



PRESENTATION CONVENT SR SEC SCHOOL, GANDHI NAGAR, JAMMU
SYLLABUS (2025 - 26)
CLASS VII

ENGLISH

TERM- I

PRE-MID TERM

Reading Skill: Comprehension (prose & poetry)

Literature Reader: L-1 Tigers Forever

L-2 The Magic Bonbons

MCB: Unit I

L-1 Hopscotch (Comprehension)

L-2 Gulli Danda

Grammar: Sentences, Nouns, Figures of Speech

Writing Skill: Advertisement

MID TERM

APRIL

Reading: Comprehension (prose & poetry)

Lit. Reader: L-1 Tigers forever

MCB: Unit 1: L-2 Gulli Danda

Grammar: Sentences, Nouns

Writing Skill: Advertisement

MAY

Reading: Comprehension (prose & poetry)

Lit. Reader: L-1 Hopscotch

(Comprehension)

L-2 The Magic Bonbons

L-3 The Echoing Green

Grammar: Pronouns, Verbs

JULY

Reading: Comprehension (prose & poetry)

Lit. Reader: L-4 A Song from the Suds

L-5 Idgah

MCB : Unit 2: L-1 Those Six Days

L-2 Around The World in 80 Days
(Comprehension)

L-3 A Trek through the Himalayas

Writing: Notice writing

Grammar: Articles, Subject-Verb

Agreement

AUGUST

Reading: Comprehension (prose & poetry)

MCB: Unit 3: L-1 Henry: A Chameleon

L-2 Packing for the Journey

L-3 Foolish Questions (Comprehension)

Grammar: Adjectives, Determiners

Writing Skill: Story writing

SEPTEMBER

Revision

TERM-II

POST-MID TERM

Reading Skill: Comprehension (prose & poetry)

Literature Reader: L-7 Oft, in the Stilly Night

L-8 The Strange Man's Arrival

MCB: Unit IV

L-1 One Earth to One World
(Comprehension)

L-2 The Stranger

L-3 Where the Mind is without Fear
Unit V

L-1 Sir Lawley's Ghost

L-2 The Ghost of Christmas Yet to Come

L-3 The Little Green Orchid
(Comprehension)

Grammar: Tenses, Prepositions,
Conjunctions

Writing Skill: Formal Letter (Letter of Order)

FINAL EXAMINATION

OCTOBER

Reading: Comprehension (prose & poetry)

Lit Reader: L-7 Oft in the Stilly Night

L-8 The Strange Man's Arrival

MCB: Unit 4 L-1 One Earth to One World
(Comprehension)

L-2 The Stranger

L-3 Where the Mind is Without Fear

Grammar: Tenses, Modals

Writing Skill: Letter of Order,

Advertisement

NOVEMBER

Reading: Comprehension (prose & poetry)

MCB Unit 4: Unit 5: L-1 Sir Lawley's

Ghost

L-2 The Ghost of Christmas Yet to Come

L-3 The Little Green Orchid

(Comprehension)

Grammar: Speech, Prepositions,

Conjunctions

DECEMBER

Reading: Comprehension (prose & poetry)

Lit Reader: L-10 The Morning After

L-11 Leaving the Valley

MCB: Unit6: L-1 Apologize!

L-3 The English Lesson (comprehension)

Grammar: Adverbs, Voice

Writing: Report Writing

JANUARY

Reading: Comprehension (prose & poetry)

Lit Reader: L-12 The Battle of Blenheim

Writing Skill: Diary Entry

FEBRUARY

Revision

ART INTEGRATED ACTIVITY

TERM I

1. Lit. Reader: L-3 The Seven Cream Jugs
Which cream jug character do you think you can relate to the most? Why? Speak for a minute

