

# **YEARLY PLANNER**

**CLASS - III**

**2024-25**

**JAIN BHARATI MRIGAVATI VIDYALAYA**  
**ACADEMIC PLAN**  
**SESSION 2024-25**  
**CLASS: III**

**SUBJECT: ENGLISH**  
**TERM 1 ( APRIL – SEPTEMBER)**

**APRIL**

**Recapitulation of Basic Concepts: Nouns, Pronouns, Handwriting practice, Vocabulary Enrichment, Regular Reading and Speaking Exercises.**

**Reading Comprehension : Unseen Passage**

**Writing Skills : Writing Conversation**  
**Grammar : The Alphabet, Nouns**

**Literature : Chapter 1-Oh, Summer!**

**Activity - Students will be asked to share what things do they enjoy about summer. Depict the special fruits, special clothes and special activities.**

**: Chapter 2-Nani's Walk to the Park**

**Activity -We all enjoy spending quality time with our loved ones. Student will share an experience they have enjoyed with their loved ones.**

**Speaking Skill Activity : a) Describing an experience**

**MAY**

**Reading Comprehension : Unseen Passage**

**Writing Skills : Describing your favourite person**

**Grammar : Sentences**

**Literature : Chapter 3- The magic Letter**

**Activity -Students will write a thank you note to their friend for being in their life.**

**Speaking Skill Activity : a) Describing one's favourite food.**

## **JULY**

**Reading Comprehension : Unseen Passage**

**Writing Skills : Sequencing a story**

**Grammar : Punctuation, Adjectives, Articles**

**Literature : Chapter 4- My Big Fat Cat**

**Activity- Students will be asked what excuses they make for not completing the homework. Is making false excuses is a good moral?**

**Chapter 5- Ammachi's Brilliant Trap**

**Activity -Students will be asked if they think stealing food, even if it's from their home, is the right thing to do? They will explain their answer with a reason in the form of a short role play.**

**Speaking Skill Activity : a) Asking and answering questions  
b) Describe an object**

## **AUGUST- SEPTEMBER**

**Reading Comprehension : Reading Passage**

**Writing Skills : Application Writing,  
Writing sentences to plan an event**

**Grammar : Pronouns, Verbs, Revision Worksheet:1**

**Literature : Chapter 6- Welcome to the Forest**

**Activity -In this story students will read about leaves used for making bowls. Students will prepare a presentation on how forests provide things of daily life and also other uses of forests .How they are important to maintain ecological balance and for pollution free environment.**

**:Chapter 7 - The Whistle**

**Activity-Students will be asked to share what lesson they have learned after making a mistake just like Benjamin did by buying a whistle in exchange of all the pennies given by his mother on his birthday.**

**Speaking Skill Activity**

- : a) Role play on polite words  
b) Talking about one's favourite pet**

**Collaborative Learning**

**Project I– Express Gratitude (Integrating Art with English Language)**

**TERM 2 ( OCTOBER – MARCH)**

**OCTOBER**

**Reading Comprehension**

**: Unseen Passage**

**Writing Skills**

**: Writing Thank you note**

**Grammar**

**: Tenses**

**Literature**

**: Chapter 8- Rainy Morning**

**Activity- Students will make an acrostic poem of words like PEACOCK.**

**:Chapter 9- The Magic Powder**

**Activity- Students will be asked to make request .For example -May I....? Can we.....? I need.....**

**Speaking Skill Activity**

**: a) Making request**

**NOVEMBER**

**Reading Comprehension**

**: Unseen Passage**

**Writing Skills**

**: Writing Thank you note**

**Grammar**

**: Prepositions**

**Literature**

**: Chapter 12- Raising Pandas**

**Activity -Students will be asked to draw a giant panda on a chart and write about their physical appearance, habitat, eating habits, ecological contribution , reasons of threat and ways to save it from extinction to make it a word web chart.**

**Speaking Skill Activity : a) Making a request**

### **DECEMBER**

**Reading Comprehension : Unseen Passage**

**Writing : Thank you note**

**Grammar : Tenses**

**Literature : Chapter 10- The Magician's Hat**

**Activity – Students will be asked to speak four to five sentences what they wish to be and who is their role model. What qualities of him/her do they want to emulate?**

