# YEARLY PLANNER

CLASS – V

2025-26

#### **SUBJECT: ENGLISH**

#### TERM-I (APRIL – SEPTEMBER)

#### APRIL

Recapitulation of Basic Concepts: Nouns, Pronouns, Handwriting practice, Vocabulary Enrichment, Regular Reading and Speaking Exercises.

Reading Comprehension : Unseen Passage

Writing Skills : Character sketch, Application Writing

**Grammar** : Nouns

Literature : Chapter 1-The Man- Cub

Activity: Students will be asked to draw a poster to raise awareness against Animal cruelty and simple ways in

which we can support the helpless animals.

Chapter 2-Olympic Granny (Poem)

Activity: Students will be asked to search information about the children who received 'Rashtriya Bal Puruskar 2024' in the field of sports. They will make a project by pasting his/her picture, writing about his/her struggles

and achievements on A4 sized sheets.

**Speaking Skill Activity** : Personal narrative

#### **MAY**

Reading Comprehension : Unseen Passage

Writing Skills : Revision of Application Writing

**Grammar**: Punctuation, Verbs

**Literature** : Chapter 3- A Small Step

Activity: Ad Mad show (Students will be divided in groups and they will perform on education right by sharing the slogans, posters, pictures and their own

creations (song/ poem/ message)

**Speaking Skill Activity**: Debate

**JULY** 

Reading Comprehension : Unseen Passage

Writing Skills : Diary Entry

**Grammar** : Articles, Adjectives

**Literature** : Chapter 4 - Information Please

Activity: Chapter 4 -Old Vs New Modes of

Communication The class will be divided into groups in

which the students will share about the technology

advancements.

Chapter 5- The Recycling Rap

Activity: Kabad Se Jugad- Students will be asked to create a useful product from waste items found at home.

Also, they will compose a rap on it.

**Speaking Skill Activity** : How to greet people

#### **AUGUST- SEPTEMBER**

**Reading Comprehension** : Reading Passage **Writing Skills** : Notice Writing

**Grammar**: Tenses

**Literature** : Chapter 6- The Three Questions

Activity: Dramatic Art: Students will create a short play of their own imparting some values. They will do this

activity in groups.

Chapter 7- Don't Quit

Activity: Puppet Show -Students will be asked to share a story related to the theme (never quit in life) using

finger puppets.

**Speaking Skill Activity** : Use polite expressions in conversation

#### **Collaborative Learning**

**Project I– Mission Save Resources – Poster Making (Integrating Art with English Language)** 

**TERM-II (OCTOBER – FEBRUARY)** 

#### **OCTOBER**

Reading Comprehension : Unseen Passage

Writing Skills : Article writing

**Grammar**: Pronouns

**Literature** : Chapter 8 The Blue Umbrella

Activity: Students will be asked to give a class

Presentation on (I wish I had )

Chapter 9 The Ice in the Bottle

Activity: Students will be asked to make a barometer

using a bottle, straw and a balloon.

**Speaking Skill Activity** : Talk about your wishes

#### **NOVEMBER**

**Reading Comprehension**: Unseen Passage

Writing Skills : Process Writing

**Grammar** : Adverbs, Prepositions

Literature : Chapter 10- The Bashful Earthquake

Activity: Students will be asked to use Polite

Expressions, when they disagree with their friend.....

Role Play

**Speaking Skill Activity** : Talk using idioms

#### **DECEMBER**

**Reading Comprehension**: Unseen Passage

Writing Skills : E-mail

Grammar : Sentences, Conjunctions, Modals

Literature : Chapter 11- We call Her Ba

Activity: Cosplay, the students will act like freedom

fighters, sharing their slogans /messages

Chapter 12- The Banyan Tree

Activity: Students will create a collage of Banyan tree using waste material. Also, they will tell the significance

of the Banyan tree.

**Speaking Skill Activity**: Disagree with people politely

#### **JANUARY-FEBRUARY**

**Reading Comprehension**: Unseen Passage

Writing Skills : Summary, Biography

**Grammar**: Phrases and Clauses

Direct and Indirect speech

**Literature** : Chapter 13- The Christmas Truce

Activity: Students will be asked to work in a group of four. They will discuss and write four slogans on the

futility of war using some creative ways.

Chapter 14- The Musical Prodigy

Activity: Students will be asked to find out the information about world's top five child musical

prodigies and they will also tell which one of them they

admire the most.