2. MCB: Unit I: L-1 Hopscotch
Create 3-D model of number hopscotch using waste material

TERM II

1. Lit Reader L-9 Says Dogberry to Watch
Make an info graphic poster on the instructions delivered by Master Constable

2. MCB: Unit VI: L-2 On Being Sarah
Make bliss symbols as given in the lesson.
(Clay Modeling)

HINDI

TERM I

PRE-MID TERM

हिंदी साहित्य

अप्रैल

पाठ 1 – पुनः नया निर्माण करो (कविता)

पाठ3- डॉ. सर्वपल्ली राधा कृष्णन

हिंदी व्याकरण

पाठ 1 – भाषा विचार, हिंदी भाषा और व्याकरण

शब्दभंडार–

पर्यायवाची– कमल से धन (1 to 10)

विलोम शब्द– आकाश से सज्जन (1 to 10)

श्रुति समभिन्नार्थक शब्द– कर्म से अलि (1 to 10)

अनेक शब्दों के लिए एक शब्द– जिसमें संदेह न हो (1 to 10)

अनेकार्थक शब्द– वर से पानी (1 to 10)

मुहावरे– 1-10

चित्र वर्णन, अपठित गद्यांश, विज्ञापन

MID TERM

(PA1 का सम्पूर्ण पाठ्य क्रम पुनः दोहराया जाएगा)

हिंदी साहित्य

मई

पाठ 4. पुरस्कार

पाठ 5. कोयल (कविता)

हिंदी व्याकरण

पाठ 2 – वर्ण विचार

पाठ 3 – शब्द विचार

पाठ 5– उपसर्ग

पाठ 6 – प्रत्यय

जुलाई

हिंदी साहित्य

पाठ 6 – तीर्थ यात्रा

व्याकरण

पाठ 8 – संज्ञा

पाठ 9 – लिंग

अगस्त

साहित्य

पाठ 7- पिता का पत्र

पाठ 10 – वचन

शब्दभंडार -

पर्यायवाची– कमल से ईश्वर (1 to 20)

विलोम शब्द– आकाश से उपकार (1 to 20)

श्रुति समभिन्नार्थक शब्द– कर्म से निधन (1 to 20)

अनेक शब्दों के लिए एक शब्द– जिसमें संदेह न हो-जिस के समान दूसरा न हो (1-20)

अनेकार्थक शब्द– वर से दर्शन (1 to 20)

मुहावरे– (1 to 20)

लेखन- अनुच्छेद, संवाद,
चित्रवर्णन, विज्ञापन, पत्र, अपठित/पठित गद्यांश
व पद्यांश

सितंबर

पुनरावृत्ति

TERM-II

POST- MID TERM

अक्टूबर

साहित्य

पाठ 9- खजाना

पाठ 13- समर्पण (कविता)

हिंदी व्याकरण

पाठ 11 – कारक

पाठ 12 – सर्वनाम

शब्दभंडार –

पर्यायवाची- इच्छा से दिन (21 to 30)

विलोमशब्द-उतार से महंगा (21 to 30)

श्रुतिसमभिन्नार्थक शब्द- दशा से नियत (21 to 30)

क

लेखनकार्य-

संवाद, विज्ञापन, चित्रवर्णन, अपठित
गद्यांश/पद्यांश

नवम्बर

साहित्य

पाठ 10 – अन्याय का विरोध

पाठ 11 - गौरा

व्याकरण

पाठ 13 – विशेषण

पाठ 14 – क्रिया

FINAL EXAMINATION

(PA2 का सम्पूर्ण पाठ्यक्रम पुनः दोहराया
जाएगा)

दिसंबर

हिंदी साहित्य

पाठ 14 – बालक चन्द्रगुप्त

पाठ 16 – नर और निराशा

व्याकरण

पाठ 15 – काल

पाठ 18 – अन्यय

पाठ 19 - वाक्य विचार (अर्थ के आधार पर)

पाठ 20 - विराम चिह्न

व्याकरण

पर्यायवाची- इच्छा से सूर्य (21 to 40)

विलोमशब्द- उतार से स्वप्न (21 to 40)

श्रुतिसमभिन्नार्थक शब्द- दशा से कृपण (21 to 40)