### **Chapter 11 –My Brother'**

**Activity- Students will be asked to explore about the differently abled children who have received Rashtriya Bal Puraskar 2024 for their exemplary contributions in various fields. Students will be asked to prepare a presentation on any one and share in class**

**Speaking Skill Activity : a) I want to be**

### **JANUARY-FEBRUARY**

**Reading Comprehension : Unseen Passage from Grammar Book**

**Writing Skills : Paragraph Writing**

**Grammar : Conjunctions, Revision Worksheet -2**

**Literature : Chapter 13- Eletelephony**

**Activity- Students will be asked to bring and speak tongue twister in the class{for correct pronunciation of letter v and w}. They will be asked to create non sense words for fun by combining two words with different meanings.**

## **Chapter 14- The Non La**

**Activity-** We all belong to different states and follow different religions. Students will be asked to share few customs and traditions specific about their state.

**Speaking Skill Activity**  
**Collaborative Learning**

**: a) Answering questions in yes or no**

## **Project II – Take a Survey (Integrating Art with English Language)**

**Books:**

- 1. Amber- Course Book published by Indiannica Learning**
- 2. The Grammarite published by Indiannica Learning**

## हिन्दी

### TERM 1 ( APRIL – SEPTEMBER)

<u>महीना</u>	<u>पाठ</u>	<u>गतिविधि</u>
अप्रैल	<p>पाठ - 1</p> <p>कौन सिखाता है?</p> <p>पाठ - 2</p> <p>अनोखा जादू का खेल</p> <p>व्याकरण - मात्रा अभ्यास, विलोम शब्द , लिंग</p> <p>लेखन कौशल - पंक्ति लेखन ,चित्र वर्णन</p>	<p>*बारहखड़ी चक्र</p> <p>*मास्क गतिविधि</p> <p>*आबरा का डाबरा जादू का खेल गतिविधि</p> <p>* मात्रा चक्र</p>
मई	<p>पाठ -3</p> <p>खेल -खेल में</p> <p>व्याकरण - शब्दों में गिनती 1-20, वचन , पर्यायवाची शब्द</p> <p>लेखन कौशल -पंक्ति लेखन, चित्र वर्णन</p>	<p>*फ्लैश कार्ड</p> <p>(समानार्थी शब्द)</p> <p>*अभिनय प्रदर्शन</p>

<p>जुलाई</p>	<p>पाठ -4</p> <p>वर्षा रानी</p> <p>पाठ - 5</p> <p>जन्मदिन का उपहार</p> <p>व्याकरण - संज्ञा, सर्वनाम</p> <p>शब्दों में गिनती 21-30</p> <p>लेखन कौशल - पंक्ति</p> <p>लेखन, चित्र वर्णन</p>	<p>*कागज़ की नाव</p> <p>विद्यार्थी कागज़ की नाव बनाना सीखेंगे व उसे पानी में चलाएंगे।</p> <p>*अखबारों का पुनः उपयोग करके विभिन्न आकर्षक उपहार बनाएंगे।</p>
<p>अगस्त - सितंबर</p>	<p>पाठ - 6</p> <p>मैं टी० वी० हूँ</p> <p>पाठ -7</p> <p>बहादुर बच्चे</p> <p>पाठ - 8 पृथ्वी</p>	<p>*रचनात्मक तरीके से टी० वी० बनाना</p> <p>*पुरस्कृत बहादुर बच्चों की कहानी सुनाना</p> <p>* विज्ञान गतिविधि</p> <p>ग्लोब की सहायता से दिन और रात बनाना</p>



