YARAR PIANTER CTASS-VI 2025-26

JAIN BHARATI MRIGAVATI VIDYALAYA

ACADEMIC PLAN

Session 2025-2026

Subject: English

CLASS: VI

Term I

APRIL

Recapitulation of Basic Concepts: Bridging the gap-Regular Handwriting, Spelling Exercise. Parts of Speech, Punctuation, and Capital letters, Regular Reading and Speaking exercises.

Reading Comprehension : Unseen Passage 1

Writing : Application

Grammar : Parts of Speech, Verbs, Sentences

Literature : Chapter 1- A Bottle of Dew

Activity: Students will share success stories of famous personalities/ local heroes/ relatives who achieved success through hard work and

determination.

: Chapter 2- The Raven and the Fox

Activity: Craft- Students will create stick puppets

of Fox and Raven, and enact the poem.

Speaking Skill Activity : Extempore

MAY

Reading Comprehension : Unseen Passage 2

Writing : Notice Writing

Grammar : Nouns, Adjectives, Prepositions

Literature : Chapter 3- Rama to the Rescue (For Reading

Assessment- OBTA will be conducted)

: Chapter 4- The Unlikely Best Friends

Activity: Writing Activity- Letter to a Friend

(Gratitude & Appreciation)

Students will write a heartfelt letter to a

friend, highlighting why they value their friendship.

Chapter 5- A Friend's Prayer Activity: Friendship Recipe

Students will write a recipe for friendship, using

ingredients and instructions metaphorically

(e.g., "2 cups of kindness, a pinch

of patience, stir in trust").

Speaking Skill Activity : Apologise and accept an apology.

JULY

Reading Comprehension : Unseen Passages 3-4

Writing : Paragraph Writing, Email Writing

Grammar : Pronouns, Simple Present, Simple Past,

Simple Future, Modals, Finite and Non Finite

Verbs.

Literature : Chapter 6- The Chair

Activity: Value-Based-

Students will write a thank you note to their friend.

Chapter 7- Neem Baba

Activity: Weave a Yarn- Students will be encouraged to change the ending of the story to help them to incorporate elements of humor,

paradox, and imagination.

Speaking Skill Activity : Speaking in sequence

AUGUST-SEPTEMBER

Reading Comprehension : Revision Worksheet-1

Writing : Diary Entry

Grammar : Subject Verb Agreement, Adverbs,

Determiners

Literature : Chapter 8- What A Bird Thought

Activity: Birdhouse Instructions (Process Writing) Students will write a step-by-step guide on how to build a birdhouse. Focus on using sequence words like

first, next, then, finally..

Speaking Skill Activity : Role Play

TERM-II

OCTOBER

Reading Comprehension : Unseen Passage 5

Writing : Formal Letter - Letter to Editor

Grammar : Continuous Tenses, Perfect Tenses

Literature : Chapter 9- Spices That Heal Us (For Reading
Assessment- OBTA will be conducted)

: Chapter 10- Change of Heart

Activity: Bio-Sketch Writing – Famous

Sportspersons

Students will write a bio-sketch of a famous sportsperson using given hints and enhance their research, writing, and summarization skills.

Chapter 11: The Winner

Activity: Visual Representation

Students will draw or paint a scene from the poem

that they imagine while reading the poem.

Speaking Skill Activity : Speaking about wishes and hopes

NOVEMBER

Reading Comprehension : Unseen Passage 6

Writing : Formal Letter, Article Writing

Grammar : Phrases and Clauses, Active and

Passive Voice

Literature : Chapter 12- Yoga- A Way of Life

Activity: Students will make yoga postures (asanas) like the Tree Pose or Mountain Pose and

discuss their benefits.

Chapter 13- Hamara Bharat-Incredible India

Activity: State & Culture Collage:

Students will create a collage showcasing their favourite state's food, dance, festivals, monuments, and famous personalities.

They will present their collage to the class and

discuss its unique features.