**Speaking Skill Activity** : a) Share problems and suggest solutions

b) Role Play

#### **Collaborative Learning**

**Project II – Never Say Die slogans writing (Integrating Art with English Language)** 

#### **Books:**

- 1. Amber- Course Book published by Indiannica Learning
- 2. The Grammarite published by Indiannica Learning

#### विषय - हिंदी

#### प्रथमावधि (अप्रैल - सितम्बर)

#### पाठ -1 से पाठ - 8

## (अप्रैल)

\* मात्राओं का अभ्यास (मौखिक एवं लिखित ), शुद्ध उच्चारण , सुलेख, श्रुतलेखन, वाक्य रचना, चित्र वर्णन, रचनात्मक कार्य, अतिरिक्त पठन आदि।

श्रवण कौशल : कविता वाचन, दया की जीत (कहानी ) शुद्ध उच्चारण

वाचन कौशल : मेरा परिचय, मेरा विद्यालय, मेरा देश

पठन कौशल : पाठ-1 काँटों में राह बनाते हैं (कविता)

पाठ - 2 दया की जीत

लेखन कौशल : अनुच्छेद लेखन - अनुशासन का महत्त्व , चित्र वर्णन

व्याकरण : वर्ण - विच्छेद, विलोम शब्द, पर्यायवाची शब्द

\* प्रत्येक सप्ताह विद्यार्थियों द्वारा उच्च स्वर में पठन अभ्यास ।

\* मल्टीमीडिया का प्रयोग ।

## (मई)

श्रवण कौशल : बालक चन्द्रगुप्त (ऐतिहासिक कहानी) , कविता वाचन

वाचन कौशल : मेरा परिवार , मेरा देश

पठन कौशल : पाठ - 3 होनहार बिरवान के होत चीकने पात

लेखन कौशल : अनुच्छेद लेखन - पशु पक्षी हमारे मित्र , चित्र वर्णन

व्याकरण : संज्ञा, अनेकार्थी शब्द, वचन

\* प्रत्येक सप्ताह विद्यार्थियों द्वारा उच्च स्वर में पठन अभ्यास ।

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## (जुलाई)

श्रवण कौशल : कविता वाचन रंगीला राजस्थान (लोक कथा)

वाचन कौशल : आज़ादी का महत्त्व , हमारी लोक-संस्कृति

पठन कौशल : पाठ - 4 लहरों का गीत (कविता)

पाठ - ५ माउंट आबू

लेखन कौशल : अवकाश हेतु प्रार्थना-पत्र , चित्र वर्णन

व्याकरण : सर्वनाम, विशेषण- विशेष्य, मुहावरे

- \* प्रत्येक सप्ताह विद्यार्थियों द्वारा उच्च स्वर में पठन अभ्यास ।
- \* मल्टीमीडिया का प्रयोग ।

## (अगस्त - सितंबर)

श्रवण कौशल : अनमोल वचन , हेलन केलर (प्रेरक व्यक्तित्व )

वाचन कौशल : मेरा प्रिय अध्यापक , दोहा - गायन

पठन कौशल : पाठ - 6 हेलेन केलर

पाठ - ७ नन्हीं कलम से

पाठ-८ अनमोल वचन (दोहे)

लेखन कौशल : अनुच्छेद लेखन - मेरी प्रिय अध्यापिका , मेरा जीवन लक्ष्य , चित्र वर्णन

व्याकरण : क्रिया, लिंग, कारक , विराम-चिह्न

\* प्रत्येक सप्ताह विद्यार्थियों द्वारा उच्च स्वर में पठन अभ्यास ।

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## द्वितीयावधि (अक्टूबर से मार्च)

पाठ 9 से पाठ-16

(अक्टूबर)

श्रवण कौशल : महात्मा गांधी की आत्मकथा, अंधविश्वास- एक सामाजिक कुरीति

वाचन कौशल : अनुभव वर्णन , त्योहारों का महत्त्व

पठन कौशल : पाठ - ९ बापू का पत्र

पाठ - 10 प्रायश्चित

लेखन कौशल : अनुच्छेद लेखन- त्योहारों का महत्त्व , वृक्षों का महत्त्व , चित्र वर्णन