	<p>व्याकरण - क्रिया, विराम चिह्न ,शब्दों में गिनती 31-40</p> <p>लेखन कौशल - पंक्ति लेखन चित्र वर्णन</p>	<p>*हेड गेयर। ( विराम चिह्न )</p> <p>समय सारिणी बनाना ( क्रिया)</p>
अक्टूबर	<p>पाठ -9</p> <p>साइकिल मिल गई</p> <p>पाठ - 10</p> <p>समस्या ऐसे सुलझी</p> <p>व्याकरण - विशेषण - विशेष्य, मुहावरे</p> <p>लेखन कौशल - पंक्ति लेखन, चित्र वर्णन</p>	<p>* फर्स्ट - एंड - बॉक्स</p> <p>*वाद - विवाद प्रतियोगिता</p> <p>विद्यार्थी advertisement (काल्पनिक व वास्तविकता)पर वाद -विवाद प्रतियोगिता करेंगे।</p> <p>*तख्तियों बनाना</p> <p>(स्वच्छता संबंधित )</p>
नवंबर	<p>पाठ -11</p> <p>चतुर तेनालीरामन</p>	<p>*वाचन कौशल</p> <p>(चतुरता पर आधारित अनुभव सांझा)</p>

	<p>पाठ - 12</p> <p>पोषम पा भई पोषम पा</p> <p>व्याकरण - काल , वाक्यांश</p> <p>लेखन कौशल - पंक्ति लेखन, चित्र वर्णन</p>	<p>* खेल गतिविधि द्वारा कविता वाचन ।</p>
दिसंबर	<p>पाठ - 13</p> <p>यूलिसिस और पॉलिफिमिस</p> <p>पाठ - 14 छोटा रोबोट</p> <p>व्याकरण - अशुद्धिशोधन, कहानी पूरा करना।</p> <p>लेखन कौशल - पंक्ति लेखन, चित्र वर्णन</p>	<p>* वर्ग पहेली द्वारा विलोम शब्द छांटिए</p> <p>* दिशा ज्ञान</p> <p>* पोस्टर बनाना</p>
जनवरी - फरवरी	<p>पाठ - 15</p> <p>यह दिवाली याद रहेगी</p>	<p>* कोलाज (त्योहार)</p> <p>विद्यार्थी विभिन्न त्योहारों के चित्र चिपकाकर उनके विषय में जानकारी सांझा करेंगे।</p>

	पाठ - 16 गाँव का बच्चा, शहर का बच्चा (कविता)	*वाद -विवाद गतिविधि (ग्रामीण व शहरी जीवन)  *स्लोगन लेखन (कागज़ का सदुपयोग)
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## MATHEMATICS

### TERM 1 (APRIL – SEPTEMBER)

<b>MONTH</b>	<b>CHAPTER/TOPIC</b>	<b>ACTIVITY</b>
<b>APRIL</b>	<b>CHAPTER -1</b> <b>NUMBERS</b>  <b>-Representation of number on abacus</b>  <b>-Successor and predecessor</b>  <b>-Ascending and Descending order</b>	<b>-Abacus making</b>  <b>-Divide the class into pairs. Each partner writes any ten numbers up to four digits on a paper and exchanges it with their partner. The partner then writes the successor and predecessor for all ten numbers. The partner who completes the task first wins the challenge.</b>  <b>-Divide the class into odd and even roll number groups. Student with even roll number will be in the even group and with odd roll numbers will be in the odd group .Ask both groups to stand in ascending order and descending order according to their roll numbers.</b>
<b>MAY</b>	<b>CHAPTER -2</b> <b>ADDITION</b>  <b>-3-digit addition</b>  <b>-4-digit addition</b>	<b>-Flip Flop</b>  <b>-Form groups of five students and distribute number cards from 0 to 9 to each group. Now, each group needs to create two 4-digit numbers from the cards without repeating any digits. After that, they should add the two numbers together and find the sum. The group that completes this task first will be the winner.</b>