अनेक शब्दों के लिए एक शब्द- जिस पर
विश्वास न किया जाए से जो सब कुछ जानता
हो (21 to 40)

अनेकार्थक शब्द- तीर से अमृत (21 to 40)

मुहावरे- (21 to 40)

जनवरी

पाठ 17 – काबूलीवाला

हिंदी व्याकरण

लेखन- अनुच्छेद, चित्रवर्णन, पत्रलेखन,
संवाद, विज्ञापन, पठित/ अपठित गद्यांश,
पद्यांश

फरवरी

पुनरावृत्ति

ART INTEGRATED ACTIVITY

TERM-I

पाठ 2 – मधुर भाषण

चेहरे के विभिन्न भावों को स्पष्ट करते हुए एक
सुंदर से पोस्टर का निर्माण करें ।

पाठ 8- कबीरदास के दोहे

कक्षा में कबीरदास जी द्वारा लिखित किसी
एक दोहे का अभिनय सहित सस्वर वाचन
करवाया जाएगा ।

TERM-II

पाठ 12-केरल की सैर

केरल के प्रमुख पर्यटक स्थलों के चित्र इकट्ठा
कर एक सुंदर सा कॉलाज बनाएं ।

पाठ 15- एक पैसा और एक मिनट

क्ले (clay) का प्रयोग करते हुए सिक्कों का
निर्माण कर कक्षा में दिखाएं ।

MATHS

TERM-I

PRE-MID TERM

L-1 Integers

L-2 Fraction and Decimals

MID TERM

APRIL

L-1 Integers

L-2 Fraction and Decimals

MAY

L-3 Data Handling

JULY

L-10 Algebraic Expressions

AUGUST

L-4 Simple Equations

L- 5 Lines and Angles

SEPTEMBER

Revision

TERM- II

POST- MID TERM

L- 7 Comparing Quantities

FINAL EXAMINATION

OCTOBER

L-7 Comparing Quantities

NOVEMBER

L-8 Rational Numbers

L-11 Exponents

DECEMBER

L-6 Triangle and its Properties

JANUARY

L-9 Perimeter and Area

FEBRUARY

Revision

ART INTEGRATED ACTIVITY

TERM-I

L-14 Symmetry

Rangoli Geometry: To design a traditional Indian rangoli pattern, using concepts of symmetry geometrical shapes and patterns.

L-3 Data Handling

(Construction of double bar graph)

TERM-II

L-11 Perimeter and Area

(Calculation of area of borders)

L-5 Visualizing Solid Shapes

(Making of net of solids)

SCIENCE

TERM-I

PRE-MID TERM

L-1 Nutrition in Plants

L-2 Nutrition in Animals

MID-TERM

APRIL

L-1 Nutrition in Plants

L-2 Nutrition in Animals

MAY

L-3 Structure of Matter

JULY

L-4 Heat and its Effects

L-5 Flow of Heat

AUGUST

L-6 Acids, Bases and Salts

L-8 Respiration

SEPTEMBER

Revisions

TERM II

POST-MID TERM

L-7 Physical and Chemical Changes

FINAL EXAMINATION

OCTOBER

L-7 Physical and Chemical Changes

L-9 Transportation of Materials in Plants and Animals

NOVEMBER

L-9 Transportation of Materials in Plants and Animals(continued)

L-12 Light

DECEMBER

L-10 Reproduction in Plants

L-11 Motion and Time

JANUARY

L-13 Electrical current and its Effects

FEBRUARY

Revisions

ART INTEGRATED ACTIVITY

TERM-I

L-2 Nutrition in Animals - Create a 3D structure of Human Digestive System on A4 size cardboard using commonly available materials.

L-6 Acids, Bases and Salts- To test the nature of some common food items using litmus paper and tabulate the observations.

TERM-II

L-14 Our Forests

Forest wealth- Make a presentation on any one protected forest or wildlife sanctuary in J&K.