व्याकरण : संज्ञा, सर्वनाम, वचन

\* प्रत्येक सप्ताह विद्यार्थियों द्वारा उच्च स्वर में पठन अभ्यास ।

\* मल्टीमीडिया का प्रयोग ।

## (नवंबर)

श्रवण कौशल : जीवन में शिक्षा का महत्त्व, नारी का महत्त्व

वाचन कौशल ः विज्ञान - वरदान या अभिशाप, प्रकृति-प्रेम

पठन कौशल ः पाठ -11 बुलंद भारत की नई तस्वीर

पाठ - 12 सपना

लेखन कौशल : अनुच्छेद लेखन - विज्ञान - वरदान है या अभिशाप

व्याकरण : क्रिया, पर्यायवाची शब्द, मुहावरे

\* प्रत्येक सप्ताह विद्यार्थियों द्वारा उच्च स्वर में पठन अभ्यास ।

\* मल्टीमीडिया का प्रयोग।

## (दिसम्बर)

श्रवण कौशल : जीवन में शिक्षा का महत्त्व, खेलों का हमारे जीवन में महत्त्व

वाचन कौशल : विज्ञान – खेल भावना का विकास, प्रकृति-प्रेम

पठन कौशल ः पाठ --13 पैसों का पेड़

पाठ -14 खेल दिवस

लेखन कौशल : जन्मदिन पर निमन्त्रण-पत्र , उपहार हेतु धन्यवाद पत्र

व्याकरण : क्रिया, काल, विशेषण, अनेकार्थी शब्द

\* प्रत्येक सप्ताह विद्यार्थियों द्वारा उच्च स्वर में पठन अभ्यास ।

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## (जनवरी - फरवरी)

श्रवण कौशल ः मेरा भारत महान , राष्ट्रप्रेम सम्बंधित कहानी

वाचन कौशल : भारत की शान तिरंगा, देश सेवा सर्वश्रेष्ठ धर्म

पठन कौशल : पाठ -15 दस आमों की कीमत

पाठ - 16 संकल्प

लेखन कौशल : अनुच्छेद लेखन- मेरा भारत महान , प्रार्थना-पत्र , चित्र वर्णन

व्याकरण : समश्रुत शब्द, संज्ञा, सर्वनाम, लिंग, वाक्यांश

\* प्रत्येक सप्ताह विद्यार्थियों द्वारा उच्च स्वर में पठन अभ्यास ।

\* मल्टीमीडिया का प्रयोग ।

पुस्तक का नाम : सुनहरी धूप (भाग -5)

प्रकाशन : रचना सागर

\* नमस्कार महामंत्र एवं राष्ट्रगान हिंदी पाठ्यक्रम का महत्त्वपूर्ण हिस्सा हैं।

## MATH SYLLABUS TERM 1 (APRIL – SEPTEMBER)

MONTH	CHAPTER/ TOPICS	ACTIVITIES	MENTAL MATHS
APRIL	CHAPTER -1 LARGE NUMBERS	* Write your parent's number using both the International & Indian system of numeration.  * Use ear buds to write down the birth dates of your family members in roman numerals.	Ex-1, Ex-14, 15, 16, 17, 18,79, 80, 81
MAY	CHAPTER – 2 FOUR OPERATIONS	* Math bingo involving four operations.	Ex-1, Ex -2,3,6,7,19,20,21,22, 23,24,25
JULY	CHAPTER -3 PLAYING WITH NUMBERS	* Divisibility rule sorting: Provide students with a set of number cards and have them sort the numbers based on whether they are divisible by a certain number.	Ex-4,5, Ex-7, Ex-29,30,31,32,33,34, 35,36, 38,39,40,41,61
	CHAPTER-4 FRACTIONS	* Fraction Rangoli: ask them to draw a rangoli on an A-3 size sheet by using any 5 colours of their choice and write fractions for each colour.	Ex-8 Ex- 42,43,44,45,46,47,48,49,50, 51,52,53,54,55,56,57,58,59
AUGUST- SEPTEMBER	CHAPTER-6 GEOMETRY	* Ask students to draw and colour a scenery using open and closed figures.  * Provide each student 5 – ice cream sticks and ask them to make a figure and paste them on sheet. After that, ask them to label the angles, arms, and vertices.	Ex- 12,99,100,101,102,103,116,117