JULY	<p><b>CHAPTER -3</b></p> <p><b>SUBTRACTION</b></p> <p><b>-3-digit subtraction</b></p> <p><b>-4-digit subtraction</b></p> <p><b>-Words problems</b></p> <p><b>CHAPTER -4</b></p> <p><b>MULTIPLICATION</b></p> <p><b>1-digit multiplication</b></p> <p><b>-2-digit multiplication</b></p>	<p><b>-Subtraction maze</b></p> <p><b>Sign Language Subtraction: Students will work in pairs, with one student showing a 4-digit number using their fingers, while the other student identifies and solves it.</b></p> <p><b>Instruct students to decide on a theme, such as fruits, flowers, animals, etc., and design word problems based on it.</b></p> <p><b>-Integration with Science: Students will cut out leaves and write numbers on them. They will then multiply the number on the leaf with the number in the circle. (Discuss the benefits of eating green leafy vegetables).</b></p> <p><b>-Multiplication Dice roll activity: Students will work in pairs. Each student will be given two dice. They will roll the dice and multiply the numbers shown on them.</b></p>
AUGUST- SEPTEMBER	<p><b>CHAPTER -7</b></p> <p><b>GEOMETRY</b></p> <p><b>-Straight and curved line</b></p> <p><b>-Plane shapes</b></p>	<p><b>-Name activity: Ask students to make a cut out of their choice and write their name on it. Count the number of straight and curved lines in their name. Repeat the same for their family members</b></p> <p><b>-Warli art: Ask students to draw a scene using plane shapes.</b></p>

	-Point ray and line segment	-Show objects to the students, like a duster, notebook etc., and ask them to identify points, lines, rays and line segments if any.
<b><u>TERM 2 (OCTOBER- MARCH)</u></b>		
<b>OCTOBER</b>	<b>CHAPTER -5</b>  <b>DIVISION</b>  -Repeated subtraction          -Division of 2-digit number by 1-digit number          -Division of 3\4-digit number          <b>CHAPTER -6</b>  <b>FRACTIONS</b>  -Fraction as a part of collection	-Paper Flower Activity: Provide 20 paper flowers to each student in the class. Ask them to take out four flowers at a time, then calculate and write the number of flowers left each time. Afterwards, ask them what they have observed from the activity. How many times will they subtract?          -Division Flashcards: Give flashcard with division statements to students and ask them to solve the given statements          -Division Bingo          -Paper Balls: Both players draw a handful of coloured paper balls from a bowl and count them according to their colours. Find out the fraction of each colour compared to the total coloured paper          -Fraction Pizza: Ask students to make a pizza out of a cardboard and instruct them to make cutouts of pizza toppings . Divide the pizza into 8 equal parts and design your pizza with your favourite toppings . Then, ask the students to write the fraction of toppings that they have used

<b>NOVEMBER</b>	<b>CHAPTER -8</b>  <b>PATTERNS AND SYMMETRY</b>  <b>-Symmetry</b>          <b>-Increasing decreasing pattern</b>	<b>-Paper Rangoli:</b> Take an A4 size sheet ,fold it in half and cut out any design from the folded side. Then, open it and paste it on an A3 size sheet.          <b>-Ask the students to create an increasing pattern using kidney beans and a decreasing pattern using buttons.</b>
<b>DECEMBER</b>	<b>CHAPTER -9</b>  <b>MEASUREMENTS</b>  <b>-Units of measurement</b>          <b>-Addition, subtraction of units</b>          <b>CHAPTER -10</b>  <b>TIME</b>  <b>-Quarter past, Quarter to, Half past</b>          <b>-Calendar</b>	<b>-Ask students to measure objects (notebooks, erasers, geometry boxes etc.) around them using a ruler. Then, divide the class into groups and allow them to weigh the items on a weighing machine group - wise.</b>          <b>-Take items (bags, geometry boxes, pencils etc.) of different sizes, measure them and find the difference between their sizes.</b>          <b>-Clock making activity</b>          <b>-Create a calendar on an A4 size sheet for the fifth month of the year, with the first day of the month being Wednesday.</b>

<b>JANUARY- FEBRUARY</b>	<b>CHAPTER -11</b>	
	<b>MONEY</b>	
	<b>- 4 Operation</b>	<b>-Virtual Shop: Ask students to bring different items and create a rate list of the items . Other students will act as customers ,buying the items in exchange of fake currency.</b>
	<b>-Write in words and figures</b>	<b>-Show the students different currency notes and coins, then instruct them to write the figures in words.</b>
	<b>CHAPTER -12</b>	
	<b>DATA HANDLING</b>	
	<b>-Pictograph</b>	<b>-Birthday pictograph: Divide students into group of 10 . Have them discuss their birthday months and create a pictograph for the same.</b>
	<b>-Bar graph</b>	<b>-Check your stationary to find out how many pencils, erasers, sharpeners and crayons you have. Create a bar graph for the same.</b>

