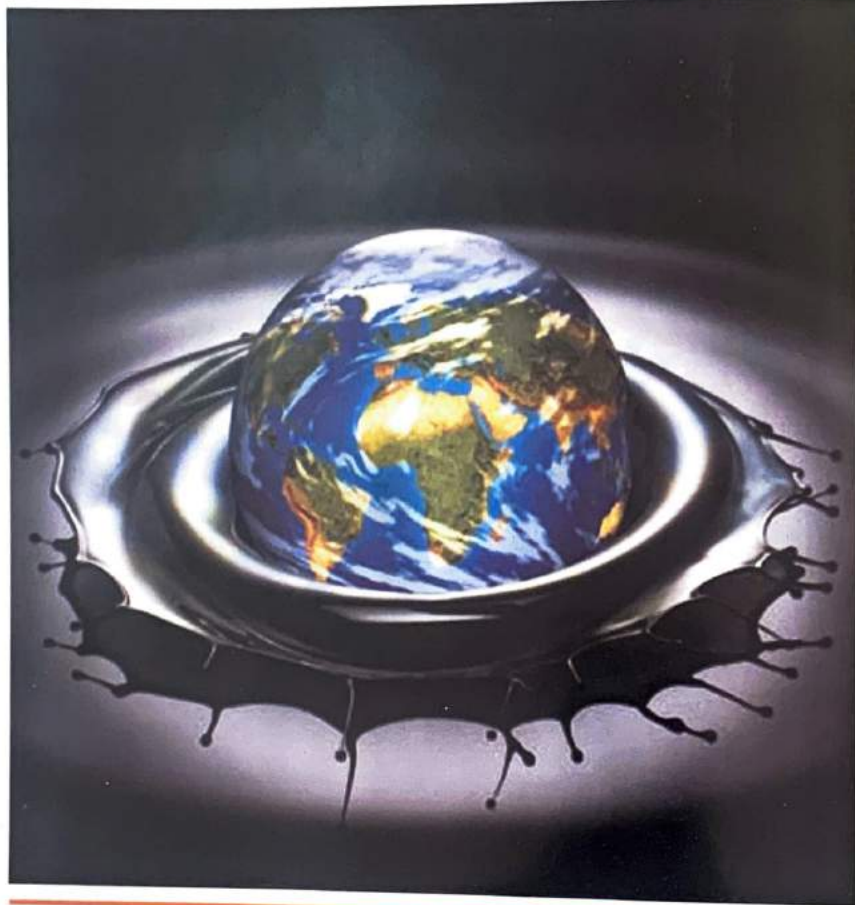
तेल संरक्षण को बढ़ावा देने में युवाओं की भूमिका

इस 21वीं सदी में हमें उर्जा के नये भंडार चाहिये जीवाश्म ईंधन कहलाने वाले तेल, गैस और कोयले के हमारे वर्तमान भंडार अपने अगले चार-पाँच दशकों में सूख जायेंगे पर क्या इतने कम समय में कोई विकल्प संभव हो पाएगा। इस समय हम अपने दैनिक जीवन में जिस ढेर सारी चीजों का इस्तेमाल करते हैं, उनका निर्माण या उत्पादन प्रत्यक्ष या परोक्ष रूप में तेल पर ही तो निर्भर है। तेल कम्पनियाँ हैं कि वे अन्तिम बूंद तक धरती की चूसने पर लगी हैं, रूस, अमेरिका, ईरान, मेक्सिको सब जगह तेल के कुएँ गहरे और तेल की मात्रा कम होती जा रही है। पैरिस स्थित अन्तर्राष्ट्रीय ऊर्जा एजेंसी आईओईएओ गत फरवरी में चेतावनी दे चुकी है कि हम सब ऐसे नए तेल सकंट की तरफ बढ़ रहे हैं जो, वर्तमान वित्तीय सकंट से भी भयावह होगा, एजेंसी के मुख्य अर्थशास्त्री फेथ बाइरस कहते हैं। बस वर्तमान तेल भंडार में आ रहे कमी को पूरा करने