## TERM II (OCTOBER – MARCH)

OCTOBER	CHAPTER-5 DECIMALS	*Provide a 1 by 10 and a 10 by 10 grid to each student and ask them to shade the parts of it and write how it is read.	Ex- 62,63,64,65,66, 67,68,69,70,71,72, 73,74,75,76,77,78,89
	CHAPTER-7 PATTERNS & SYMMETRY	* Cut out few shapes and distribute them among the students. Ask them to note whether the shape is symmetrical or not. After that, ask everyone to exchange the cut out with their friends and again check the symmetry of the shape.	Ex-90,91,92
NOVEMBER	CHAPTER-8 MEASUREMENTS	* Divide the class into pairs. Give each pair two blank sheets and ask each partner to note down the 5 objects present in their classroom, such as a duster, pencil box, water bottle, school bag, one book etc. Now estimate the height, length, weight and capacity.	Ex-59, Ex- 11, 96, 97, 98
DECEMBER	CHAPTER-9 TIME & TEMPERATURE	* Divide the class into 2 groups. In a bowl place different chits with the time written on them. For example, 2 a.m., 9 p.m. etc. Ask one student from each group to come forward and choose the chit, the student now needs to say the time in 12-hour as well as the 24-hour format. Every correct answer earns the team point. The team with more points is the winner.	Ex 93,94,95
	CHAPTER- 10 MATHEMATICS IN DAILY LIFE	* Divide the class into group of 3. Give each group a dozen pencils, some erasers and a half dozen sharpeners with the price tag. Ask all group members to find the cost of 100 pencils, 14 erasers and 25 sharpeners. The group that answers correctly will be the winner.	Ex-88, 124

JANUARY- FEBRUARY	CHAPTER-11 MENSURATION	* Ask students to measure the length, breadth and height of the maths book they have with them. After that, ask them to find the perimeter and area of the book.	Ex- 104,105,106,107, 108,109,110,111,112, 113,114,115 Ex-13
	CHAPTER – 12 DATA HANDLING	* Collect information on the favourite subjects from the students, then organize the information in the form of tally mark table and line graph.	Ex- 118,119,120, 121, 122,123, Ex-13
	Miscellaneous		Ex-9,10,37,26,27,28, 82,83,84,85,86,87, 89,60,125,126

PRESCRIBED TEXTBOOK: CAMBRIDGE MATHS MILESTONE & SUMMORE

NAME OF THE PUBLISHER: CAMBERIDGE UNIVERSITY PRESS & BHARATI BHAWAN

## SUBJECT- ENVIRONMENTAL SCIENCE

## TERM I (APRIL- SEPTEMBER)

<b>MONTHS</b>	<u>CHAPTERS</u>	<u>ACTIVITIES</u>
APRIL	CHAPTER-1 HOW DOES OUR BODY WORK?	DIGESTIVE SYSTEM
		3D craft with the help of straw, strings, clay etc.
		PHYSICAL DEMONSTRATION
		Students will be assigned role of lungs, trachea and
		diaphragm. This will help students to understand
		how the respiratory system works.
		FOLD OUT SEQUENCING
		Activity to understand the sequence of stages of
		circulatory system, students will make fun fold out.
		ORGAN SYSTEM CHART of all the systems will be
		shown to students.
	CHAPTER-2	MODEL OF SKELETON
	BONES AND MUSCLES	Students will be asked to observe the skeleton and
		identify the different parts, such as the skull, the
		vertebral column, the ribcage, the limbs, and the
		girdles.
		JOINT HUNT GAME
		Students will touch and name joints on their own
		bodies after hearing a description.
		RUBBER BAND MUSCLE MODEL
		Students will attach the rubber bands to cardboard
		hand model to show how muscles pull bones.
	CHAPTER-7 OUR COUNTRY	ROLE PLAY (WALK THROUGH INDIA)
		Students will act as tourists visiting different
		geographical regions of India and explaining their
		features.
MAY	CHAPTER-5	FOOD PLATTER
	EATING RIGHT	Students will be asked to make a collage of
		different food items to show balanced diet.
		FOOD PYRAMID
		Student will draw food pyramid on the chart
		paper.
		1 ^ ^