L-15- Wastewater Management

SDG-6 Clean water and sanitation- Poster Making

SOCIAL SCIENCE

TERM-I

PRE MID TERM**HISTORY-**

L-1 The Medieval World

GEOGRAPHY-

L-1 Our Environment

MID TERM**APRIL****HISTORY**

L-1 The Medieval World

GEOGRAPHY-

L-1 Our Environment

CIVICS

L-1 Democracy

MAY

L-2 The Regional Kingdoms

CIVICS

L-2 Pillars of Democracy

GEOGRAPHY

L-2 Inside Our Earth

L-3 The Changing Earth

JULY

L-3 The Sultanate Period

AUGUST**GEOGRAPHY**

L-4- Major Landforms

L-5- Composition and Structure of the Atmosphere

CIVICS

L-3 Democracy in Action

SEPTEMBER

Revision

TERM- II**POST- MID TERM****HISTORY**

L-4 The Mughal Empire

CIVICS

L-4 State Government

FINAL EXAMINATION**OCTOBER****HISTORY**

L-4 The Mughal Empire

CIVICS

L-4 State Government

GEOGRAPHY

L-6 Weather and Climate

NOVEMBER**HISTORY**

L-6 Religious Beliefs

CIVICS

L-5 Role of the Government in Health

GEOGRAPHY

L-7 Water

DECEMBER**HISTORY**

L-8 Political Formations in the Eighteenth Century

GEOGRAPHY

L-8 Life in the Tropical and Subtropical Regions

CIVICS

L-6 Media and Democracy

JANUARY**GEOGRAPHY**

L-9 Life in the Deserts

CIVICS

L-8 Markets Around Us

FEBRUARY

Revision

ART INTEGRATED ACTIVITY**TERM-I**

HISTORY - L-7 The Flowering Of Regional Cultures

To prepare a collage on the monumental architectures of Jammu and Kashmir.

L-5 TRIBAL COMMUNITIES

-Mosaic on Tribal Communities of India

TERM-II**CIVICS**

L-7ADVERTISING-

Make an imaginary product of your own and create an innovative advertisement in the form of a flyer/brochure.

L-9 ROLE OF GENDER

Design a poster on A4 sheet highlighting the importance of gender equality. Give it a Catchy slogan.

URDU**TERM-1****PRE-MID TERM**

L- 1 گائے

L- 2 چار دوست

MIDTERM

APRIL

L- 1 گئے

L- 2 چار دوست

Opposites & Paragraph Writing

MAY

L- 3 پیڑ پودے اور ہم

L- 14 کومل کا وعدہ

Grammar: Singular Plural

WRITING SKILL: letter writing &

Application

JULY

L- 5 پیاسا ہاتھی

L- 6 مارے جانور

WRITING SKILL:- Paragraph & Genders

AUGUST

L- 7 برسات

Phrases

SEPTEMBER

Revision

TERM-II

POST-MID TERM

L- 8 سارس اور لومڑی

L- 9 سمجھدار بچہ

FINAL TERM

OCTOBER

L- 8 سارس اور لومڑی

L- 9 سمجھدار بچہ

Grammar: Genders, phrases

NOVEMBER

L- 10 چڑیا گھر کی سیر

L- 11 موٹر سائیکل

Grammar: Opposite, Singular Plural

Writing Skill: Paragraph Writing

DECEMBER

L- 12 خرچہ والی بڑھیا

L- 13 بادل کیسے بنتے ہیں

Writing skill: Letter writing & Application

JANUARY

L- 4 عیدین

L- 15 جنگل میں منگل

Writing skill: Paragraph writing

FEBRUARY

Revision

ART INTEGRATED ACTIVITIES

TERM-1

1. Rainbow Story telling to create a visual Narrative featuring Rainbow Colours and their symbolism.

2. To create a poster on the importance of forests in our lives.

TERM-II

1. “ Eid Mubarak Greeting Cards “

To create Handmade Eid Greeting Cards promoting Creativity, Cultural awareness and festive spirit.