Chapter 14 The Kites

Activity: Flying Dreams- Students will make colourful kite and decorate it. They will write

their ambitions and dreams on it.

Speaking Skill Activity : Picture based dialogues

DECEMBER

Reading Comprehension : Unseen Passage 7

Writing : Informal letter- Invitation, Reply, Story Writing

Grammar : Direct and Indirect Speech, Conjunctions

Literature Chapter 15- Ila Sachani: Embroidering Dreams

with her Feet

Activity: Poster: Students will recognize

their unique qualities and write "I AM SPECIAL BECAUSE..." in the center. Around it, they will write or draw at least five things they like about themselves (e.g., kind, funny, creative, good at

sports).

Chapter 16- National War Memorial

Activity: Peace Quotations Corner- Students will be asked to convert a section of the classroom into a "Peace Quotations Wall." Each student will be tasked to find or create a quote related to peace, whether from literature, famous figures, or their

own reflections.

Speaking Skill Activity : Conversation between objects

All Grammar and writing skills topics of Mid-term exam will be included in Annual Examination also.

Books:

- 1. Poorvi published by NCERT
- 2. The Grammarite published by Indiannica Learning

Prepared by H.O. D Academic Supervisor Principal

जैन भारती मृगावती विद्यालय पाठ्यक्रम योजना (सत्र – 2025-2026) कक्षा – छठी विषय – हिंदी

प्रथमावधि

विद्यालय का नाम , नमोकर महामंत्र एवं राष्ट्रगान

महीना	पाठ्यक्रम	पाठ	गतिविधियां
अप्रैल	वसंत भाग - 1 पाठ - 1 - मातृभूमि (कविता) पाठ - 2 - गोल (संस्मरण) लेखन कौशल - श्रुतलेख, अपठित बोध, वाक्य रचना, चित्र वर्णन	मातृभूमि	मन की बात सबके साथ - बच्चे अपने देश के बारे में कक्षा में स्व विचार प्रकट करेंगे। पहचान कौन - देश के विभिन्न राज्यों से संबंधित वेशभूषा , भाषा, खान-पान आदि से संबंधित चित्र दिखाकर छात्रों से प्रश्नोत्तरी की जाएगी।
मई	वसंत भाग - 1 पाठ — 3 - पहली ब्रंद - कविता (पठन हेतु) पाठ — 4 - हार की जीत (कहानी) व्याकरण — संज्ञा, पत्र-लेखन, अशुद्धि शोधन, लेखन व पठन कौशल का अभ्यास बाल रामकथा- पाठ 1, 2	<u>हार की</u> <u>जीत</u>	आओ कहें कहानी - विद्यार्थी अपनी दादी — नानी से कहानी सुन कक्षा में उसका वाचन करेंगे ।

जुलाई	वसंत भाग - 1 पाठ – 5 - रहीम के दोहे शब्द भंडार - विलोम शब्द लेखन कौशल - पत्र लेखन (औपचारिक पत्र) बाल रामकथा – पाठ - 3 तथा 4	<u>रहीम के</u> <u>दोहे</u>	मेरी कलम से - 'मनुष्यों को जीव जंतुओं के जीवन में हस्तक्षेप नहीं करना चाहिए' विषय पर अपने विचार प्रस्तुत करेंगे । परहित में आत्महित - 'परहित में ही आत्महित है।' इस विषय पर छात्र कक्षा में चर्चा करके 100 शब्दों में अनुच्छेद लिखेंगे । नन्हे कलाकार बने चित्रकार- छात्र फलदार व छायादार वृक्षों के चित्र बनाएँगे ।
अगस्त - सितम्बर	वसंत भाग - 1 पाठ - 6 - मेरी माँ (आत्मकथा) पाठ - 7 - जलाते चलो (केवल पठनार्थ) व्याकरण- सर्वनाम, वचन , लिंग लेखन कौशल- अनुच्छेद , वाक्यांश के लिए एक शब्द बाल रामकथा- पाठ - 5 व 6	<u>मेरी माँ</u> जलाते चलो	बाल संग्रहालय - छात्र अपनी माता , दादी, नानी के विभिन्न चित्रों द्वारा एक संग्रह संचिका बनाएँगे आओ चाँद को जानें छात्र शुक्ल पक्ष और कृष्ण पक्ष के सभी चंद्रमा के चित्र बनाएंगे।
द्वितीयावधि			
अक्तूबर	वसंत भाग 1 पाठ - 8 - सित्रया और बिह् नृत्य (निबन्ध) केवल पठनार्थ पाठ - 9 - मैया मैं नहीं माखन खायो (पद) व्याकरण - उपसर्ग, प्रत्यय	मैया मैं नहीं माखन खायो	अपने घर को जानो छात्र घरों में प्रयोग होने वाली विभिन्नपुस्तक के चित्रों का संग्रह कर उनके नाम व प्रयोग भी लिखेंगे।