	CHAPTER-8 THE NORTHERN MOUNTAINS	HEAL WITH A WHEEL  Students will spin the wheel, identify the deficiency disease from symptoms, name missing nutrients and suggest food sources and prevention.  "HIMALAYA SAYS" Action Game  Students will follow Himalaya says commands and perform actions related to Himalayan ranges while staying attentive.  MARK THE PEAKS  Students will mark the peaks – Mount Everest, Kanchenjunga and K2 on the physical map of
	CHAPTER -9 THE NORTHERN PLAINS	India.  RIVER BASIN SORT  Students will be provided with flash cards with names of cities, crops and industries, and they will match them to the correct river basin.
	CHAPTER-4 LIVING SAFELY	"WHAT TO DO?" (Discussion)  Real life safety challenges will be described by teacher and students will discuss and suggest the appropriate solutions.  FIRE FACTS & SAFETY ACTS  Students will collect newspaper cuttings about major fire accidents and forest fires and will paste them on a chart paper, mentioning how these fires could be prevented.
JULY	CHAPTER-3 CLEANLINESS AND PREVENTION OF DISEASES	SANITATION SLOGANS Students will create slogans on an A4 sheet about the importance of hygiene and cleanliness.
	CHAPTER -10 THE SOUTHERN PLATEAU	RIVER FLOW CHALLENGE  Students will mark the rivers that flow through the Southern plateau region on the physical map of India.  SOUTHERN PLATEAU COLLAGE  Students will collect and paste pictures of different plantations (cotton, tea and coffee) and traditional

		dresses of different states of the Southern Plateau on a chart.
	CHAPTER-13 BRITISH RULE IN INDIA	ROLE PLAY Students will prepare a play depicting farmers' struggle under British rule and soldiers' resentment towards new cartridges, leading to the 1857 revolt.  OUIZ Students will be given a quiz based on the chapter.
AUGUST - SEPTEMBER	CHAPTER- 23 STUDY OF PLANTS	RAINBOW BLOOM EXPERIMENT  This experiment will help students to learn how the stem carries water to different parts of plants.  FLOWER DISSECTION Students will carefully take apart the parts of flower and observe its parts.  GERMINATION Students will be asked to soak kidney beans/ gram seeds in wet cotton to understand the process of germination.
	CHAPTER- 14 INDIAN NATIONAL MOVEMENT  CHAPTER-22	POSTER MAKING Students will create posters on freedom fighters and present their contributions.  SEE THROUGH CHALLENGE
	SEEING IS BELIEVING	Students will be provided with objects and they have to categorise objects into transparent, translucent and opaque based on light passing through them.
	CHAPTER-18 THE SHRINKING WORLD	TRANSPORT AND ENVIRONMENT DEBATE  Students will debate on the benefits and environmental impact of modern transport, presenting arguments with examples into opposing groups.  QUIZ  Students will be given a quiz based on the chapter.

## TERM II (OCTOBER – FEBRUARY)

ОСТОВЕВ	CHAPTED (	TOP ACTION THINK THE DEPOCATION
OCTOBER	CHAPTER 6 MAPPING THE WORLD	TREASURE HUNT: THE DIRECTION  QUEST  Students will be given a treasure map and follow cardinal directions to find hidden objects.  DEMONSTRATION with Globe to
		show poles, axis, equator, hemispheres, rotation of Earth on its axis.
	CHAPTER-15 TOWARDS INDEPENDENCE	ECHOES OF FREEDOM Students will enact scenes from Jallianwala Bagh Massacre and freedom movements, portraying leaders' speeches and people's struggles.
NOVEMBER	CHAPTER-21 MATERIALS AND THEIR PROPERTIES	TEST AND TELL Students will touch, feel and test objects for texture, hardness, solubility, and mass and then classify them accordingly.
		MATTER IN MOTION In this activity, students will be shown that how water changes its state depending on its temperature.
	CHAPTER-16 BIRTH OF A NATION	BOOKLET OF CONSTITUTION Students will prepare a model booklet of the constitution.
	CHAPTER- 17 A NEW DAWN	COLLAGE Students will collect pictures of Rashtrapati Bhavan and Parliament house and will make a collage. Also write the history associated with them in brief.
DECEMBER	CHAPTER-19 SIMPLE MACHINES	Build your own Well and Pulley- Students will be asked to make pulley with straw and paper.
		Build your own Catapult- To understand the use of simple machine (lever)
		Inclined plane- cardboard and toy car activity to understand inclined plane.