2. Freedom poster campaign

To design poster highlighting the importance of Animals Freedom.

COMPUTER

TERM-I

PRE-MID TERM

Chapter 4 More on Python

MID TERM

APRIL

Chapter 4 More on Python

MAY

Chapter 10 Introduction to Artificial Intelligence

JULY

Chapter 2 Formulas and Functions

AUGUST

Chapter 2 Formulas and Functions cont...

SEPTEMBER

Revision

MID TERM EXAMINATION

TERM- II

POST- MID TERM

Chapter 3 Advanced Features of Excel

FINAL EXAMINATION

OCTOBER

Chapter 3 Advanced Features of Excel

NOVEMBER

Chapter 9 Cyber Threats and Security

DECEMBER

Chapter 8 Introduction to App Development

JANUARY

Chapter 9 Introduction to App Development

FEBRUARY

Revision

ANNUAL EXAMINATION

ARTIFICIAL INTELLIGENCE

TERM 1

CHAPTER: ARTIFICIAL

INTELLIGENCE: IN DAILY LIFE

Art Integrated Activity: "Find out different career opportunities in the field of AI". Put your information on A4 size sheet.

TERM-II

CHAPTER: UNDERSTANDING

INTELLIGENCE

Art Integrated Activity: Prepare a verbal & screen presentation on Arduino

Microcontroller – an open source platform for electronic projects.

MORAL SCIENCE

TERM-I

APRIL

L-1 Abhimanyu's Tragic Death

MAY

L-2 Renew, Reuse, and Recycle at Home

JULY

L-3 Protection of the Weak

AUGUST

L-4 Show Your Talents

L-5 Be Charitable

TERM II

OCTOBER

L-6 Money is not everything

NOVEMBER

L-7 Be a Helping Friend

DECEMBER

L-8 Protect Public Places

L-9 Strength of Personality

JANUARY

L-10 Proactive Leadership

ART INTEGRATED ACTIVITY

TERM- I

1. Based on L-2, page 15: House-wise singing competition. ('Earth Song' or 'Heal the World' by Michael Jackson)

TERM-II

1. Based on L-8, page 50: Choose the inspiring speeches of any one of the following Indian leaders and prepare it for a Declamation Competition

(Rabindranath Tagore, Swami Vivekananda, Jawaharlal Nehru, Bal Gangadhar Tilak, Mahatma Gandhi)

GENERAL KNOWLEDGE

TERM I

APRIL

News Daily

MAY

Hall of fame

JULY

Know your nation

AUGUST

Famous World sites

TERM II

OCTOBER

International days

NOVEMBER

Who collects what?