**PRESCRIBED TEXTBOOK : CAMBRIDGE MATHS MILESTONE**  
**NAME OF THE PUBLISHER : CAMBRIDGE UNIVERSITY PRESS**



## **ENVIRONMENTAL STUDIES**

### **TERM 1(APRIL- SEPTEMBER)**

<b>MONTH</b>	<b>CHAPTER /TOPICS</b>	<b>ACTIVITIES</b>
<b>APRIL</b>	<b>➤ CHAPTER-1 OUR BODY</b>	<b>ART INTEGRATED:</b> Outline of human body and label the body parts.  <b>PHYSICAL DEMONSTRATION-</b> Students will be assigned role of HEAD, LIMBS AND TRUNK OR TORSO  <b>Blind fold activity:</b> Guess the object using sense organs.  <b>INTERNAL ORGAN SYSTEM CHART</b> of all the systems will be shown to students.
	<b>➤ CHAPTER - 2 CARING FOR OUR BODY</b>	<b>FOOD PLATTER:</b> Make a collage using different food picture on the basis of Carbohydrate, protein, fats, vitamins and minerals.  <b>DEMONSTRATE YOGA POSTURES-</b> Students will be asked to learn some yoga postures to become fit and healthy.
<b>MAY</b>	<b>➤ CHAPTER- 3 OUR FAMILIES</b>	<b>ART INTEGRATED: FAMILY TREE</b>  Students will paste pictures of their family members.  <b>THANK YOU CARD FOR THE FAMILY</b>  Students will write a thank you note to express their love and gratitude towards their family.
	<b>➤ CHAPTER -13 OUR ENVIRONMENT</b>	<b>Demonstrative activity-</b> To understand how air becomes polluted

		<p>Teacher will demonstrate by lighting a piece of paper and keeping it in a glass jar. Students will observe smoky air.</p> <p>Poster on Save environment</p>
JULY	<p>➤ CHAPTER- 4</p> <p>A TIME FOR CELEBRATION</p>	<p>ROLE PLAY</p> <p>Students will dress up in the traditional costume of their home state and will speak about harvest festival.</p>
	<p>➤ CHAPTER - 15</p> <p>DIRECTION AND MAPPING</p>	<p>LET'S CREATE-Students will create their own simple map of their classroom, including key features and symbols.</p>
AUGUST- SEPTEMBER	<p>➤ CHAPTER- 5</p> <p>THE FOOD WE EAT</p>	<p>SORTING ACTIVITY-Students will categorise food items into grains, fruits and vegetables, and nuts.</p> <p>ACTIVITY GUESS THE FOOD GROUP- one Student will describe food items and others have to identify their group.</p>
	<p>➤ CHAPTER-6</p> <p>OUR HOUSES</p>	<p>CREATE-Students will make Clay house to understand the difference between kuccha house and pucca house.</p> <p>MAKE A POSTER - Poster on safety at home (picture based) OR showcasing different types of houses in your neighbourhood.</p>
	<p>➤ CHAPTER- 16</p> <p>OUR COUNTRY INDIA</p>	<p>Presentation by students on National Symbols of India.</p> <p>Map Work- Students will locate states, union territories and their capitals on the map.</p>