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	बाल रामकथा- पाठ — 7 व 8		
नवम्बर	वसंत भाग - 1 पाठ - 10 - परीक्षा (कहानी) पाठ - 11- चेतक की वीरता (कविता) लेखनकौशल - कहानी लेखन व्याकरण- श्रुतिसमभिन्नार्थक शब्द बाल राम कथा - पाठ- 9, 10	<u>परीक्षा</u>	अभिनय से सीखें कहानी में दिए गए पात्रों के अभिनय द्वारा कक्षा में कहानी का नाट्य रूपांतरण ।
दिसम्बर	पाठ - 12 - हिंद महासागर में छोटा सा हिन्दुस्तान - यात्रा वृत्तांत (केवल पठनार्थ पाठ - 13- पेड़ की बात (निबंध) व्याकरण - विशेषण, क्रिया शब्द भंडार – पर्यायवाची शब्द लेखन कौशल - कहानी लेखन, अनुच्छेद लेखन बाल राम कथा - पाठ 11,12	<u>पेड़ की</u> <u>बात</u>	आशीर्पत्र - छात्र स्वयं चिंतन करके पेड़ के द्वारा मनुष्य के लिए आशीर्वचन लिखेंगे ।
जनवरी - फरवरी	(संपूर्ण पाठ्यक्रम की पुनरावृति)		

पाठ्यपुस्तक - मल्हार (कक्षा छः)

प्रकाशक - एन.सी.ई.आर.टी.

पूरक पुस्तक - बाल राम कथा

प्रकाशक - एन.सी.ई.आर.टी.

JAIN BHARATI MRIGAVATI VIDYALAYA SYLLABUS PLANNING FOR THE SESSION 2025 – 26 AS PER NEW CURRICULUM CLASS – VI SUBJECT – MATHEMATICS

TERM - I

MONTH	CHAPTERS	REASONING	ACTIVITIES
APRIL	CHAPTER 1 PATTERNS IN MATHEMATICS CHAPTER 2 LINES AND ANGLES	1. SERIES 2. ANALOGY	Properties of addition and multiplication: (i) To verify that addition is commutative for whole numbers. (ii) To verify that multiplication is commutative for whole numbers. Protractor making: To make a protractor by paper folding.
MAY	CHAPTER 2 LINES AND ANGLES (CONTD.) CHAPTER 3 NUMBER PLAY	3. CLASSIFICATION 4. CODING – DECODING	Eratosthenes Sieve's Method: To find prime numbers between 1 to 100 by using Eratosthenes Sieve's Method.
JULY	CHAPTER 4 DATA HANDLING AND PRESENTATION	5. ALPHABET TEST 6. RANKING	Class survey: Conduct a survey within the class on topics such as favorite colors, hobbies or pets. Have students collect and organize the data, creating frequency distribution table or bar graphs.