	CHADTED 20	CDAVITY DDOD TECT
	CHAPTER-20 FORCE, WORK AND ENERGY	GRAVITY DROP TEST Students will drop objects from the same height to see how gravity pulls everything downwards.
		ROLL AND STOP In this activity, students will roll a ball on different surfaces and observe how friction slows it down.
		MAGNET MAZE Students will use magnets to move a paper clip through a maze observing how magnetic force act.
	CHAPTER -11 THE COASTAL PLAINS AND THE ISLANDS	BROCHURE Students will be asked to prepare a brochure of Andaman and Nicobar or Lakshadweep Island, including pictures, physical features, agriculture and life of people living there.
JANUARY- FEBRUARY	CHAPTER-12 THE GREAT INDIA DESERT	DESERT QUEST  Students will enact role-play, describing the Great Indian desert's climate, crops and lifestyle in a storytelling format.
	CHAPTER-24 HELP I CAN'T BREATHE!	PROJECT PRESENTATION  Students will be asked to prepare a project on types of pollution and steps to reduce it.
	CHAPTER-25 PROTECTING PLANTS AND ANIMALS	GREEN GUARDIANS Students will list five ways to protect plants and share one personal effort.
		QUIZ Students will be given a quiz based on the chapter.
	THE GREAT INDIA DESERT  CHAPTER-24 HELP I CAN'T BREATHE!  CHAPTER-25 PROTECTING PLANTS AND	physical features, agriculture and life of people living there.  DESERT QUEST  Students will enact role-play, describing Great Indian desert's climate, crops and lifestyle in a storytelling format.  PROJECT PRESENTATION  Students will be asked to prepare a proje on types of pollution and steps to reduce GREEN GUARDIANS  Students will list five ways to protect pla and share one personal effort.  QUIZ  Students will be given a quiz based on the

**BOOK NAME: MY EARTH MY HOME** 

NAME OF THE PUBLISHER: <u>MILLENIUM BOOKS INDIA PVT LTD</u>

#### GENERAL KNOWLEDGE TERM 1 (APRIL - SEPTEMBER)

#### **APRIL**

- MY VIDYALAYA
- VALLABH SMARAK- AN ABODE OF LEARNING

#### MAY

• OUR CITY – DELHI

#### **JULY**

- OUR COUNTRY- INDIA
- HERITAGE SITES

#### **AUGUST-SEPTEMBER**

- INDIAN STATES AND UNION TERRITORIES
- SUPERLATIVES OF THE WORLD

#### **TERM 2 (OCTOBER-MARCH)**

#### **OCTOBER**

- SOLAR SYSTEM
- BOOKS & AUTHORS

#### **NOVEMBER**

• SPORTS AND GAMES

#### **DECEMBER**

- DANCE FORMS OF INDIA
- BIRDS & ANIMALS

#### JANUARY-FEBRUARY

- INDIAN HISTORY
- MIXED BAG

#### SANSKAR SAMVARDHAN TERM 1 (APRIL - SEPTEMBER)

#### **APRIL**

- FACING CHALLENGES WITH COURAGE
- BEING JUST AND HELP OTHERS TO SOLVE THEIR PROBLEMS
   MAY
- FORGIVENESS, KINDNESS AND HOPE