<b><u>TERM 2 ( OCTOBER- MARCH)</u></b>		
<b>OCTOBER</b>	➤ <b>CHAPTER-7</b> <b>LIVING AND NONLIVING THINGS</b>	<b>ACTIVITY-</b> Students will compare the features of a dummy (toys like doll, teddy bear) and one of their classmates.  <b>Demonstration activity-Touch me not plant</b> will be shown to students and they observe its movement
	➤ <b>CHAPTER-8</b> <b>PLANT AROUND US</b>	<b>Experiment-</b> Stems absorb the water and send it to the leaves.  <b>Leave</b> will be shown to the students for showing parts of the leaf.  <b>GARDEN VISIT-</b> Students will visit school garden to learn about different parts of the plant.
<b>NOVEMBER</b>	➤ <b>CHAPTER-17</b> <b>OUR PAST</b>	<b>Timeline-</b> Students will make the timeline of their life on a chart paper and present in the class.  <b>Video of museum</b> in which students will see the old objects from the past.  <b>PRESENTATION</b> on different sources of History.
	➤ <b>CHAPTER-18</b> <b>THE INDUS VALLEY CIVILISATION</b>	<b>Old pictures of Indus valley civilization</b> will be shown to the students.  <b>Map activity-</b> Students will mark the cities of Indus valley civilization.
<b>DECEMBER</b>	➤ <b>CHAPTER-9</b> <b>ANIMAL-WHERE THEY LIVE AND WHAT THEY EAT</b>	<b>Food chain</b> will be shown through flash cards of different animals.  <b>Food chain outdoor activity-</b> Students will be asked to represent as one animal each and then join hands to represent a food chain.
	➤ <b>CHAPTER-10</b> <b>AIR AND WATER</b>	<b>Demonstration Activity-</b> Teacher will show evaporation and condensation process using steamer in the class.

		ICT- Video on water cycle
<b>DECEMBER</b>	➤ <b>CHAPTER-19</b> <b>THE WORK WE DO</b>	Clay activity-Students will make pot by using clay.  Flash cards of different professions will be shown.
<b>JANUARY- FEBRUARY</b>	➤ <b>CHAPTER-11</b> <b>WEATHER AND SEASONS</b>	Weather Journal- Students will be asked to record changes in weather for a week to understand the changes in weather conditions.
	➤ <b>CHAPTER-12</b> <b>THE EARTH IN THE UNIVERSE</b>	Demonstration Activity-Globe will be shown to the students.  ICT- Video on solar system  3-D model of Solar System
	➤ <b>CHAPTER 14:</b> <b>CHANGING WAYS OF TRAVEL AND COMMUNICATI ON</b>	Art Integrated Project

**NAME OF THE BOOK: EARTHWISE**

**PUBLISHER: ORIENT BLACK SWAN**

**GENERAL KNOWLEDGE**

**TERM – 1 (APRIL - SEPTEMBER)**

**APRIL- MAY**

1. Our city- Delhi
2. Our country - India

**JULY**

3. Heritage sites
4. Indian States and UTs

**AUGUST-SEPTEMBER**

5. Superlatives
6. Our Solar System

**TERM 2 (OCTOBER-MARCH)**

**OCTOBER – NOVEMBER**

7. Famous Books and Authors
8. Sports Quiz

**DECEMBER**

9. Indian History
10. Dance Forms in India

**JANUARY-FEBRUARY**

11. Bird's and Animal Quiz
12. Mixed bag

## **SANSKAR SAMVARDHAN**

### **TERM 1 (APRIL - SEPTEMBER)**

#### **APRIL- MAY**

1. Being beautiful from inside
2. Being a good Neighbour
3. Becoming aware of own emotions
4. Knowing my country 's origin and my birth place through pictures
5. Matri Devo Bhava

#### **JULY**

6. Happiness
7. Learning to disagree with grace
8. Learning to be mindful and practicing forgiveness
9. Pitri Devo Bhava

#### **AUGUST-SEPTEMBER**

10. Sports person spirit
11. Overcome in shyness
12. Forgiveness stories of Great Personalities of my country
13. Acharya Devo Bhava

### **TERM 2 (OCTOBER – MARCH)**

#### **OCTOBER – NOVEMBER**

14. Time Management
15. Praising the good in others
16. Knowing my needs and other's needs
17. Grandparents Love

#### **DECEMBER**

18. Forgiveness
19. Seeing things from another point of view
20. Stories and activities based on how  
People of my country take care of other's well-being
21. Pyar ke pal, doston ke sang

## **JANUARY – FEBRUARY**

- 22. All of us have some strength
- 23. Harmony in the self by showing gratitude
- 24. Paying Gratitude to my country
- 25. Nature I care for