TERM - II

AUGUST – SEPTEMBER	CHAPTER 5	PRIME TIME	7. BLOOD RELATIONS 8. MISSING NUMBERS	Finding HCF: To find HCF of two given numbers by paper cutting and pasting.
OCTOBER	CHAPTER 6	PERIMETER AND AREA	9. MATHEMATICAL OPERATIONS 10. DIRECTION AND DISTANCE	Classroom mapping: Create a scaled floor plan of the classroom. Have students measure and calculate the area and perimeter of different sections.

NOVEMBER	CHAPTER 7	FRACTIONS	11.ALPHANUMERIC	Classification of Triangle: To
			SEQUENCES	classify triangles on the basis of
	CHAPTER 8	PLAYING		(i) sides (ii) Angles
		WITH	12. VENN DIAGRAM	Exploring Diagonals of
		CONSTRUCTIONS		Rectangles and Squares: To
				prove that diagonals of a rectangle
				and square are equal in lengths.
DECEMBER	CHAPTER 9	SYMMETRY	13. FIGURE BASED	Symmetry in alphabets:
			INTELLIGENCE	Explore symmetry within
	CHAPTER 10	THE OTHER		letters of alphabets. Ask
		SIDE OF ZERO		students to identify letters with
				horizontal, vertical and
				rotational symmetry.
				Addition and Subtraction of
				Integers: To add and subtract
				integers using a number line.
				mingers doing a name of fine.
JANUARY -	REVISION			
FEBRUARY				

NAME OF THE BOOKS & PUBLISHERS: 1. GANITA PRAKASH TEXTBOOK OF MATHEMATICS FOR GRADE VI (NCERT)

2. JUNIOR THINKERS A JOURNEY TO REASONING AND APTITUDE (FOCUS LEARNING/FULL MARKS)

PREPARED BY H.O.D. ACADEMIC SUPERVISOR PRINCIPAL

(AS PER THE NEW CURRICULUM)

SYLLABUS PLANNING FOR THE SESSION (2025-26)

CLASS-VI

SUBJECT- SCIENCE

	TERM-I	
MONTHS	CHAPTERS	ACTIVITIES
APRIL	CHAPTER 1 THE WONDERFUL WORLD OF SCIENCE	 Cultivating Curiosity- The 'Why' Game. (To develop curiosity among students about the world around us by performing a few simple Science Tricks. Science is Everywhere: "Scavenger Hunt" For example: Make a list of Scientific phenomena or principles you've learned from your daily life.
	CHAPTER 2 DIVERSITY IN THE LIVING WORLD	 FIELD VISIT: Knowing different types of plants Dry leaf Art & Craft.
MAY	CHAPTER 3 MINDFUL EATING- A PATH TO A HEALTHY BODY	 Examining Food Labels. MY HEALTH PLATTER: Healthy Food Mela
TITE X	CIVA PERD. 4	•
JULY	<u>CHAPTER 4</u> EXPLORING MAGNETS	MAGIC WITH MAGNET
	CHAPTER 5 MEASUREMENT OF LENGTH & MOTION	 To show different types of motion - Relay Game (Rectilinear, Circular, Periodic, Rotational). Estimation Vs Measurement Game.
AUGUST - SEPTEMBER	CHAPTER 6 MATERIALS AROUND US	DIY: Recycled Object Challenge
OCTORER	TERM II	Y 16 10 P
OCTOBER	CHAPTER 7 TEMPERATURE & MEASUREMENT CHAPTER 8 A JOURNEY THROUGH STATES OF WATER	Ice Melting Race Role Play on Water Cycle.