DECEMBER

Branches of science

JANUARY

National parks of India

HEALTH AND HYGIENE

TERM I

APRIL

The world of medicines

MAY

Oral Hygiene

AUGUST

Well balanced diet

TERM II

OCTOBER

Proper waste disposal for environmental hygiene

NOVEMBER

First aid

DECEMBER

Health and hygiene at a glance

ART

TRRM I

APRIL

L-2 Nature Study Flower

L-3 Nature Study leaves

MAY

L-4 Nature Study Flower Basket

L-6 Nature Study -Tree

JULY

L-7 Cut And Paste Flower

L-8 Body Parts Eyes

AUGUST

L- 9 Parts of Body Lips

L-10 Face Expression 1

SEPTEMBER

L-12 Portrait 1

L-14 Designing – Mehndi Art

Grading

TERM II

OCTOBER

L-15 Designing -Mosaic Art

L-16 Designing Mandala Art

NOVEMBER

L-17 Designing Rangoli

L-18 Designing -Castle

DECRMBER

L 19 Decorative Art – Folk Dance

L-20 Reflection Black and White Triangle
Pattern

JANUARY

L-21 Repetition Pattern - Rangoli

L-22 Illusion Pattern

FEBRUARY

L-24 Folk art Madhubani

Grading

ART INTEGRATED ACTIVITY

TERM 1

L-25 FOLK ART Warli

L-26 Wet -on- Wet Colour-o-Magic

TERM II

L-34 Craft Creation Panjabi Dhol

L-47 Fun with Clay

HANDICRAFT

TERM-1

APRIL

Paper Tree Diy

Quilling

MAY

Glass painting

JULY

Paper origami

AUGUST

Clay Art

Ice-cream sticks wall Hanging

SEPTEMBER

Paper flower

TERM II

OCTOBER

Diy Diwali Decoration

Cross stitch

NOVEMBER

Fabricpainting

DECEMBER

Christmas craft

Pulses craft

JANUARY

Nameplate making

Paper mashing

FEBRUARY

Color sheet Rangoli

ART INTEGRATED ACTIVITY

TERM-1

1. Photo frame

2. Pencil top

TERM-II

1. Name plate Rangoli

2. Color sheet Rangoli

DANCE

TERM I

APRILRegional dance

MAY Regional dance

JULY Footwork (kathak dance)

AUGUST Footwork with handmovement

SEPTEMBEREvaluation

TERM II

OCTOBER Festival dance

NOVEMBER Festival dance

DECEMBER Christmas and Carol dance

JANUARYPatriotic dance

FEBRUARYEvaluation

MUSIC

TERM I

APRIL

- (i) Ekbaaghaiyeh
- (ii) We have a vision
- (iii) Taal in single beat

MAY

- (i) Its long road
- (ii) Pular kala vittam
- (iii) Taal in double beat.

JULY

- (i) Ho jaotyaarsathiyo
- (ii) Revision of previous songs.

AUGUST

- (i) Our world is darkened
- (ii) Walking with the Lord
- (iii) Teen taal beat

SEPTEMBER

Grading and revision

TERM II

OCTOBER

- (i) Gather the people
- (ii) I am standing
- (iii) Taal with bol.

NOVEMBER

- (i) There was a time
- (ii) Chalomiljulke
- (iii) Taal with counting.

DECEMBER

- (i) Aayekhakewatan
- (ii) O the world
- (iii) Taal with counting & bol

JANUARY

- (i) Repetition of songs
- (ii) Knowledge of harmonium
- (iii) Dadra taal

FEBRUARY

Revision and grading

HEALTH & PHYSICAL EDUCATION

TERM I

APRIL

- L-I Warming Up
- L-II Basic Skill of Major Game
- L-III Selection for Inter-House activities

MAY

L-I Rules of the game

L-II Inter-school games

JULY

L-1 Yoga asanas

L-II Benefits of yoga asanas

AUGUST

L-I Fundamental skills of the major games

L-II Long jump

SEPTEMBER

L-I Basic Drills

L-II Marching

L-III Revision of All Activities & Grading

TERM II

OCTOBER

L-I Terminology of the games

L-II Track & Field events

NOVEMBER

L-I Advance Skills

L-II Marching

L-III Project on one major game

DECEMBER

L-I Recreational Games

L-II Measurements & Dimensions of one major game

JANUARY

L-I Game Skills

L-II Recreational Activities

FEBRUARY

L-I Revision & Grading

MARTIAL ARTS

TERM-I

APRIL

L-1 Tenets and basic rules of martial arts

L-2 Punches

L- Walking stance

MAY

L-3 Front stance - High block

L-4 Block positions

L-5 Yoga poses

JULY

L-6 Stamina increase exercises

L-7 Kicks

AUGUST

L-8 Combination Kicks

L-9 Combination Blocks

L- fighting stance –pushing kick

SEPTEMBER

Revision and Grading test for above mentioned yoga and techniques

TERM- II

OCTOBER

L-10 Taekwondo Patterns

L- 10 Press ups

L- 10 Sit ups

NOVEMBER

L-11 Fighting practice

L- Front Stance Inner block

DECEMBER

L-12 Combination punches

L-13 Movements

JANUARY

Revision

FEBRUARY

Final grading test