के लिए और जहाँ हम हैं वही बने रहने के लिए हमें चार नए साउदी अरब ढूँढने होंगे।

कनाडा में तेल से सनी रेत का एक विशाल भंडार जरूर मिला है। लेकिन इस रेत का अलग कर शुद्ध तेल पाने के लिए जिस भारी मात्रा में पानी और बिजली की जरूरत पड़ेगी उसे देखते हुए विशेषज्ञ ऐसा करना पर्यावरण की हत्या करना मानते हैं। यदि हत्या का फैसला कर भी लिया जाए तो आवश्यकता के 8 प्रतिशत की ही पूर्ति संभव हो पाएगी। फेथ बाइरस के शब्दों में एक ही रास्ता बचता है। इसके पहले की तेल हमें छोड़ दे, हमें तेल को छोड़ देना होगा। तुकबन्दी अच्छी हैं और बात सही भी है, लेकिन फिलहाल व्यावहारिक नहीं। आज 70 प्रतिशत तेल हमारे तरह-तरह के वाहनों की गतिशीलाता को बनाए रखने में खर्च होता है। जर्मनी की फोल्सवागन जैसी कार निर्माता कंपनियों का तो यहाँ तक कहना है कि अगले 20 वर्षों में भी पेट्रोल और डीजल का ही राज रहेगा।

खनिज तेल के कुओं से 30 प्रतिशत तेल निकालने के बाद उन्हें मृत घोषित कर दिया जात है। लेकिन फिर भी उनसे काफी अधिक तेल निकालने की गुंजाइश रहती हैं इस तेल को निकालने के लिए बायो टेक्नोलॉजी डिपार्टमेंट ने एक बैक्टीरिया तकनीक विकसित की है। इस नए विधि में कुओं में बैक्टीरिया का डाला जाता है। ये बैक्टीरिया तेल कुओं की दीवारों में घुसकर कार्बन डाई आक्साइड और मीथेन गैस पैदा करते हैं। जो दीवारों के छेदों में घुसकर उनसे तेल की एक-एक बूंद निकाल लेती है। ये बैक्टीरिया डिटरजेंट जैसा मिश्रण पैदा करते हैं। जो तेल और पत्थर की सतह के बीच के तनाव को कम करते हैं और तेल को छोड़ने में मदद करते हैं। तेल एवं प्राकृतिक गैस आयोग ने गुजरात में तेल कुओं से तेल निकालने में इस विधि का इस्तेमाल किया और काफी मात्रा में बेकार पड़े तेल को बाहर निकाला। इस तकनीक ने पश्चिम एशिया और अन्य तेल



उत्पादक देशों में रुचि पैदा की है। इसने काफी हद तक तेल संरक्षण भी किया है। दुनिया को तेल संकट से यदि बचाना है तो मैं कुछ बातों को अमल में लाने के लिए कहूँगी। हमें सफर करना कम कर देना चाहिए। लोगों को उनकी उत्पादकता के अनुसार वेतन देना और प्रोत्साहन देना चाहिये कि वे जहाँ चाहे वहाँ रह कर काम करें। उनकी कार्य उत्पादकता जितनी ज्यादा होगी, उन्हें वेतन भी उसी हिसाब से अधिक मिलेगा दूसरी चीज हमें खाद्यसामग्री स्थानीय स्तर पर पैदा करनी चाहिए। चीजें दूर भेजने या मंगाने से पहले हमें इस में लगने वाले ईंधन की मात्रा घटाने के बारे में सोचना चाहिए। अंतिम बात यह कि हमें तैयार शुदा माल का साथ कर पाये तो भावी तेल संकट का आधी सदी के लिए टाल सकते हैं। तेल संरक्षण में युवाओं ने भी बहुत अहम भूमिका निभायी है। बच्चे साईकिल