NOVEMBER	CHAPTER 9	1. Let's Make Beautiful Crystals :
	METHODS OF SEPARATION IN EVERY DAY LIFE	(Making of saturated solutions of salt & sugar) 2. DIY: Water Purifier Model
	CHAPTER 10 LIVING CREATURES: EXPLORING THEIR CHARACTERISTICS	1. Breathing Rate Test (To compare breathing rate while resting & after light exercise with the help of a stop watch.
		2. Transpiration Rate Test (To compare transpiration rate in cactus and leafy plants.)
DECEMBER	CHAPTER 11	Nature's Sounds (Audio Activity)
	NATURE'S TREASURES	
	CHAPTER 12	1. Space Quiz Challenge
	BEYOND EARTH	2. Discussion (Chandrayaan, Mangalyaan, Gaganyaan, Apollo 11)
JANUARY	REVISION	
EEDDIADY	DEMICION	
FEBRUARY	REVISION	

❖ CHAPTER- 3 MINDFUL EATING- A PATH TO A HEALTHY BODY WILL BE INCLUDED IN ANNUAL EXAMS

❖ BOOK NAME❖ NAME OF THE PUBLISHER∶ NCERT

PREPARED BY ACADEMIC SUPERVISOR H.O.D. PRINCIPAL

(AS PER THE NEW CURRICULUM)

SYLLABUS PLANNING FOR THE SESSION (2025-26)

CLASS-VI

SUBJECT- SOCIAL SCIENCE

MONTHS	TERM-I	Activities
APRIL	GEOGRAPHY Ch-01 LOCATING PLACES ON THE EARTH HISTORY Ch-04 TIMELINE AND SOURCES	Interactive Classroom Map: Create a large map on the classroom floor with marked latitudes and longitudes. Have students physically place themselves on the map based on certain coordinates, reinforcing spatial awareness.
MAY	OF HISTORY POLITICAL SCIENCE Ch-09 FAMILY AND COMMUNITY	
	ECONOMIC Ch-13 THE VALUE OF WORK	
JULY	POLITICAL SCIENCE Ch-07 INDIA'S CULTURAL ROOTS GEOGRAPHY Ch-02 OCEANS AND CONTINENTS	World Map Puzzle Students will take large map of the world and ask them to cut out the continents and oceans into puzzle pieces. They can then work in groups to put the puzzle together, labeling each continent and ocean correctly.
AUGUST	HISTORY Ch-05 INDIA,THAT IS BHARAT	Group Discussion on Constitution: Read the Preamble and Article 1 of the Constitution. Discuss why the framers of the Constitution chose both terms and their relevance today.
	POLITICAL SCIENCE Ch-10 GRASSROOTS DEMOCRACY-PART 1: GOVERNANCE	

	TERM II	
OCTOBER	GEOGRAPHY Ch-03 LANDFORMS AND LIFE	
	POLITICAL SCIENCE Ch-08 UNITY IN DIVERSITY,OR 'MANY IN THE ONE'	Cultural Food Fair: Arrange a class or school- wide cultural food fair where students bring and share dishes from their cultural backgrounds. This promotes appreciation for diversity through the celebration of different cuisines.
NOVEMBER	ECONOMIC Ch-14 ECONOMIC ACTIVITIES AROUND US	
	POLITICAL SCIENCE Ch-11 GRASSROOTS DEMOCRACY-PART 2: LOCAL GOVERNMENT IN RURAL AREAS HISTORY Ch-06 THE BEGINNINGS OF INDIAN CIVILISATION	Timeline Construction: Have students create a timeline Illustrating significant events in the given context, helping them visualise the chronological order.
DECEMBER	POLITICAL SCIENCE Ch-12 GRASSROOTS DEMOCRACY-PART 3: LOCAL GOVERNMENT IN URBAN AREAS	Role-Play-Town Hall Meeting: Organise a role-play scenario where students take on roles of local administrators, residents, and community members in a town hall meeting. They can discuss and address issues relevant to both rural and urban areas.
JANUARY	REVISION	
FEBRUARY	REVISION	

BOOK NAME: EXPLORING SOCIETY INDIA AND BEYOND

NAME OF THE PUBLISHER- NCERT

PREPARED BY ACADEMIC SUPERVISOR H.O.D. PRINCIPAL

जैन भारती मृगावती विद्यालय

पाठ्यक्रम योजना (सत्र - 2025-2026) कक्षा - षष्ठी (संस्कृतम्)

