



# Sports Club

This club caters to those pupils who are more keenly interested in developing skills related to specific games and in the organisational and technical know-how in those fields. In addition to participation in the regular games and sporting activities, they also engage in various ways in conducting of such activities and organizing sports events and tournaments.

*Xavier's Daily*



# Xavier's Daily

## ➔ Challenge yourself!

People have stepped on me but not many.  
I never stay full for long. I have a dark side.  
Who am I?

ANSWER - Moon

## ➔ Spectrum's Corner

### Thought of the Day

"The universe doesn't give you what you  
what you ask for with your thoughts;  
it gives you what you demand with your  
actions "

- Dr Steve Maraboi

### Word of the Day

tenable \ 'te-nə-bəl \ adjective  
: based on sound reasoning or evidence

eg. "The concept of things going back to  
some historical fixed condition is really  
just no longer tenable," said Patty Glick,  
a senior scientist for climate adaptation  
at the National Wildlife Federation and  
one of the lead authors of the  
document.



### DID YOU KNOW?

You probably connect Michael Jordan with his legendary Air Jordans,  
a now-iconic shoe because of its record sales numbers. What you  
may not know is that these shoes used to be against NBA dress code.  
Michael Jordan paid an NBA fine each time he wore them rather  
than play the game without them. Eventually, the NBA allowed the  
shoes on the court.



## BASKETBALL

Written and designed by Baisakhi Sahu

It is a team game that has gained immense popularity. Also, the game is played with the help of a ball and the ball is shot into the basket that is positioned horizontally. So, the objective in the game is to shoot the ball and score the maximum points. This game is played by 2 teams that constitute a total of 5 players each. Also, the game is played on a marked rectangular floor that has a basket on both the ends.

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Originally, basketball was played using a soccer ball. Also, it was James Naismith that used a peach basket which had a nonhollow bottom. So, this basket was nailed at a height of 10 ft. above the ground and on an elevated track. If you consider the manual removal of the ball from the basket a drawback then the bottom was removed to and it took the shape of modern-day baskets. Also, dribbling was not part of the game initially. Eventually, it evolved till 1950 by which the balls got better shape due to manufacturing.

Additionally, the orange ball was evolved from the brown ball. The brown ball was used in the beginning as it was thought that the ball is more visible. By 1996, the peach baskets used were replaced by metal hoops on the backboard.