#### **JULY**

- SPORTSMANSHIP AND FAIRPLAY
- SAVE RESOURCES

#### **AUGUST-SEPTEMBER**

CLEANLINESS

## TERM 2 (OCTOBER-MARCH) OCTOBER

• DON'T LISTEN TO OR SPREAD GOSSIPS

#### **NOVEMBER**

- WORK IS WORSHIP
- KEEPING A PROMISE

#### **DECEMBER**

• SPEND, SAVE AND SHARE MONEY

#### **JANUARY-FEBRUARY**

- WORK HARD TO MAKE YOUR DREAMS COME TRUE
- BEING A RESPONSIBLE CITIZEN

## **SUBJECT – ART & CRAFT**

APRIL – MAY		
2D OR PICTORIAL ACTIVITY	POSTER ON EARTH DAY, A BEAUTIFUL COMPASSION, LANDSCAPE, BIRD DRAWING, DOT PAINTING, PASTEL COLOUR DRAWING	
3D OR CRAFT ACTIVITY	VEGETABLE PRINTING, HAND PRINTING, LEAF PRINTING, PAPER BAG MAKING	
	JULY	
2D OR PICTORIAL ACTIVITY	FOREST SCENE, ANIMAL DRAWING, VILLAGE SCENE, WARLI ART, BULLOCK CART	
3D OR CRAFT ACTIVITY	SUSTAINABLE FASHION, GREETING CARD MAKING	
	<u>AUGUST – SEPTEMBER</u>	
2D OR PICTORIAL ACTIVITY	RIVERSIDE, SUNSET SCENE, BEACH SCENE, A RAINY DAY, CASTEL DRAWING, TRI COLOUR PAINTING	
3D OR CRAFT ACTIVITY	CLOTH BAG MAKING, BEST OUT OF WASTE, TRI-COLOUR CRAFT	
	OCTOBER - NOVEMBER	
2D OR PICTORIAL ACTIVITY	MANDALA ART, DUSSEHRA DRAWING, POSTER ON ECO-FRIENDLY DIWALI, HELPING MOTHER, PENCIL SKETCHING, WATER COLOUR	
3D OR CRAFT ACTIVITY	PUPPET MARKING ACTIVITY, WASTE TO WEALTH, CANDLE MAKING, DIYA PAINTING ACTIVITY	
	<u>DECEMBER</u>	
2D OR PICTORIAL ACTIVITY	MADHUBANI PAINTING, ABSTRACT PAINTING, CHRISTMAS DRAWING.	
3D OR CRAFT ACTIVITY	CHRISTMAS DECORATION	
	JANUARY - FEBRUARY	
2D OR PICTORIAL ACTIVITY	NEW YEAR DRAWING, WINTER SCENE	

## **COMPUTER SYLLABUS**

## TERM – 1 (APRIL – SEPTEMBER)

**APRIL** 

	MAY
•	OPERATING SYSTEM
	<u>JULY</u>
•	INTRODUCTION TO PAINT 3D
	AUGUST-SEPTEMBER
•	INTRODUCTION TO WORD 2016
	TERM 2 (OCTOBER-MARCH)
	<u>OCTOBER</u>
•	FORMATTING TEXT IN WORD 2016
	<b>NOVEMBER</b>
•	INTRODUCTION TO SCRATCH
	<b>DECEMBER</b>
•	FILE MANAGEMENT
	JANUARY-FEBRUARY

• THE INTERNET- AN INTRODUCTION

• COMPUTER FUNDAMENTALS

## SUBJECT – HEALTH AND PHYSICAL EDUCATION TERM—I (APRIL – SEPTEMBER)

#### **APRIL**

#### **Exercises**

- ✓ Safety Rules
- √ Jeevan Vigyan
- ✓ Four and eight count exercise involving different body parts done to command/music
- ✓ Recreational Games

#### **MAY**

#### **Agility**

- ✓ Safety Rules
- ✓ Jeevan Vigyan
- ✓ Shuttle Run
- ✓ Recreational Games

#### **JULY**

#### **Command and Marching**

- ✓ Safety Rules
- √ Jeevan Vigyan
- ✓ Repetition of attention stands at ease, line formation, and mark-time, break off and dismiss etc.
- **✓** Recreational Games

#### <u>AUGUST – SEPTEMBER</u>

#### **Athletics**

- ✓ Safety Rules
- ✓ Jeevan Vigyan
- ✓ Short sprint: 50m and 80m standing start, Endurance: 200m, Hoping: 15 to 30m
- ✓ Throwing : Ball throw/Object Throw
- ✓ Recreational Games

#### TERM – II (OCTOBER - MARCH)

#### **OCTOBER**

#### Sports skills abilities /Excursion

- ✓ Circuit Training (Combination of two or more activities)
- ✓ Indigenous and self-defense activities
- ✓ Recreational Games

#### **NOVEMBER**

#### **Balance** and timing

- ✓ Safety Rules
- ✓ Jeevan Vigyan
- ✓ What are the ways to have my body in control and balance?
- ✓ Recreational Games

## **DECEMBER**

## **Coordination/ Flexibility**

- ✓ Safety Rules
- ✓ Jeevan Vigyan
- ✓ Self-testing activities
- ✓ Recreational Games

## JANUARY – FEBRUARY

## Lead up games

- ✓ Safety Rules
- ✓ Jeevan Vigyan
- ✓ Involving fundamental skills in Foot Ball, Volley Ball to be taught in the form of small area games
- ✓ Recreational Games