<u>प्रथमावधि</u>

» <u>अप्रैल</u>

- विदयालय का नाम, णमोकार महामन्त्र एवं राष्ट्रगान
- प्रथम: पाठ: वयं वर्णमालां पठामः
- 💠 दिवतीय: पाठ: एषः कः ? एषा का ? एतत् किम् ?
- शब्दरूप परिचय अकारान्त पुल्लिङ्गम् (प्रथमा विभक्तिः त्रिषुवचनेषु)
 अकारान्त नपुंसकलिङ्गम् (प्रथमा विभक्तिः त्रिषुवचनेषु)
 आकारान्त स्त्रीलिङ्गम् (प्रथमा विभक्तिः त्रिष्वचनेषु)
- 💠 धातुरूपपरिचय: पठ्, लिख्, खाद्, धाव्, पा (पिब्), गम् (गच्छ), हस्, वद् लट्लकारे(परिचय: मात्रम्)

> मई

- 💠 तृतीय: पाठ: अहं च त्वं च
- 💠 चतुर्थ: पाठ: अहं प्रातः उत्तिष्ठामि
- 💠 शब्दरूप अस्मद्, युष्मद्, (प्रथमा विभक्ति: त्रिष्वचनेष्)
- धातुरूप पठ्, लिख् (लट् एवं लृट् लकार)
- नाम परिचय 5 फलों के नाम (संस्कृत में)

जुलाई

- पञ्चम: पाठ: श्राः वयं धीराः वयं (केवलं पठनार्थम्)
- 💠 षष्ठ: पाठ: सः एव महान् चित्रकार:
- 💠 अष्टमः पाठः बुद्धिः सर्वार्थसाधिका
- 💠 शब्दरूप देव (अकारान्त पुल्लिङ्गम्)
- 💠 धातुरूप खाद्, (लट् एवं लृट् लकार)
- 💠 शब्दरूप तत् , एतत् (प्रथमा विभक्तिः त्रिष्वचनेष्)
- 💠 नाम परिचय 5 सब्जियों के नाम (संस्कृत में)

अगस्त-सितम्बर

- 💠 सप्तमः पाठः अतिथिदेवो भव (केवलं पठनार्थम्)
- शब्दरूप फलम् (संपूर्णम्)
- धात्रूप धाव् (लट् एवं लृट् लकार)
- संख्या (1 20 पर्यन्त)
- नाम परिचय 5 मानव शरीर के अङ्गों के नाम (संस्कृत में)
- सम्पूर्ण पाठ्यक्रम की पुनरावृत्ति

<u>द्वितीयावधि</u>

अक्टूबर

- 💠 नवम: पाठ: यो जानाति सः पण्डितः (केवलं पठनार्थम्)
- 💠 एकादश: पाठः पृथिव्यां त्रीणि रत्नानि
- 💠 शब्दरूप लता (आकारान्त स्त्रीलिङ्गम्)
- 💠 धातुरूप पा (पिब्) (लट् एवं लृट् लकार)
- नाम परिचय 5 पशुओं के नाम (संस्कृत में)

> नवम्बर

- 💠 दशम: पाठ: त्वम् आपणं गच्छ (केवलं पठनार्थम्)
- 💠 द्वादश: पाठ: आलस्यं हि मनुष्याणां शरीरस्थो महान् रिप्ः
- 💠 चत्र्देशः पाठः माधवस्य प्रियम् अङ्गम्
- धातुरूप गम् (गच्छ) (लट् एवं लृट् लकार)
- नाम परिचय 5 पिक्षयों के नाम (संस्कृत में)

दिसम्बर

- 💠 शब्दरूप किम् शब्दरूप (प्रथमा विभक्ति त्रिष्वचनेषु)
- त्रयोदशः पाठः सङ्ख्या गणना ननु सरला (गतिविधय:)
- 💠 पञ्चदशः पाठः वृक्षाः सत्प्रुषाः इव
- धात्रूप वद् (लट् एवं लृट् लकार)
- संख्या (1-30 पर्यन्त)