**ART AND CRAFT**  
**TERM 1 ( APRIL – SEPTEMBER)**

MONTH	CHAPTER/TOPICS	ACTIVITIES
APRIL	➤ 2D OR PICTORIAL ACTIVITY	<ul style="list-style-type: none"> <li>• Poster on earth day, a beautiful compassion. Landscape, bird drawing, Dot painting, pastel colour drawing.</li> </ul>
MAY	➤ 3D OR CRAFT ACTIVITY	<ul style="list-style-type: none"> <li>• Vegetable printing, hand printing, leaf printing, paper bag making.</li> </ul>
JULY	➤ 2D OR PICTORIAL ACTIVITY  ➤ 3D OR CRAFT ACTIVITY.	<ul style="list-style-type: none"> <li>• Forest scene. Animal drawing, village scene, warli art, bullock cart</li> <li>• Sustainable fashion, greeting card making</li> </ul>
AUGUST – SEPTEMBER	➤ 2D OR PICTORIAL ACTIVITY  ➤ 3D OR CRAFT ACTIVITY	<ul style="list-style-type: none"> <li>• River side, sunset scene, beach scene, a rainy day, castle drawing, tri colour painting.</li> <li>• Cloth bag making, best out of waste. Tri-colour craft.</li> </ul>
<b><u>TERM 2 (OCTOBER- MARCH)</u></b>		
OCTOBER-NOVEMBER	➤ 2D OR PICTORIAL ACTIVITY  ➤ 3D OR CRAFT ACTIVITY	<ul style="list-style-type: none"> <li>• Mandala art, Dussehra drawing, poster on eco-friendly Diwali, helping mother, pencil sketching, water colour</li> <li>• Puppet making activity, waste to wealth, candle making and diya painting activity.</li> </ul>
DECEMBER	➤ 2D OR PICTORIAL ACTIVITY  ➤ 3D OR CRAFT ACTIVITY	<ul style="list-style-type: none"> <li>• Madhubani painting, abstract painting, Christmas drawing.</li> <li>• Christmas Decoration.</li> </ul>
JANUARY - FEBRUARY		<ul style="list-style-type: none"> <li>• New year drawing, winter scene</li> </ul>

**PRESCRIBED TEXT BOOK: NEP BASED WORKSHEETS**



# **PHYSICAL EDUCATION**

## **TERM 1 (APRIL - SEPTEMBER)**

### **APRIL**

#### **Orientation Movement**

- ✓ Safety Rules
- ✓ Jeevan Vigyan
- ✓ Exercises for stretching, bending, twisting etc.
- ✓ Recreational Games

### **MAY**

#### **Boady Balance**

- ✓ Safety Rules
- ✓ Jeevan Vigyan
- ✓ Jump
- ✓ Recreational Games

### **JULY**

#### **Loco Motor Coordination**

- ✓ Safety Rules
- ✓ Jeevan Vigyan
- ✓ Run and hop, Run and skip, Run and gallop
- ✓ Recreational Games

### **AUGUST – SEPTEMBER**

#### **Improve speed and agility**

- ✓ Safety Rules
- ✓ Jeevan Vigyan
- ✓ Turn and move quickly (shuttle run, short relays etc.)
- ✓ Recreational Games

## **TERM 2 (OCTOBER - MARCH)**

### **OCTOBER**

#### **Development of skills**

- ✓ Safety Rules
- ✓ Jeevan Vigyan
- ✓ Circuit Training (Combination of two or more activities)
- ✓ Recreational Games

### **NOVEMBER**

#### **Development of skills**

- ✓ Safety Rules
- ✓ Jeevan Vigyan
- ✓ Dribbling the ball, Kicking the ball
- ✓ Recreational Games

### **DECEMBER**

#### **Coordination**

- ✓ Safety Rules
- ✓ Jeevan Vigyan
- ✓ Collect objects as quickly as possible (eye, hand, foot movements)
- ✓ Recreational Games

### **JANUARY – FEBRUARY**

#### **Simple Combative**

- ✓ Safety Rules
- ✓ Jeevan Vigyan
- ✓ Minor Games (Dog fight, Cock fight, Lame duck fight etc.)
- ✓ Recreational Games