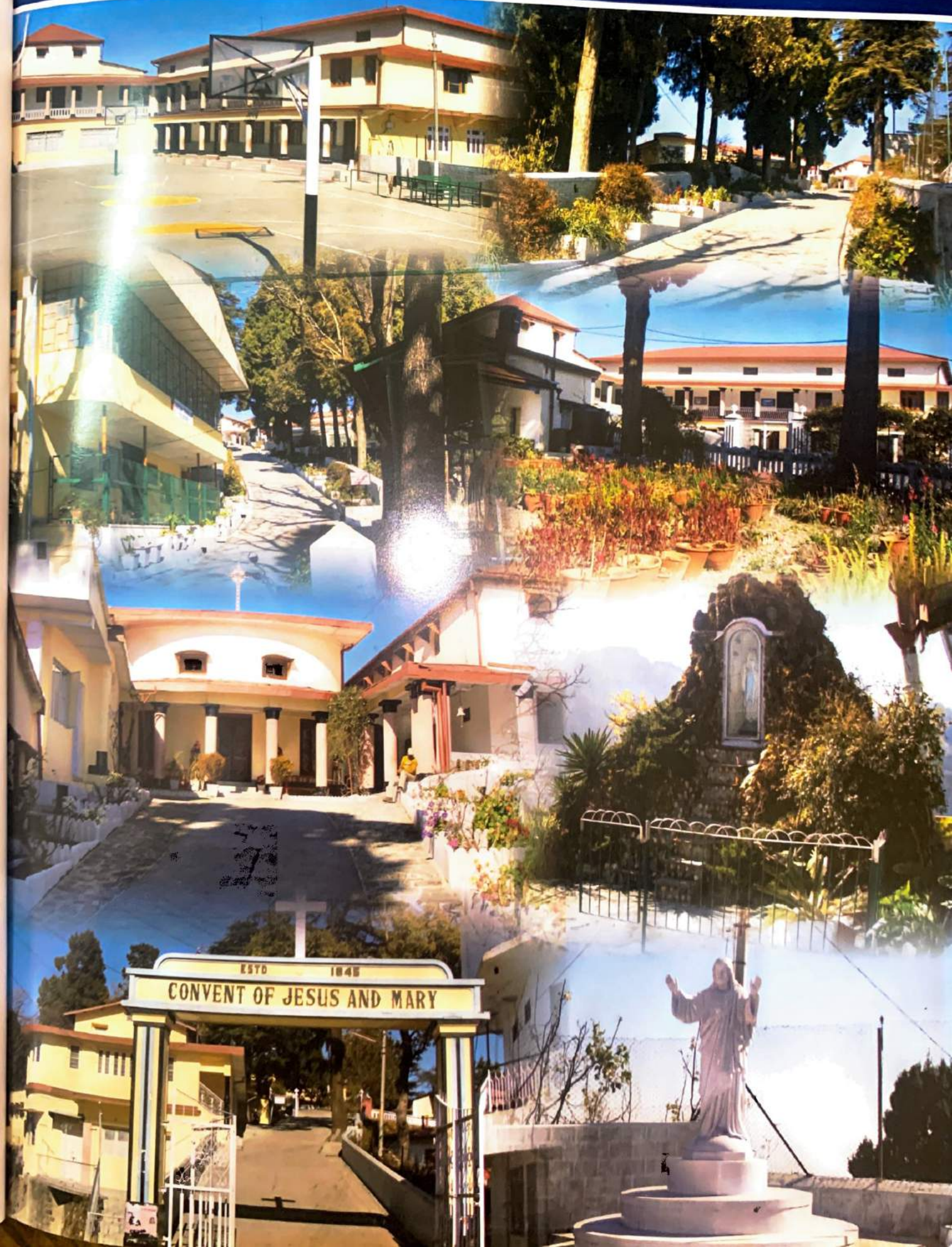
चलाकर पर्यावरण संरक्षण की बात कहते हैं। पर्यावरण रूगन की तख्तियाँ साईकिल पर लगाकर नेचर से खिलवाते नहीं करने और शहर का पॉल्यूशन फ्री रखने की जिम्मेदारी को अहसास कराते पर्यावरण प्रेमी शहर के प्रमुख मार्गों से गुजरते हैं। बच्चे हरियाली बचाओ रैली भी निकालते हैं जिससे लोगों को अलग सा जोश उत्पन्न होता है। साथ ही साथ वह पर्यावरण बचाओ के नारे भी लगाते हैं।

तेल संरक्षण के लिए सार्वजनिक परिवहन व्यवस्थाएँ भी की गई हैं। उत्तराखण्ड की राज्यपाल माग्रेट अल्वा ने तेल एवं गैस के संरक्षण पर जोर देते हुए कहा कि इसका लिए लोगों को अपनी जीवन शैली में सकारात्मक बदलाव लाने होंगे। अल्वा ने भारतीय पेट्रोलियम संस्थान में आयोजित तेल एवं गैस संरक्षण पखवाड़ा कार्यक्रम का उद्घाटन भी किया है। उन्होंने कहा कि तेल संरक्षण के लिए सार्वजनिक परिवहन व्यवस्था आवश्यक है। विशेष रूप से नगरो में

अच्छी परिवहन व्यवस्था होने से लोग अपनी व्यक्तिगत गाड़ियों को सड़को पर लाने की बजाय सार्वजनिक परिवहन का इस्तेमाल करना पसंद करेगे। राज्यपाल ने कहा कि किसी परिवार या कंपनी में हर व्यक्ति का अलग अलग गाड़ियों में चलना ठीक नहीं है। कई लोगों को मिलकर एक वाहन का इस्तेमाल कहना चाहिए। अल्वा ने कहा कि देश में लगभग 70 प्रतिशत तेल का आयात किया जा रहा है। जिससे अच्छी खासी विदेशी मुद्रा खर्च होती है। तेल और गैस का संरक्षण करके हम देश के लिए मूल्यवान विदेशी मुद्रा की भी बचत कर सकते हैं। यदि हमें संसार में टिकता हैं तो हमें यह सारे बदलाव अपनाते होंगे और तेल संरक्षण जितना हो सके उतना करना होगा।

— मानसी गोयल, कक्षा - X

Mosaic





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