जनवरी-फरवरी

💠 सम्पूर्ण पाठ्यक्रम की पुनरावृत्ति

पुस्तकस्य नाम - दीपकम् प्रथमः भागः

प्रकाशकः - राष्ट्रीय - शैक्षिक - अनुसंधान - एवं - प्रशिक्षण - परिषद्

SYLLABUS PLANNING FOR THE SESSION (2025-26)

CLASS-VI

SUBJECT- GENERAL AWARENESS

MONTHS	TERM-I
APRIL	1. MY VIDYALAYA
	2. MY SMARAK
	CURRENT AFFAIRS
MAY	3. AANGAN-E-DILLI: THE COURTYARDS OF DELHI'S HISTORY
	4. BASIC KNOWLEDGE OF INDIA
	5. FAMOUS FESTIVALS OF THE WORLD
	CURRENT AFFAIRS
JULY	6. THE PILLARS OF INDIAN LITERATURE: A QUIZ ON LEGENDARY
JOLI	WRITERS
	7. FAMOUS PAINTERS
	8. HISTORICAL TITANS: HOW WELL DO YOU KNOW THE ICONS OF
	THE PAST?
	CURRENT AFFAIRS
AUGUST	9. NATIONAL AWARDS OF INDIA
	REVISION
	TERM II
OCTOBER	10. LOOKING INTO SPACE
	11. MAJOR INTERNATIONAL ORGANISATIONS
	CURRENT AFFAIRS
NOVEMBER	12. UNVEILING THE MYSTERIES: A QUIZ ON INDIA'S MOST UNIQUE
	PLACES
	13. FAMOUS RIVERS OF THE WORLD
	14. IN THE FOOTSTEPS OF LORD RAMA: RAMAYANA QUIZ
	CURRENT AFFAIRS
DECEMBER	15. TRADITIONAL SPORTS OF INDIA
	16. CHOOSING THE BEST, INSPIRING THE REST
	17. FAMOUS WORLD HERITAGE SITES
******	CURRENT AFFAIRS
JANUARY	REVISION
FEBRUARY	REVISION

PREPARED BY ACADEMIC SUPERVISOR H.O.D. PRINCIPAL

JAIN BHARATI MRIGAVATI VIDYALAYA SYLLABUS PLANNING FOR SESSION – 2025-2026

HEALTH AND PHYSICAL EDUCATION

CLASS - VI

TERM-1 (APRIL TO SEPTEMBER)

(THEORY & PRACTICAL)

APRIL

EXERCISES

- Agreement for Safety on ground/safety Rules
- Surya Namaskar
- General fitness exercises (swinging, bending, twisting and stretching)

MAY

MEDITATION AND ASANA

- Agreement for Safety on ground/safety Rules
- Recreational Games
- Meditation and Asana

JULY

DEVELOPMENT OF MOTOR SKILLS

- Fun games
- Throwing and Catching Activities

AUGUST & SEPTEMBER

KABADDI AND KHO-KHO

- Dimension (Kho-Kho and kabaddi)
- > Basic fundamental skills of Kabaddi and Kho-Kho

TERM-II (OCTOBER TO FEBRUARY)

(THEORY & PRACTICAL)

OCTOBER

RECREATIONAL GAMES

- Terminology and rules (Kho-Kho and kabaddi)
- > Recreational games to develop skills of Kho-Kho and Kabaddi.
- Recreational Games Related to develop the skills of volleyball.

NOVEMBER

FUNDAMENTAL SKILLS OF VOLLEYBALL

- Basic fundamental skills of Volley Ball
- Volleyball Ground dimension
- Recreational Games Related to develop the skills of volleyball.

DECEMBER

SPORTS WEEK

- > Track and field events.
- Indigenes Games.

JANUARY AND FEBREARY

ATHLETICS

- Running Events, Throwing Events, Jumping Events
- Recreational Games